

Teacher Adeline Chan

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 2 Integrity	1S38 1 Respect/1 Integrity 1 Resilience/1 Care		3P36 3 Respect/3 Integrity 3 Resilience/3 Care		1 Care		3 Respect		2S36 2 Respect/2 Integrity 2 Resilience/2 Care																							
	Day 2	FRC 2 Integrity											2S36 2 Respect/2 Integrity 2 Resilience/2 Care		2 Respect		3P36 3 Respect/3 Integrity 3 Resilience/3 Care		3 Respect															
	Day 3	FRC 2 Integrity											1S38 1 Respect/1 Integrity 1 Resilience/1 Care		1 Care		2S36 2 Respect/2 Integrity 2 Resilience/2 Care		3P36 3 Respect/3 Integrity 3 Resilience/3 Care			3 Respect												
	Day 4	FRC 2 Integrity	CCE 2 Integrity		1S38 1 Respect/1 Integrity 1 Resilience/1 Care		1 Care		2S36 2 Respect/2 Integrity/2 Resilience/2 Care																									
	Day 5	FRC 2 Integrity											1S38 1 Respect/1 Integrity/1 Resilience/1 Care		1 Care		FTGP 2 Integrity																	
Even Week	Day 1	FRC 2 Integrity	1S38 1 Respect/1 Integrity 1 Resilience/1 Care		1 Care		2S36 2 Respect/2 Integrity 2 Resilience/2 Care		2 Respect		3P36 3 Respect/3 Integrity 3 Resilience/3 Care		3 Respect																					
	Day 2	FRC 2 Integrity	1S38 1 Respect/1 Integrity 1 Resilience/1 Care		1 Care		2S36 2 Respect/2 Integrity 2 Resilience/2 Care		2 Respect		3P36 3 Respect/3 Integrity 3 Resilience/3 Care		3 Respect																					
	Day 3	FRC 2 Integrity	2S36 2 Respect/2 Integrity 2 Resilience/2 Care		1S38 1 Respect/1 Integrity/1 Resilience/1 Care		1 Care		FTGP 2 Integrity		Adeline / Alvin / Gary / Hafiz / Josh Joshua Khong / Kiaudis / LeongSY Madeline / Puiy Hoon / Raj / Rizal Umairah / Yee Heong / Sharon Yong Cheng / (PLT) Gaya		Board Rm																					
	Day 4	FRC 2 Integrity	CCE 2 Integrity		2S36 2 Respect/2 Integrity/2 Resilience/2 Care		2 Respect																											
	Day 5	FRC 2 Integrity											1S38 1 Respect/1 Integrity 1 Resilience/1 Care		1 Care		FTGP 2 Integrity																	

Teacher Tay Ai Ti

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 1 Integrity				3U16 3 Respect /3 Integrity / 3 Resilience/3 Care Comp 1					1M36 1 Respect/1 Integrity 1 Resilience/1 Care 1 Respect					3U11 3 Seek/3 Strive /3 Soar/3 Innovate Comp 1					4U11 4 Seek/4 Strive/4 Soar/4 Innovate Comp 1																	
	Day 2	FRC 1 Integrity	4U16 4 Respect/4 Integrity/4 Resilience/4 Care Comp 1					3U16 3 Respect /3 Integrity / 3 Resilience/3 Care Comp 1					1M36 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Respect			3U11 3 Seek/3 Strive /3 Soar/3 Innovate Comp 1					4U11 4 Seek/4 Strive/4 Soar/4 Innovate Comp 1																	
	Day 3	FRC 1 Integrity				4U16 4 Respect/4 Integrity/4 Resilience/4 Care Comp 1					3U16 3 Respect /3 Integrity / 3 Resilience/3 Care Comp 1			4U11 4 Seek/4 Strive/4 Soar/4 Innovate Comp 1				1M36 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Respect																				
	Day 4	FRC 1 Integrity	CCE 1 Integrity			3U11 3 Seek/3 Strive /3 Soar/3 Innovate Comp 1					4U16 4 Respect/4 Integrity/4 Resilience/4 Care Comp 1			1M36 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Respect																								
	Day 5	FRC 1 Integrity	4U11 4 Seek/4 Strive/4 Soar 4 Innovate Comp 1			3U16 3 Respect /3 Integrity / 3 Resilience/3 Care Comp 1					4U16 4 Respect/4 Integrity/4 Resilience/4 Care Comp 1			FTGP 1 Integrity																								
Even Week	Day 1	FRC 1 Integrity				3U11 3 Seek/3 Strive /3 Soar/3 Innovate Comp 1					4U16 4 Respect/4 Integrity 4 Resilience/4 Care Comp 1			4U11 4 Seek/4 Strive/4 Soar/4 Innovate Comp 1		1M36 1 Respect/1 Integrity 1 Resilience/1 Care 1 Respect																						
	Day 2	FRC 1 Integrity				4U11 4 Seek/4 Strive/4 Soar/4 Innovate Comp 1			PLT Ai Ti / Joan Kang Wei Raju / Daniel Jannah / Hai Ling					3U11 3 Seek/3 Strive /3 Soar/3 Innovate Comp 1			1M36 1 Respect/1 Integrity 1 Resilience/1 Care 1 Respect																					
	Day 3	FRC 1 Integrity	4U16 4 Respect/4 Integrity 4 Resilience/4 Care Comp 1			3U16 3 Respect /3 Integrity 3 Resilience/3 Care Comp 1					4U11 4 Seek/4 Strive/4 Soar/4 Innovate Comp 1																											
	Day 4	FRC 1 Integrity	CCE 1 Integrity			3U11 3 Seek/3 Strive /3 Soar/3 Innovate Comp 1			1M36 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Respect			4U16 4 Respect/4 Integrity/4 Resilience/4 Care Comp 1		3U16 3 Respect /3 Integrity /3 Resilience/3 Care Comp 1			Ai Ti / Daniel / Boon Kit / Hai Ling / Jacqueline / Jannah / Joan / Joshua Yeung / Kang Wei / Kok Young / Lee Yan / Mrs Wong (PLT) Board Rm																					
	Day 5	FRC 1 Integrity	3U16 3 Respect /3 Integrity / 3 Resilience/3 Care Comp 1					1M36 1 Respect/1 Integrity 1 Resilience/1 Care 1 Respect			FTGP 1 Integrity																											

Teacher Aidil

Yishun Secondary School, Singapore

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Odd Week	Day 1	PE		2 Integrity				Field 2				PE				4 Seek				Field 1																					
	Day 2	PE				1 Resilience				Parade Square				4X36				4 Respect/4 Integrity/ 4 Resilience/4 Care				Comp 4																			
	Day 3	PE		4 Seek				Field 1				PE		1 Resilience				Field 1				PE1		4 Respect/5N1				BBC				4X36		4 Respect/4 Integrity/ 4 Resilience/4 Care				Comp 4			
	Day 4	PE				2 Integrity				Hall				4X36				4 Respect/4 Integrity/ 4 Resilience/4 Care				Comp 4																			
	Day 5	PE1				4 Respect/5N1				Field 1				PE				2 Integrity				Hall				4X36				4 Respect/4 Integrity/ 4 Resilience/4 Care				Comp 4							
Even Week	Day 1	PE1				4 Respect/5N1				BBC				4X36				4 Respect/4 Integrity/ 4 Resilience/4 Care				Comp 4																			
	Day 2	PE1		4 Respect/5N1				BBC				PE		2 Integrity				Parade Square				4X36				4 Respect/4 Integrity/ 4 Resilience/4 Care				Comp 4											
	Day 3	PE		1 Resilience				ISH				PE		4 Seek				Field 1				4X36				4 Respect/4 Integrity/ 4 Resilience/4 Care				Comp 4											
	Day 4	PE		1 Resilience				BBC				PE		2 Integrity				Hall				4X36				4 Respect/4 Integrity/ 4 Resilience/4 Care				Comp 4											
	Day 5	PE		4 Seek				Field 1				PE1		4 Respect/5N1				Field 1				Aidil / Baq / Hoon Lay / Muru / Suhaini / Wen Yi / Yong Cheng				Timetabled Time (PLT)															

Teacher Aljunied

Yishun Secondary School, Singapore

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Odd Week	Day 1					1H26 1 Respect/1 Integrity/1 Resilience/1 Care		2H21 2 Seek/2 Strive/2 Soar/2 Innovate																											
	Day 2		3O11 3 Seek/3 Strive /3 Soar/3 Innovate			3H26 3 Respect /3 Resilience/3 Care								2H21 2 Seek/2 Strive/2 Soar/2 Innovate				3H21 3 Seek/3 Strive /3 Soar/3 Innovate		2H26 2 Respect/2 Integrity/2 Resilience/2 Care															
	Day 3		1O16 1 Respect/1 Integrity /1 Resilience/1 Care			1H21 1 Seek/1 Strive/1 Soar/1 Innovate		2H26 2 Respect/2 Integrity/2 Resilience/2 Care			1H26 1 Respect/1 Integrity/1 Resilience/1 Care								3O16 3 Respect /3 Integrity /3 Resilience/3 Care																
	Day 4					3H21 3 Seek/3 Strive /3 Soar/3 Innovate					3H26 3 Respect /3 Resilience/3 Care											1O16 1 Respect/1 Integrity/1 Resilience/1 Care													
	Day 5									1H21 1 Seek/1 Strive/1 Soar/1 Innovate																									
Even Week	Day 1		1H21 1 Seek/1 Strive/1 Soar/1 Innovate								1O16 1 Respect/1 Integrity/1 Resilience/1 Care							3O16 3 Respect /3 Integrity /3 Resilience/3 Care		3H21 3 Seek/3 Strive /3 Soar/3 Innovate															
	Day 2				1O16 1 Respect/1 Integrity/1 Resilience/1 Care											2H26 2 Respect/2 Integrity/2 Resilience/2 Care										Aljunied / Imran / Jonathan / Juanita / Laifika / Rekha / Rui Jia / Zakir / Charissa / Val Fam / Crystal / Saven / Romaine Timetabled Time (PLT)									
	Day 3									1H26 1 Respect/1 Integrity/1 Resilience/1 Care			3H26 3 Respect /3 Resilience/3 Care																						
	Day 4						3H21 3 Seek/3 Strive /3 Soar/3 Innovate						2H21 2 Seek/2 Strive/2 Soar/2 Innovate					3H26 3 Respect /3 Resilience/3 Care																	
	Day 5				1O16 1 Respect/1 Integrity/1 Resilience/1 Care						3O11 3 Seek/3 Strive /3 Soar/3 Innovate																								

Teacher Alvin Hoo

Yishun Secondary School, Singapore

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Odd Week	Day 1					3P37 3 Respect/3 Integrity 3 Resilience/3 Care TS8		3S11 3 Seek/3 Strive/3 Soar/3 Innovate 3 Innovate										4P36 4 Respect/4 Integrity/4 Resilience/4 Care 4 Respect					4P21 4 Seek/4 Strive/4 Soar 4 Innovate TS4											
	Day 2		4P36 4 Respect/4 Integrity 4 Resilience/4 Care 4 Respect															3P37 3 Respect/3 Integrity/ 3 Resilience/3 Care TS8																
	Day 3		3S11 3 Seek/3 Strive/3 Soar/3 Innovate 3 Innovate		4P21 4 Seek/4 Strive/4 Soar/4 Innovate TS4		4P36 4 Respect/4 Integrity/4 Resilience/4 Care 4 Respect													3P37 3 Respect/3 Integrity 3 Resilience/3 Care TS8														
	Day 4		Crystal / Alvin / Kok Young CCE		4P21 4 Seek/4 Strive/4 Soar/4 Innovate TS4													3S11 3 Seek/3 Strive/3 Soar/3 Innovate 3 Innovate																
	Day 5						3S11 3 Seek/3 Strive/3 Soar/3 Innovate 3 Innovate																											
Even Week	Day 1							4P36 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Respect					3S11 3 Seek/3 Strive/3 Soar/3 Innovate 3 Innovate									3P37 3 Respect/3 Integrity 3 Resilience/3 Care TS8												
	Day 2					3S11 3 Seek/3 Strive/3 Soar/3 Innovate 3 Innovate														3P37 3 Respect/3 Integrity/3 Resilience/3 Care TS8														
	Day 3						3S11 3 Seek/3 Strive/3 Soar/3 Innovate 3 Innovate					3S11 3 Seek/3 Strive/3 Soar/3 Innovate 3 Innovate													Adeline / Alvin / Gary / Hafiz / Josh / Joshua Khong / Klaudia / LeongSY / Madeline / Puiy Hoon / Raj / Rizal / Timothy / Yvonne / Waiyayah / Yong Ching / Jun Heong / Sharon / Gaya (PLT) Board Rm									
	Day 4		Crystal / Alvin / Kok Young CCE															4P36 4 Respect/4 Integrity/4 Resilience/4 Care 4 Respect	3S11 3 Seek/3 Strive/3 Soar/3 Innovate 3 Innovate		4P21 4 Seek/4 Strive/4 Soar/4 Innovate TS4													
	Day 5							4P21 4 Seek/4 Strive/4 Soar/4 Innovate TS4																										

Teacher Angie Chiang

Yishun Secondary School, Singapore

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Odd Week	Day 1	1E31 1 Seek/1 Strive/1 Soar/1 Innovate 1 Seek								3E21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar																				
	Day 2					1E31 1 Seek/1 Strive/1 Soar/1 Innovate 1 Seek																								
	Day 3													3E21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar																
	Day 4					1E31 1 Seek/1 Strive/1 Soar/1 Innovate 1 Seek				3E21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar																				
	Day 5					1E31 1 Seek/1 Strive/1 Soar/1 Innovate 1 Seek				3E21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar																				
Even Week	Day 1													3E21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar																
	Day 2									3E21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar				1E31 1 Seek/1 Strive/1 Soar/1 Innovate 1 Seek																
	Day 3									1E31 1 Seek/1 Strive/1 Soar/1 Innovate 1 Seek				3E21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar																
	Day 4									1E31 1 Seek/1 Strive/1 Soar/1 Innovate 1 Seek				3E21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar																
	Day 5	3E21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar				1E31 1 Seek/1 Strive/1 Soar/1 Innovate 1 Seek																								

Teacher Athifah

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 4 Innovate						4F21 4 Seek/4 Strive/4 Soar/4 Innovate D&T Tech Rm																								
	Day 2	FRC 4 Innovate						1F12 1 Integrity Kitchen 1		Athifah / Chee Kiong / Fahmy Jeremy / Joo Shian / Nelly Nurfarida / Pui Fang / Hui Qi Selvaraju / Syehja / Tian Wen CTPLT D&T Tech Rm		1F12 1 Soar Kitchen 1						4F21 4 Seek/4 Strive/4 Soar/4 Innovate D&T Tech Rm														
	Day 3	FRC 4 Innovate	1F12 1 Innovate Kitchen 1		2F12 2 Innovate Kitchen 2									4F21 4 Seek/4 Strive/4 Soar/4 Innovate D&T Tech Rm			1F12 1 Strive Kitchen 1															
	Day 4	FRC 4 Innovate	CCE 4 Innovate Kitchen 1													2F12 2 Integrity Kitchen 2		2F12 2 Resilience Kitchen 2														
	Day 5	FRC 4 Innovate	1F12 1 Respect Kitchen 1				2F12 2 Respect Kitchen 2		1F12 1 Seek Kitchen 1		FTGP 4 Innovate																					
Even Week	Day 1	FRC 4 Innovate			2F12 2 Integrity Kitchen 2		2F12 2 Innovate Kitchen 2		4F21 4 Seek/4 Strive/4 Soar/4 Innovate D&T Tech Rm		1F12 1 Seek Kitchen 1																					
	Day 2	FRC 4 Innovate			4F21 4 Seek/4 Strive/4 Soar/4 Innovate D&T Tech Rm		2F12 2 Respect Kitchen 2													1F12 1 Strive Kitchen 1												
	Day 3	FRC 4 Innovate													4F21 4 Seek/4 Strive/4 Soar/4 Innovate D&T Tech Rm			1F12 1 Integrity Kitchen 1														
	Day 4	FRC 4 Innovate	CCE 4 Innovate Kitchen 1					2F12 2 Resilience Kitchen 2							1F12 1 Respect Kitchen 1																	
	Day 5	FRC 4 Innovate		1F12 1 Soar Kitchen 1							1F12 1 Innovate Kitchen 1		FTGP 4 Innovate																			

Teacher Audrey Ee

Yishun Secondary School, Singapore

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Odd Week	Day 1					4E37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1																Audrey / Azzan / Ead / Crescencia / Darwina / Idham / Richard / Sabrina / Charissa / Lee Mei / Germaine / Renuga											
	Day 2													4E37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1											Audrey								
	Day 3		4E37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1																4PL2				4E31 4 Seek/4 Strive/4 Soar/4 Innovate										
	Day 4																						4E31 4 Seek/4 Strive/4 Soar/ 4 Innovate										
	Day 5		4E37 4 Respect/4 Integrity/4 Resilience/4 Care/5N1			4E31 4 Seek/4 Strive/4 Soar/4 Innovate							Audrey																				
Even Week	Day 1		4E37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1					4E31 4 Seek/4 Strive/4 Soar/4 Innovate																									Audrey
	Day 2					4E37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1								4E31 4 Seek/4 Strive/4 Soar/4 Innovate										Audrey									
	Day 3													4E37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1						4PL2			4E31 4 Seek/4 Strive/4 Soar/ 4 Innovate										
	Day 4					4E37 4 Respect/4 Integrity/4 Resilience/4 Care/5N1																		4E31 4 Seek/4 Strive/4 Soar/4 Innovate									
	Day 5													4E37 4 Respect/4 Integrity/4 Resilience/4 Care/5N1																			

Teacher Azizah

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 1 Respect						2O16 2 Respect/2 Integrity/ Resilience/2 Care	2E16 2 Respect/2 Integrity/ 2 Resilience/2 Care								1E36 1 Respect/1 Integrity/ 1 Resilience/1 Care				Teacher Azizah / Sally / Lisa / Evelyn / Crescencia / Darwina / Idham / Richard / Sabrina / Charissa / Lee Mei / Germaine / Renuga											
	Day 2	FRC 1 Respect	1E36 1 Respect/1 Integrity/ 1 Resilience/1 Care											2O16 2 Respect/2 Integrity/ Resilience/2 Care			2E16 2 Respect/2 Integrity/ 2 Resilience/2 Care															
	Day 3	FRC 1 Respect						2O16 2 Respect/2 Integrity/ Resilience/2 Care					2E16 2 Respect/2 Integrity/ 2 Resilience/2 Care					4O11 4 Seek/4 Strive/4 Soar/ Innovate														
	Day 4	FRC 1 Respect	CCE 1 Respect									1E36 1 Respect/1 Integrity/ 1 Resilience/1 Care						4O16 4 Respect/4 Integrity/ Resilience/4 Care														
	Day 5	FRC 1 Respect	2E16 2 Respect/2 Integrity/ Resilience/2 Care										1E36 1 Respect/1 Integrity/ Resilience/1 Care		FTGP 1 Respect																	
Even Week	Day 1	FRC 1 Respect						1E36 1 Respect/1 Integrity 1 Resilience/1 Care				4O11 4 Seek/4 Strive/4 Soar/ Innovate					2O16 2 Respect/2 Integrity/ Resilience/2 Care			2E16 2 Respect/2 Integrity/ 2 Resilience/2 Care												
	Day 2	FRC 1 Respect	EL (Elective)16 2 Respect/2 Integrity/ 2 Resilience/2 Care							1E36 1 Respect/1 Integrity/ 1 Resilience/1 Care						2O16 2 Respect/2 Integrity 2 Resilience/2 Care																
	Day 3	FRC 1 Respect				2E16 2 Respect/2 Integrity/ Resilience/2 Care												1E36 1 Respect/1 Integrity/ 1 Resilience/1 Care														
	Day 4	FRC 1 Respect	CCE 1 Respect												2E16 2 Respect/2 Integrity/ 2 Resilience/2 Care																	
	Day 5	FRC 1 Respect	1E36 1 Respect/1 Integrity/ 1 Resilience/1 Care						4O16 4 Respect/4 Integrity/ Resilience/4 Care		2E16 2 Respect/2 Integrity/ 2 Resilience/2 Care			FTGP 1 Respect																		

Teacher Bariyah

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	
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Odd Week	Day 1	3ML9 3 Seek/3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience 3 Care <small>B1-03</small>			4RO11 4 Seek/4 Strive/4 Soar/4 Innovate <small>RO Room,Comp 3,B1-03</small>			4ML9 4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/ 4 Care <small>B1-03</small>			3RO6 3 Respect /3 Integrity /3 Resilience/3 Care <small>RO Room,Comp 3,B1-03</small>																				
	Day 2							4ML9 4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/ 4 Care <small>B1-03</small>									4RO11 4 Seek/4 Strive/4 Soar/4 Innovate <small>RO Room,Comp 3,B1-03</small>														
	Day 3													3RO6 3 Respect /3 Integrity 3 Resilience/3 Care <small>RO Room,Comp 3,B1-03</small>																	
	Day 4				3RO6 3 Respect /3 Integrity /3 Resilience/3 Care <small>RO Room,Comp 3,B1-03</small>												4RO11 4 Seek/4 Strive/4 Soar/4 Innovate <small>RO Room,Comp 3,B1-03</small>														
	Day 5	3ML9 3 Seek/3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience 3 Care <small>B1-03</small>																													
Even Week	Day 1	4RO11 4 Seek/4 Strive/4 Soar/4 Innovate <small>RO Room,Comp 3,B1-03</small>			3RO6 3 Respect /3 Integrity 3 Resilience/3 Care <small>RO Room,Comp 3,B1-03</small>									4ML9 4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/ 4 Care <small>B1-03</small>			Bariyah / Boon Kiat / Zainal Vemala Timetabled Time (PLT)														
	Day 2	3ML9 3 Seek/3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience/ 3 Care <small>B1-03</small>			3RO6 3 Respect /3 Integrity /3 Resilience/3 Care <small>RO Room,Comp 3,B1-03</small>			4ML9 4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/ 4 Care <small>B1-03</small>						4RO11 4 Seek/4 Strive/4 Soar/4 Innovate <small>RO Room,Comp 3,B1-03</small>																	
	Day 3													3RO6 3 Respect /3 Integrity /3 Resilience/3 Care <small>RO Room,Comp 3,B1-03</small>																	
	Day 4										3ML9 3 Seek/3 Strive /3 Soar/3 Respect /3 Integrity /3 Resilience/ 3 Care <small>B1-03</small>			4RO11 4 Seek/4 Strive/4 Soar/4 Innovate <small>RO Room,Comp 3,B1-03</small>																	
	Day 5																														

Teacher Mrs Bhupathy

Yishun Secondary School, Singapore

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Odd Week	Day 1	3TL3 3 Seek/3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TL Rm	3TL10 3 Seek/3 Innovate TL Rm								4TL7 4 Seek/4 Soar/4 Innovate ML Rm	4TL10 4 Soar/4 Integrity ML Rm			Bhupathy / Birundha / Chee Jian ChengSY / Chye Sheng / Herda Ida / Kalpana / Li Bin / Malarvelee Srinivasan / Pradeep / Zhang Yulin / Yun Chao-Zairita / Zhang Hui / Zhi Qin Timetabled (PLT)				1TL1 1 Soar/1 Resilience/1 Care 1 Care				1TL2 1 Strive/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Care			1TL1 1 Soar/1 Resilience/1 Care 1 Care								
	Day 2	2TL7 2 Seek/2 Soar/2 Care ML Rm									4TL7 4 Seek/4 Soar/4 Innovate ML Rm	4TL10 4 Soar/4 Integrity ML Rm	3TL3 3 Seek/3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TL Rm						1TL1 1 Soar/1 Resilience/1 Care 1 Care				1TL2 1 Strive/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Care											
	Day 3	2TL7 2 Seek/2 Soar/2 Care ML Rm						3TL3 3 Seek/3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TL Rm												1TL1 1 Soar/1 Resilience/1 Care 1 Care				1TL2 1 Strive/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Care										
	Day 4											4TL7 4 Seek/4 Soar/4 Innovate TL Rm								1TL1 1 Soar/1 Resilience/1 Care 1 Care														
	Day 5	3TL3 3 Seek/3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TL Rm	3TL10 3 Seek/3 Innovate TL Rm										2TL7 2 Seek/2 Soar/2 Care ML Rm																					
Even Week	Day 1													1TL1 1 Soar/1 Resilience/1 Care 1 Care					4TL7 4 Seek/4 Soar/4 Innovate ML Rm					1TL1 1 Soar/1 Resilience/1 Care 1 Care										
	Day 2	3TL3 3 Seek/3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TL Rm	3TL10 3 Seek/3 Innovate TL Rm			2TL7 2 Seek/2 Soar/2 Care ML Rm				4TL7 4 Seek/4 Soar/4 Innovate ML Rm	4TL10 4 Soar/4 Integrity ML Rm	1TL1 1 Soar/1 Resilience/1 Care 1 Care																						
	Day 3	1TL1 1 Soar/1 Resilience/1 Care 1 Care	1TL2 1 Strive/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Care										4TL7 4 Seek/4 Soar/4 Innovate TL Rm	4TL10 4 Soar/4 Integrity ML Rm						2TL7 2 Seek/2 Soar/2 Care ML Rm														
	Day 4									4TL7 4 Seek/4 Soar/4 Innovate TL Rm	4TL10 4 Soar/4 Integrity ML Rm	3TL3 3 Seek/3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TL Rm								2TL7 2 Seek/2 Soar/2 Care ML Rm														
	Day 5	2TL7 2 Seek/2 Soar/2 Care ML Rm												3TL3 3 Seek/3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TL Rm																				

Teacher Birundha

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28
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Odd Week	Day 1	3TL7 3 Strive /3 Innovate/3 Respect TS1								4TL9 4 Seek/4 Soar/4 Resilience/4 Care TL Rm				Bhupathy / Birundha / Chee Jian Cheng / SY / Chye Sheng / Herda Ida / Kalpana / Li Bin / Malarvelee Srinath / T. Prasad / Zairina / Zhang Yulin / Yun Chao Timetabled (PLT)				1TL9 1 Integrity/1 Resilience TS4												
	Day 2	2TL3 2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Care								4TL9 4 Seek/4 Soar/4 Resilience/4 Care TL Rm				3TL7 3 Strive /3 Innovate/3 Respect TS1				1TL9 1 Integrity/1 Resilience TS4												
	Day 3	2TL3 2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Care				3TL7 3 Strive /3 Innovate/3 Respect TS1																								
	Day 4																													
	Day 5	3TL7 3 Strive /3 Innovate/3 Respect TS1												2TL3 2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Care																
Even Week	Day 1									1TL9 1 Integrity/1 Resilience TS4				4TL9 4 Seek/4 Soar/4 Resilience/4 Care TL Rm																
	Day 2	3TL7 3 Strive /3 Innovate/3 Respect TS1				2TL3 2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Care				4TL9 4 Seek/4 Soar/4 Resilience/4 Care TL Rm																				
	Day 3	1TL9 1 Integrity/1 Resilience TS4												2TL3 2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Care																
	Day 4									3TL7 3 Strive /3 Innovate/3 Respect TS1				2TL3 2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Care																
	Day 5	2TL3 2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Care												3TL7 3 Strive /3 Innovate/3 Respect TS1																

Teacher Lee Boon Kiat

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28				
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Odd Week	Day 1	FRC 4 Innovate	4M11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar										3M11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate			3RO6 3 Respect /3 Integrity /3 Resilience/3 Care RO Room,Comp 3,B1-03																		
	Day 2	FRC 4 Innovate	4M11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar									3M11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate			4M11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar			3M11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate																
	Day 3	FRC 4 Innovate								4M11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar			3M11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate			3RO6 3 Respect /3 Integrity /3 Resilience/3 Care RO Room,Comp 3,B1-03			4M11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar															
	Day 4	FRC 4 Innovate	CCE 4 Innovate			3RO6 3 Respect /3 Integrity /3 Resilience/3 Care RO Room,Comp 3,B1-03								3M11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate																				
	Day 5	FRC 4 Innovate						4M11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar							FTGP 4 Innovate																			
Even Week	Day 1	FRC 4 Innovate					3RO6 3 Respect /3 Integrity /3 Resilience/3 Care RO Room,Comp 3,B1-03			3M11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate										Baryah / Boon Kiat / Zainal / Vemala Timetabled Time (PLT)														
	Day 2	FRC 4 Innovate	4M11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar			3RO6 3 Respect /3 Integrity /3 Resilience/3 Care RO Room,Comp 3,B1-03																												
	Day 3	FRC 4 Innovate	3M11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate				4M11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar							3M11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate			3RO6 3 Respect /3 Integrity /3 Resilience/3 Care RO Room,Comp 3,B1-03																	
	Day 4	FRC 4 Innovate	CCE 4 Innovate							4M11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar							3M11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate			3RO6 3 Respect /3 Integrity /3 Resilience/3 Care RO Room,Comp 3,B1-03			Ai Ti / Daniel / Boon Kiat / Hai Ling / Jacqueline / Jannah / Joan / Joshua Yeung / Kang Wei / Kok Young / Lee Wan / Zainal / Mrs Wong Timetabled Time (PLT) Board Rm											
	Day 5	FRC 4 Innovate			3M11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate			4M11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar				4M11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar			FTGP 4 Innovate																			

Teacher Poh Chee Jian

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28					
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Odd Week	Day 1	FRC 3 Care	3CL1 3 Seek/3 Strive /3 Soar/3 Respect /3 Resilience/3 Care 3 Seek								4CL4 4 Seek/4 Strive/4 Innovate/4 Respect/4 Integrity/4 Resilience/ 4 Care 4 Innovate			Bhupathy / Birundha / Chee Jian / ChengSY / Chye Sheng / Herda / Ida / Kalpana / Li Bin / Malavelee / Sathya / Sathya / Sathya / Sathya / Yulin / Yun / Yun / Yun / Yun / (PLT) Hui / Zhi Qin																					
	Day 2	FRC 3 Care	2CL7 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Resilience TS8								4CL4 4 Seek/4 Strive/4 Innovate/4 Respect/4 Integrity/4 Resilience/ 4 Care 4 Innovate			3CL1 3 Seek/3 Strive /3 Soar/3 Respect /3 Resilience/3 Care 3 Seek																					
	Day 3	FRC 3 Care	2CL7 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Resilience TS8			3CL1 3 Seek/3 Strive /3 Soar/3 Respect /3 Resilience/3 Care 3 Seek																													
	Day 4	FRC 3 Care	CCE 3 Care								4CL4 4 Seek/4 Strive/4 Innovate/4 Respect/4 Integrity/4 Resilience/ 4 Care 4 Innovate																								
	Day 5	FRC 3 Care	3CL1 3 Seek/3 Strive /3 Soar/3 Respect /3 Resilience/3 Care 3 Seek								2CL7 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Resilience TS8			FTGP 3 Care			3CL1 3 Seek/3 Strive /3 Soar/3 Respect /3 Resilience/3 Care 3 Seek																		
Even Week	Day 1	FRC 3 Care																				4CL4 4 Seek/4 Strive/4 Innovate/4 Respect/4 Integrity/4 Resilience/ 4 Care 4 Innovate													
	Day 2	FRC 3 Care	3CL1 3 Seek/3 Strive /3 Soar/3 Respect /3 Resilience/3 Care 3 Seek			2CL7 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Resilience TS8			4CL4 4 Seek/4 Strive/4 Innovate/4 Respect/4 Integrity/4 Resilience/ 4 Care 4 Innovate																										
	Day 3	FRC 3 Care											4CL4 4 Seek/4 Strive/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Innovate			2CL7 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Resilience TS8																			
	Day 4	FRC 3 Care	CCE 3 Care					4CL4 4 Seek/4 Strive/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Innovate			3CL1 3 Seek/3 Strive /3 Soar/3 Respect /3 Resilience/3 Care 3 Seek					2CL7 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Resilience TS8																			
	Day 5	FRC 3 Care	2CL7 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Resilience TS8									3CL1 3 Seek/3 Strive /3 Soar/3 Respect /3 Resilience/3 Care 3 Seek			FTGP 3 Care																				

Teacher Ong Chee Kiong

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 1 Soar															3D16 3 Respect /3 Integrity /3 Resilience/3 Care D&T Workshop 3															
	Day 2	FRC 1 Soar									Athifah / Chee Kiong / Fahmy / Jeremy / Joo Shian / Nelly / Nurhidais / Pui Fang / Hui Ci / Selvaraj / Sheela / Tian Wen CIPLT D&T Tech Rm	1D12 1 Seek D&T Workshop 2				4D36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 D&T Workshop 3,D&T Workshop 1																
	Day 3	FRC 1 Soar	1D12 1 Soar D&T Workshop 2			2D12 2 Strive D&T Workshop 2										3D16 3 Respect /3 Integrity /3 Resilience/3 Care D&T Workshop 3							4D36 4 Respect/4 Integrity/4 Resilience/4 Care/5N1 D&T Workshop 3,D&T Workshop 1									
	Day 4	FRC 1 Soar	CCE 1 Soar			3D16 3 Respect /3 Integrity /3 Resilience/3 Care D&T Workshop 3								2D12 2 Seek D&T Workshop 2									4D36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 D&T Workshop 3,D&T Workshop 1									
	Day 5	FRC 1 Soar										1D12 1 Strive D&T Workshop 2			FTGP 1 Soar																	
Even Week	Day 1	FRC 1 Soar						3D16 3 Respect /3 Integrity /3 Resilience/3 Care D&T Workshop 3							4D36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 D&T Workshop 3,D&T Workshop 2		1D12 1 Soar D&T Workshop 2															
	Day 2	FRC 1 Soar				3D16 3 Respect /3 Integrity /3 Resilience/3 Care D&T Workshop 3							2D12 2 Strive D&T Workshop 2																			
	Day 3	FRC 1 Soar	2D12 2 Seek D&T Workshop 2													3D16 3 Respect /3 Integrity /3 Resilience/3 Care D&T Workshop 3							4D36 4 Respect/4 Integrity/4 Resilience/4 Care/5N1 D&T Workshop 3,D&T Workshop 1									
	Day 4	FRC 1 Soar	CCE 1 Soar											1D12 1 Strive D&T Workshop 2							4D36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 D&T Workshop 3,D&T Workshop 1											
	Day 5	FRC 1 Soar										1D12 1 Seek D&T Workshop 2			FTGP 1 Soar																	

Teacher Cheng Sin Yee

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 3 Respect	3CL2 3 Seek/3 Strive /3 Soar/3 Innovate/3 Integrity /3 Resilience/ 3 Care 3 Strive								4CL2 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Strive				Bhupathy / Birundha / Chee Jian / ChengSY / Chye Sheng / Herda / Ida / Kalpana / Li Bin / Malavelee / Sathya / Sathya / Sathya / Yulin / Yun Chao / Zairis / Zhang (PLT) Hui / Zhi Qin					1CL4 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Innovate													
	Day 2	FRC 3 Respect	2CL6 2 Seek/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care Prefect's Room								4CL2 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Strive		3CL2 3 Seek/3 Strive /3 Soar/3 Innovate/3 Integrity /3 Resilience/ 3 Care 3 Strive					1CL4 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Innovate															
	Day 3	FRC 3 Respect	2CL6 2 Seek/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care Prefect's Room					3CL2 3 Seek/3 Strive /3 Soar/3 Innovate/3 Integrity /3 Resilience/ 3 Care 3 Strive												1CL4 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Innovate													
	Day 4	FRC 3 Respect	CCE 3 Respect								4CL2 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Strive		1CL4 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Innovate																				
	Day 5	FRC 3 Respect	3CL2 3 Seek/3 Strive /3 Soar/3 Innovate/3 Integrity /3 Resilience/ 3 Care 3 Strive									2CL6 2 Seek/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care Prefect's Room			FTGP 3 Respect																		
Even Week	Day 1	FRC 3 Respect												1CL4 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Innovate					4CL2 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Strive														
	Day 2	FRC 3 Respect	3CL2 3 Seek/3 Strive /3 Soar/3 Innovate/3 Integrity /3 Resilience/ 3 Care 3 Strive				2CL6 2 Seek/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care Prefect's Room			4CL2 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Strive		1CL4 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Innovate																					
	Day 3	FRC 3 Respect	1CL4 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Innovate											4CL2 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Strive						2CL6 2 Seek/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care Prefect's Room													
	Day 4	FRC 3 Respect	CCE 3 Respect					4CL2 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Strive		3CL2 3 Seek/3 Strive /3 Soar/3 Innovate/3 Integrity /3 Resilience/ 3 Care 3 Strive											2CL6 2 Seek/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care Prefect's Room												
	Day 5	FRC 3 Respect	2CL6 2 Seek/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care Prefect's Room										3CL2 3 Seek/3 Strive /3 Soar/3 Innovate/3 Integrity /3 Resilience/ 3 Care 3 Strive			FTGP 3 Respect																	

Teacher Ang Choon Kiat

Yishun Secondary School, Singapore

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Odd Week	Day 1																1E37 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Integrity																	
	Day 2	1E37 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Integrity																																
	Day 3	1L37 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Integrity							1L32 1 Seek/1 Strive/1 Soar/1 Innovate 1 Strive																									
	Day 4										1E37 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Integrity																							
	Day 5											1E37 1 Respect/1 Integrity/1 Resilience/1 Care 1 Integrity																						
Even Week	Day 1						1E37 1 Respect/1 Integrity 1 Resilience/1 Care 1 Integrity		1L37 1 Respect/1 Integrity/1 Resilience/1 Care 1 Integrity																									
	Day 2						1L32 1 Seek/1 Strive/1 Soar/1 Innovate 1 Strive		1E37 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Integrity																									
	Day 3								1L32 1 Seek/1 Strive/1 Soar/1 Innovate 1 Strive						1E37 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Integrity																			
	Day 4																																	
	Day 5	1E37 1 Respect/1 Integrity/1 Resilience/1 Care 1 Integrity		1L37 1 Respect/1 Integrity/1 Resilience/1 Care 1 Integrity																														

Teacher Lee Chye Sheng

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 3 Soar	3CL4 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect/3 Integrity/3 Resilience/3 Care <small>3 Innovate</small>								4CL3 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care <small>Instr Area</small>			Bhupathy / Birundha / Chee Jian / ChengSY / Chye Sheng / Herda / Ida / Kalpana / Li Bin / Malavelee / Sathya / Sathya / Sathya / Yulin / Yun / Zaira / Zhang <small>(PLT) Hui / Zhi Qin</small>			1CL2 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <small>1 Strive</small>																			
	Day 2	FRC 3 Soar	2CL9 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <small>TS6</small>								4CL3 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care <small>Instr Area</small>			3CL4 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect/3 Integrity /3 Resilience/3 Care <small>3 Innovate</small>			1CL2 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <small>1 Strive</small>																			
	Day 3	FRC 3 Soar	2CL9 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <small>TS6</small>					3CL4 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect/3 Integrity/3 Resilience/3 Care <small>3 Innovate</small>									1CL2 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <small>1 Strive</small>																			
	Day 4	FRC 3 Soar	CCE 3 Soar									4CL3 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care <small>TS9</small>			1CL2 1 Seek/1 Strive/1 Soar 1 Innovate/1 Respect 1 Integrity/1 Resilience 1 Care <small>1 Strive</small>																					
	Day 5	FRC 3 Soar	3CL4 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect/3 Integrity /3 Resilience/3 Care <small>3 Innovate</small>													FTGP 3 Soar																				
Even Week	Day 1	FRC 3 Soar												1CL2 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <small>1 Strive</small>			4CL3 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care <small>Instr Area</small>																			
	Day 2	FRC 3 Soar	3CL4 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect/3 Integrity /3 Resilience/3 Care <small>3 Innovate</small>								4CL3 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care <small>Instr Area</small>			1CL2 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <small>1 Strive</small>																						
	Day 3	FRC 3 Soar	1CL2 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <small>1 Strive</small>											4CL3 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care <small>Instr Area</small>			2CL9 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <small>TS6</small>																			
	Day 4	FRC 3 Soar	CCE 3 Soar					4CL3 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care <small>Instr Area</small>			3CL4 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect/3 Integrity /3 Resilience/3 Care <small>3 Innovate</small>					2CL9 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <small>TS6</small>																				
	Day 5	FRC 3 Soar											3CL4 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect/3 Integrity /3 Resilience/3 Care <small>3 Innovate</small>			FTGP 3 Soar																				

Teacher Crescencia Chay

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 4 Soar								2E36 2 Respect/2 Integrity 2 Resilience/2 Care							4E32 4 Seek/4 Strive/4 Soar/4 Innovate			4 Strive	Tungah / Azzah / Ead / Crescencia / Darwina / Idham / Richard / Sabrina / Charissa / Lee Mei / Germaine / Renuga												
	Day 2	FRC 4 Soar	Crescencia 3PL2			4E32 4 Seek/4 Strive/4 Soar/4 Innovate											2E36 2 Respect/2 Integrity 2 Resilience/2 Care																
	Day 3	FRC 4 Soar	1L36 1 Respect/1 Integrity/ 1 Resilience/1 Care								1L31 1 Seek/1 Strive/1 Soar/1 Innovate			2E36 2 Respect/2 Integrity/ 2 Resilience/2 Care													Crescencia 3PL2						
	Day 4	FRC 4 Soar	CCE 4 Soar											4E32 4 Seek/4 Strive/4 Soar/4 Innovate													Crescencia 3PL2						
	Day 5	FRC 4 Soar	2E36 2 Respect/2 Integrity/2 Resilience/2 Care	4E32 4 Seek/4 Strive/4 Soar/4 Innovate											FTGP 4 Soar																		
Even Week	Day 1	FRC 4 Soar						4E32 4 Seek/4 Strive/4 Soar/4 Innovate			1L36 1 Respect/1 Integrity/1 Resilience/1 Care									2E36 2 Respect/2 Integrity/ 2 Resilience/2 Care													
	Day 2	FRC 4 Soar						1L31 1 Seek/1 Strive/1 Soar 1 Innovate					4E32 4 Seek/4 Strive/4 Soar/4 Innovate				Crescencia 3PL2																
	Day 3	FRC 4 Soar	4E32 4 Seek/4 Strive/4 Soar/4 Innovate			2E36 2 Respect/2 Integrity/2 Resilience/2 Care						1L31 1 Seek/1 Strive/1 Soar/1 Innovate														Crescencia 3PL2							
	Day 4	FRC 4 Soar	CCE 4 Soar												2E36 2 Respect/2 Integrity/ 2 Resilience/2 Care					4E32 4 Seek/4 Strive/4 Soar/4 Innovate													
	Day 5	FRC 4 Soar		1L36 1 Respect/1 Integrity/1 Resilience/1 Care				Crescencia 3PL2					2E36 2 Respect/2 Integrity/ 2 Resilience/2 Care			FTGP 4 Soar																	

Teacher Daniel Woon

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 2 Strive	4M37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Integrity				4A31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek								3A32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive															
	Day 2	FRC 2 Strive	4M37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Integrity								2M31 2 Seek/2 Strive/2 Soar/2 Innovate 2 Seek				4A31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek				3A32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive											
	Day 3	FRC 2 Strive	PLT Hai Ling Daniel / Lee Hoon / Joan Kang Wei Wanni				4M37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Integrity				2M31 2 Seek/2 Strive/2 Soar/2 Innovate 2 Seek				3A32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive				4A31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek											
	Day 4	FRC 2 Strive	CCE 2 Strive				4M37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Integrity				2M31 2 Seek/2 Strive/2 Soar/2 Innovate 2 Seek																			
	Day 5	FRC 2 Strive	2M31 2 Seek/2 Strive/2 Soar/2 Innovate 2 Seek								FTGP 2 Strive																			
Even Week	Day 1	FRC 2 Strive	PLT Rajes / Mrs Wong / Jacqueline / Hai Ling / Daniel / Lee Hoon				4A31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek				2M31 2 Seek/2 Strive/2 Soar/2 Innovate 2 Seek				3A32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive															
	Day 2	FRC 2 Strive	4A31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek				PLT Ai Ti / Joan / Kang Wei / Raju / Daniel / Jannah / Hai Ling				4M37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Integrity				2M31 2 Seek/2 Strive/2 Soar/2 Innovate 2 Seek				3A32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive											
	Day 3	FRC 2 Strive					3A32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive				2M31 2 Seek/2 Strive/2 Soar/2 Innovate 2 Seek				4A31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek															
	Day 4	FRC 2 Strive	CCE 2 Strive				4M37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Integrity				PLT Ai Ti / Daniel / Boon Kiat / Hai Ling Jacqueline / Jannah / Joan / Joshua Yeung / Kang Wei / Kok Young Lee / Vera Wang / Zamil / Mrs Wong (PLT) Board Rm																			
	Day 5	FRC 2 Strive	4M37 4 Respect/4 Integrity 4 Resilience/4 Care 5N1 4 Integrity				2M31 2 Seek/2 Strive/2 Soar/2 Innovate 2 Seek				FTGP 2 Strive																			

Teacher Evon Tan

Yishun Secondary School, Singapore

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Odd Week	Day 1																														
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Teacher Fahmy Said

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 1 Seek						4R21 4 Seek/4 Strive/4 Soar/4 Innovate					Art 1 Resilience																		
	Day 2	FRC 1 Seek										Athifah / Chee Kiong / Fahmy / Jeremy / Joo Shian / Nelly / Nurhidais / Pui Fang / Hui Ci / Selvaraj / Sheela / Tian Wen CIPL				4R36 5N1			4R21 4 Seek/4 Strive/4 Soar/4 Innovate												
	Day 3	FRC 1 Seek				Art 2 Soar											4R21 4 Seek/4 Strive/4 Soar/4 Innovate			Art 1 Seek			4R36 5N1								
	Day 4	FRC 1 Seek	CCE 1 Seek											Art 2 Innovate						Art 2 Integrity			4R36 5N1								
	Day 5	FRC 1 Seek													FTGP 1 Seek																
Even Week	Day 1	FRC 1 Seek	Art 2 Integrity										4R21 4 Seek/4 Strive/4 Soar/4 Innovate Art Rm1						Art 1 Seek												
	Day 2	FRC 1 Seek				4R21 4 Seek/4 Strive/4 Soar/4 Innovate							Art 2 Innovate																		
	Day 3	FRC 1 Seek											Art 2 Soar			4R21 4 Seek/4 Strive/4 Soar/4 Innovate							4R36 5N1								
	Day 4	FRC 1 Seek	CCE 1 Seek													Art 1 Resilience				4R36 5N1											
	Day 5	FRC 1 Seek													FTGP 1 Seek																

Teacher Gary Sim

Yishun Secondary School, Singapore

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Odd Week	Day 1									3PP1 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek										4PP1 4 Seek/4 Strive/4 Soar 4 Innovate LT@3		4P31 4 Seek/4 Strive/4 Soar 4 Innovate 4 Seek										
	Day 2				4PP1 4 Seek/4 Strive/4 Soar/4 Innovate Instr Area																											
	Day 3				4P31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek																											
	Day 4				4P31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek								4PP1 4 Seek/4 Strive/4 Soar/4 Innovate LT@3			3P31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive			3PP1 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek													
	Day 5				3P31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive				3PP1 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek		4PP1 4 Seek/4 Strive/4 Soar/4 Innovate LT@3																					
Even Week	Day 1												3PP1 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek							4PP1 4 Seek/4 Strive/4 Soar 4 Innovate LT@3												
	Day 2				3PP1 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek													4PP1 4 Seek/4 Strive/4 Soar/4 Innovate LT@3														
	Day 3	4PP1 4 Seek/4 Strive/4 Soar/4 Innovate LT@3									3P31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive							3PP1 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek						Adeline / Alvin / Gary / Hafiz / Josh / Joshua Khong / Klaudia / LeongSY / Madeline / Puiy Hoon / Raj / Rizal / Timothy / Yvonne / Waiyayah / Yong Chong / Jun Heong / Sharon / Gaya (PLT) Board Rm								
	Day 4																					4P31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek										
	Day 5			3PP1 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek						4P31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek																						

Teacher Germaine Goh

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC1 4 Respect/5N1 4 Respect								2E37 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Integrity		3E37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity					3E31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek				Timothy / Azzan / Badi / Crescencia / Darwina / Idham / Richard / Sabrina / Charissa / Lee Mei / Germaine / Renuga	4O36 4 Respect/4 Integrity/4 Resilience/4 Care 4 Resilience										
	Day 2	FRC1 4 Respect/5N1 4 Respect									3E31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek						2E37 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Integrity				3E37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity											
	Day 3	FRC1 4 Respect/5N1 4 Respect	3E31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek								3E37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity		2E37 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Integrity								4O36 4 Respect/4 Integrity/4 Resilience/4 Care HIVE											
	Day 4	FRC1 4 Respect/5N1 4 Respect	CCE1 4 Respect/5N1 4 Respect										3E37 3 Respect /3 Integrity / 3 Resilience/3 Care 3 Integrity																			
	Day 5	FRC1 4 Respect/5N1 4 Respect	2E37 2 Respect/2 Integrity/2 Resilience/2 Care 2 Integrity								3E37 3 Respect /3 Integrity / 3 Resilience/3 Care 3 Integrity		3E31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek	FTGP1 4 Respect/5N1 4 Respect																		
Even Week	Day 1	FRC1 4 Respect/5N1 4 Respect											3E37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity				3E31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek				2E37 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Integrity											
	Day 2	FRC1 4 Respect/5N1 4 Respect									3E31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek		3E37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity																			
	Day 3	FRC1 4 Respect/5N1 4 Respect	3E37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity			2E37 2 Respect/2 Integrity/2 Resilience/2 Care 2 Integrity					3E31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek						4O36 4 Respect/4 Integrity/4 Resilience/4 Care HIVE															
	Day 4	FRC1 4 Respect/5N1 4 Respect	CCE1 4 Respect/5N1 4 Respect										2E37 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Integrity								4O36 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Resilience											
	Day 5	FRC1 4 Respect/5N1 4 Respect		3E37 3 Respect /3 Integrity 3 Resilience/3 Care 3 Integrity					4O36 4 Respect/4 Integrity/4 Resilience/4 Care Instr Area		2E37 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Integrity		FTGP1 4 Respect/5N1 4 Respect																			

Teacher Muhd Hafiz

Yishun Secondary School, Singapore

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Odd Week	Day 1	Discipline Hafiz	3B37 3 Respect /3 Integrity / 3 Resilience/3 Care 3 Integrity			4B26 4 Respect/4 Integrity/4 Resilience/4 Care TS9												4S11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar												
	Day 2	Discipline Hafiz	4B26 4 Respect/4 Integrity/4 Resilience/4 Care TS9			4S11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar												3B37 3 Respect /3 Integrity / 3 Resilience/3 Care 3 Integrity												
	Day 3	Discipline Hafiz	4S11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar			4B26 4 Respect/4 Integrity/4 Resilience/4 Care TS9			3B37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity																					
	Day 4	Discipline Hafiz	4S11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar			3B22 3 Seek/3 Strive /3 Soar/3 Innovate TS5																								
	Day 5	Discipline Hafiz	3B22 3 Seek/3 Strive /3 Soar/3 Innovate TS5			4S11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar																								
Even Week	Day 1	Discipline Hafiz	4B26 4 Respect/4 Integrity/ 4 Resilience/4 Care TS9			3B22 3 Seek/3 Strive /3 Soar/3 Innovate TS3			3B37 3 Respect /3 Integrity / 3 Resilience/3 Care 3 Integrity																					
	Day 2	Discipline Hafiz	3B22 3 Seek/3 Strive /3 Soar/3 Innovate TS5			3B37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity																								
	Day 3	Discipline Hafiz	3B22 3 Seek/3 Strive /3 Soar/3 Innovate TS5			4S11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar												Adeline / Alvin / Gary / Hafiz / Josh / Joshua Khong / Klaudia / LeongSY / Madeline / Puiy Hoon / Raj / Rizal / Timothy / Ym / Hidayah / Yong Chong / Jun Heong / Sharon / (PLT) Gaya Board Rm												
	Day 4	Discipline Hafiz	4S11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar			4B26 4 Respect/4 Integrity/4 Resilience/4 Care TS9												4S11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar												
	Day 5	Discipline Hafiz	4S11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar																											

Teacher Ong Hai Ling

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC2 4 Integrity/5N1 4 Integrity	4M36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1							3M37 3 Respect /3 Integrity /3 Resilience/3 Care										3A31 3 Seek/3 Strive /3 Soar/3 Innovate														
	Day 2	FRC2 4 Integrity/5N1 4 Integrity			4M36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1											2M32 2 Seek/2 Strive/2 Soar/2 Innovate							3A31 3 Seek/3 Strive /3 Soar/3 Innovate											
	Day 3	FRC2 4 Integrity/5N1 4 Integrity	3M37 3 Respect /3 Integrity /3 Resilience/3 Care				PLT Hai Ling / Daniel / Lee Hoon / Joan / Kang Wei / Wanni			4M36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1						2M32 2 Seek/2 Strive/2 Soar/2 Innovate				3A31 3 Seek/3 Strive /3 Soar/3 Innovate														
	Day 4	FRC2 4 Integrity/5N1 4 Integrity	CCE2 4 Integrity/5N1					4M36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1			2M32 2 Seek/2 Strive/2 Soar/2 Innovate						3M37 3 Respect /3 Integrity /3 Resilience/3 Care																	
	Day 5	FRC2 4 Integrity/5N1 4 Integrity				2M32 2 Seek/2 Strive/2 Soar/2 Innovate										FTGP2 4 Integrity/5N1																		
Even Week	Day 1	FRC2 4 Integrity/5N1 4 Integrity	3M37 3 Respect /3 Integrity /3 Resilience/3 Care					PLT Rajes / Mrs Wong / Jacqueline / Hai Ling / Daniel / Lee Hoon												2M32 2 Seek/2 Strive/2 Soar/2 Innovate			3A31 3 Seek/3 Strive /3 Soar/3 Innovate											
	Day 2	FRC2 4 Integrity/5N1 4 Integrity							PLT Ai Ti / Joan / Kang Wei / Raju / Daniel / Jannah / Hai Ling			4M36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1				2M32 2 Seek/2 Strive/2 Soar/2 Innovate				3A31 3 Seek/3 Strive /3 Soar/3 Innovate														
	Day 3	FRC2 4 Integrity/5N1 4 Integrity								3M37 3 Respect /3 Integrity / 3 Resilience/3 Care				3A31 3 Seek/3 Strive /3 Soar/3 Innovate						2M32 2 Seek/2 Strive/2 Soar/2 Innovate														
	Day 4	FRC2 4 Integrity/5N1 4 Integrity	CCE2 4 Integrity/5N1			3M37 3 Respect /3 Integrity /3 Resilience/3 Care																	4M36 4 Respect/4 Integrity/4 Resilience/4 Care/5N1			Ai Ti / Daniel / Boon Kit / Hai Ling / Jacqueline / Jannah / Joan / Joshua Yeung / Kang Wei / Kok Young / Lee Wai / Mrs Wong / Vera Wang / Zamil / Mrs Wong (PLT)								
	Day 5	FRC2 4 Integrity/5N1 4 Integrity	4M36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1			2M32 2 Seek/2 Strive/2 Soar/2 Innovate			3M37 3 Respect /3 Integrity /3 Resilience/3 Care							FTGP2 4 Integrity/5N1																		

Teacher Helen Tan

Yishun Secondary School, Singapore

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Odd Week	Day 1																																
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	Day 3																																
	Day 4													4G37 4 Respect/4 Integrity 4 Resilience/4 Care 5N1				4G31 4 Seek/4 Strive/4 Soar 4 Innovate															
	Day 5				4G37 4 Respect/4 Integrity 4 Resilience/4 Care 5N1																												
Even Week	Day 1											4G31 4 Seek/4 Strive/4 Soar/4 Innovate																					
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	Day 5																																

Teacher Herdaninseh

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 1 Soar	3ML2 3 Seek/3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/ 3 Care 3 Integrity								4ML2 4 Seek/4 Innovate/4 Integrity/4 Resilience/ 5N1 ESS Room			Bhupathy / Birundha / Chee Jian / ChengSY / Chye Sheng / Herda / Ida / Kalpana / Li Bin / Malavelee / Sathya / Sathya / Sathya / Yulin / Yun / Zaina / Zhang Hui / Zhi Qin (PLT)				1ML7 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Resilience																		
	Day 2	FRC 1 Soar	2ML9 2 Strive/2 Respect/2 Integrity/2 Resilience/ 2 Care The Place 1								4ML2 4 Seek/4 Innovate/4 Integrity/4 Resilience/ 5N1 ESS Room			3ML2 3 Seek/3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/ 3 Care 3 Integrity				1ML7 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Resilience																		
	Day 3	FRC 1 Soar	2ML9 2 Strive/2 Respect/2 Integrity/2 Resilience 2 Care The Place 1					3ML2 3 Seek/3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/ 3 Care 3 Integrity										1ML7 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Resilience																		
	Day 4	FRC 1 Soar	CCE 1 Soar									4ML2 4 Seek/4 Innovate/4 Integrity/4 Resilience 5N1 ESS Room			1ML7 1 Seek/1 Strive/1 Soar 1 Innovate/1 Respect 1 Integrity/1 Resilience 1 Care 1 Resilience																					
	Day 5	FRC 1 Soar	3ML2 3 Seek/3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/ 3 Care 3 Integrity													FTGP 1 Soar																				
Even Week	Day 1	FRC 1 Soar												1ML7 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Resilience				4ML2 4 Seek/4 Innovate/4 Integrity/4 Resilience 5N1 ESS Room																		
	Day 2	FRC 1 Soar	3ML2 3 Seek/3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/ 3 Care 3 Integrity								4ML2 4 Seek/4 Innovate/4 Integrity/4 Resilience 5N1 ESS Room			1ML7 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Resilience																						
	Day 3	FRC 1 Soar	1ML7 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Resilience											4ML2 4 Seek/4 Innovate/4 Integrity/4 Resilience/ 5N1 ESS Room				2ML9 2 Strive/2 Respect/2 Integrity/2 Resilience/ 2 Care The Place 1																		
	Day 4	FRC 1 Soar	CCE 1 Soar						4ML2 4 Seek/4 Innovate/4 Integrity/4 Resilience/ 5N1 ESS Room			3ML2 3 Seek/3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/ 3 Care 3 Integrity						2ML9 2 Strive/2 Respect/2 Integrity/2 Resilience/ 2 Care The Place 1																		
	Day 5	FRC 1 Soar											3ML2 3 Seek/3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/ 3 Care 3 Integrity			FTGP 1 Soar																				

Teacher Tay Hoon Lay

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 2 Respect	PE 2 Respect							PE 2 Soar				PE 4 Strive																
	Day 2	FRC 2 Respect	PE 3 Care			PE 3 Soar					PE 1 Integrity		PE 1 Innovate																	
	Day 3	FRC 2 Respect	PE 4 Strive							PE 3 Soar										PE 1 Innovate										
	Day 4	FRC 2 Respect	CCE 2 Respect											PE 2 Soar						PE 2 Respect										
	Day 5	FRC 2 Respect				PE 1 Integrity					PE 3 Care		FTGP 2 Respect																	
Even Week	Day 1	FRC 2 Respect	PE 3 Soar			PE 2 Respect					PE 3 Care									PE 1 Innovate										
	Day 2	FRC 2 Respect	PE 2 Soar									PE 3 Soar		PE 1 Integrity						PE 1 Innovate										
	Day 3	FRC 2 Respect				PE 1 Integrity				PE 4 Strive		PE 2 Respect																		
	Day 4	FRC 2 Respect	CCE 2 Respect			PE 2 Soar								PE 3 Care																
	Day 5	FRC 2 Respect	PE 4 Strive								Aisli / Baqi / Hoon Lay / Muru Suhaini / Wen Yi / Yong Cheng Timetabled Time (PLT)			FTGP 2 Respect																

Teacher Zul Idham

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC3 4 Resili ence/ 5N1 4 Resilienc e	1E11 1 Seek/1 Strive/1 Soar/1 Innovate		4E16 4 Respect/4 Integrity/ 4 Resilience/4 Care		1 Innovate		4 Care		3E16 3 Respect /3 Integrity /3 Resilience/3 Care		3 Care		1E27 1 Respect/1 Integrity/ 1 Resilience/1 Care		1 Care		Tungah Azzah / Baqi / Crescencia / Darwina / Idham / Richard / Sabrina / Charissa / Lee Mei / Germaine / Renuga												
	Day 2	FRC3 4 Resili ence/ 5N1 4 Resilienc e	1E27 1 Respect/1 Integrity/ 1 Resilience/1 Care		1 Care		1E11 1 Seek/1 Strive/1 Soar/1 Innovate		1 Innovate		4E16 4 Respect/4 Integrity/ 4 Resilience/4 Care		4 Care		3E16 3 Respect /3 Integrity /3 Resilience/3 Care		3 Care														
	Day 3	FRC3 4 Resili ence/ 5N1 4 Resilienc e	4E16 4 Respect/4 Integrity/ 4 Resilience/4 Care		4 Care		EL (Elective)11 1 Seek/1 Strive/1 Soar/1 Innovate		1 Innovate		3E16 3 Respect /3 Integrity /3 Resilience/3 Care		3 Care																		
	Day 4	FRC3 4 Resili ence/ 5N1 4 Resilienc e	CCE3 4 Resilience/5N1		4 Resilience		1E11 1 Seek/1 Strive/1 Soar/1 Innovate		1 Innovate		1E27 1 Respect/1 Integrity/ 1 Resilience/1 Care		1 Care		3E16 3 Respect /3 Integrity / 3 Resilience/3 Care		3 Care														
	Day 5	FRC3 4 Resili ence/ 5N1 4 Resilienc e	4E16 4 Respect/4 Integrity/4 Resilience/4 Care		4 Care		1E11 1 Seek/1 Strive/1 Soar/1 Innovate		1 Innovate		3E16 3 Respect /3 Integrity / 3 Resilience/3 Care		3 Care		1E27 1 Respect/1 Integrity/1 Resilience/1 Care		1 Care		FTGP3 4 Resilience/5N1		4 Resilience										
Even Week	Day 1	FRC3 4 Resili ence/ 5N1 4 Resilienc e	4E16 4 Respect/4 Integrity/ 4 Resilience/4 Care		4 Care		1E27 1 Respect/1 Integrity/ 1 Resilience/1 Care		1 Care		3E16 3 Respect /3 Integrity /3 Resilience/3 Care		3 Care																		
	Day 2	FRC3 4 Resili ence/ 5N1 4 Resilienc e	4E16 4 Respect/4 Integrity/ 4 Resilience/4 Care		4 Care		1E27 1 Respect/1 Integrity/ 1 Resilience/1 Care		1 Care		3E16 3 Respect /3 Integrity /3 Resilience/3 Care		3 Care		1E11 1 Seek/1 Strive/1 Soar/1 Innovate		1 Innovate														
	Day 3	FRC3 4 Resili ence/ 5N1 4 Resilienc e	3E16 3 Respect /3 Integrity /3 Resilience/3 Care		3 Care		4E16 4 Respect/4 Integrity/ 4 Resilience/4 Care		4 Care		1E11 1 Seek/1 Strive/1 Soar/1 Innovate		1 Innovate		1E27 1 Respect/1 Integrity/ 1 Resilience/1 Care		1 Care														
	Day 4	FRC3 4 Resili ence/ 5N1 4 Resilienc e	CCE3 4 Resilience/5N1		4 Resilience		4E16 4 Respect/4 Integrity/4 Resilience/4 Care		4 Care		1E11 1 Seek/1 Strive/1 Soar/1 Innovate		1 Innovate		EL (Elective)16 1 Respect/1 Integrity/1 Resilience/1 Care		1 Care														
	Day 5	FRC3 4 Resili ence/ 5N1 4 Resilienc e	1E27 1 Respect/1 Integrity/1 Resilience/1 Care		1 Care		3E16 3 Respect /3 Integrity / 3 Resilience/3 Care		3 Care		1E11 1 Seek/1 Strive/1 Soar/1 Innovate		1 Innovate		4E16 4 Respect/4 Integrity/4 Resilience/4 Care		4 Care		FTGP3 4 Resilience/5N1		4 Resilience										

Teacher Imran

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 1 Integrity															1G32 1 Seek/1 Strive/1 Soar/1 Innovate		2G36 2 Respect/2 Integrity/ 2 Resilience/2 Care														
	Day 2	FRC 1 Integrity														4G21 4 Seek/4 Strive/4 Soar/4 Innovate		3G31 3 Seek/3 Strive /3 Soar/3 Innovate					4PG1 4 Seek/4 Strive/4 Soar/4 Innovate										
	Day 3	FRC 1 Integrity											2G31 2 Seek/2 Strive/2 Soar/2 Innovate				4PG1 4 Seek/4 Strive/4 Soar/4 Innovate																
	Day 4	FRC 1 Integrity	CCE 1 Integrity			3G31 3 Seek/3 Strive /3 Soar/3 Innovate								4G26 4 Respect/4 Integrity/ 4 Resilience/4 Care			4G21 4 Seek/4 Strive/4 Soar/4 Innovate		1G37 1 Respect/1 Integrity/ 1 Resilience/1 Care														
	Day 5	FRC 1 Integrity			4G26 4 Respect/4 Integrity/ 4 Resilience/4 Care					4PG1 4 Seek/4 Strive/4 Soar/4 Innovate				FTGP 1 Integrity																			
Even Week	Day 1	FRC 1 Integrity				2G31 2 Seek/2 Strive/2 Soar/2 Innovate					4G21 4 Seek/4 Strive/4 Soar/4 Innovate					2G36 2 Respect/2 Integrity/2 Resilience/2 Care		3G31 3 Seek/3 Strive /3 Soar/3 Innovate		4PG1 4 Seek/4 Strive/4 Soar/4 Innovate													
	Day 2	FRC 1 Integrity				1G37 1 Respect/1 Integrity/1 Resilience/1 Care														4PG1 4 Seek/4 Strive/4 Soar/4 Innovate											Aljunied / Imran / Jonathan / Juanita / Latika / Rekha / Rui Jia / Zakir / Chairissa / Val Fam / Crystal / Sowen / Romaine Timetabled Time (PLT) Board Rm,TL Rm		
	Day 3	FRC 1 Integrity			4G26 4 Respect/4 Integrity/ 4 Resilience/4 Care						2G31 2 Seek/2 Strive/2 Soar/2 Innovate						4PG1 4 Seek/4 Strive/4 Soar/4 Innovate		1G32 1 Seek/1 Strive/1 Soar/1 Innovate														
	Day 4	FRC 1 Integrity	CCE 1 Integrity				3G31 3 Seek/3 Strive /3 Soar/3 Innovate				4G26 4 Respect/4 Integrity/4 Resilience/4 Care			1G37 1 Respect/1 Integrity/1 Resilience/1 Care		4G21 4 Seek/4 Strive/4 Soar/4 Innovate																	
	Day 5	FRC 1 Integrity	1G32 1 Seek/1 Strive/1 Soar/1 Innovate								2G36 2 Respect/2 Integrity/2 Resilience/2 Care						FTGP 1 Integrity																

Teacher Jacqueline Lee

Yishun Secondary School, Singapore

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Odd Week	Day 1	4M32 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive								3M38 3 Respect /3 Integrity /3 Resilience/3 Care Math Rm								2M26 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Resilience												
	Day 2	4M32 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive								2M26 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Resilience																				
	Day 3	3M38 3 Respect /3 Integrity /3 Resilience/3 Care Math Rm								4M32 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive																				
	Day 4									2M26 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Resilience								3M38 3 Respect /3 Integrity /3 Resilience/3 Care Math Rm												
	Day 5					2M26 2 Respect/2 Integrity/2 Resilience/2 Care 2 Resilience																								
Even Week	Day 1	3M38 3 Respect /3 Integrity /3 Resilience/3 Care Math Rm				PLRajes / Mrs Wong / Jacqueline / Hai Ling / Daniel / Lee Hoon								2M26 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Resilience																
	Day 2	4M32 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive																2M26 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Resilience												
	Day 3					4M32 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive				3M38 3 Respect /3 Integrity / 3 Resilience/3 Care Math Rm								2M26 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Resilience												
	Day 4					3M38 3 Respect /3 Integrity /3 Resilience/3 Care Math Rm				4M32 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive												Ai Ti / Daniel / Boon Kit / Hai Ling / Jacqueline / Jannah / Joan / Joshua Yeung / Kang Wei / Kok Young / Lee Timetables Time (PL) Wang Zhenal / Mrs Wong Board Rm								
	Day 5					2M26 2 Respect/2 Integrity/2 Resilience/2 Care 2 Resilience				3M38 3 Respect /3 Integrity /3 Resilience/3 Care Math Rm				4M32 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive																

Teacher Nuruljannah

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 2 Respect	4M22 4 Seek/4 Strive/4 Soar/4 Innovate Math Rm										3M22 3 Seek/3 Strive /3 Soar/3 Innovate Math Rm			2M36 2 Respect/2 Integrity/ 2 Resilience/2 Care																	
	Day 2	FRC 2 Respect	4M22 4 Seek/4 Strive/4 Soar/4 Innovate Math Rm				2M36 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Respect													3M22 3 Seek/3 Strive /3 Soar/3 Innovate Math Rm													
	Day 3	FRC 2 Respect							4M22 4 Seek/4 Strive/4 Soar/4 Innovate Math Rm			3M22 3 Seek/3 Strive /3 Soar/3 Innovate Math Rm																					
	Day 4	FRC 2 Respect	CCE 2 Respect				2M36 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Respect							3M22 3 Seek/3 Strive /3 Soar/3 Innovate Math Rm																			
	Day 5	FRC 2 Respect			2M36 2 Respect/2 Integrity/2 Resilience/2 Care 2 Respect		4M22 4 Seek/4 Strive/4 Soar/4 Innovate Math Rm							FTGP 2 Respect																			
Even Week	Day 1	FRC 2 Respect									3M22 3 Seek/3 Strive /3 Soar/3 Innovate Math Rm			2M36 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Respect							4M22 4 Seek/4 Strive/4 Soar/4 Innovate TS9												
	Day 2	FRC 2 Respect	4M22 4 Seek/4 Strive/4 Soar/4 Innovate Math Rm							PLT Ai Ti / Joan / Kang Wei / Raju / Daniel / Jannah / Hai Ling											2M36 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Respect												
	Day 3	FRC 2 Respect	3M22 3 Seek/3 Strive /3 Soar/3 Innovate Math Rm				4M22 4 Seek/4 Strive/4 Soar/4 Innovate Math Rm							3M22 3 Seek/3 Strive /3 Soar/3 Innovate Math Rm			2M36 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Respect																
	Day 4	FRC 2 Respect	CCE 2 Respect							4M22 4 Seek/4 Strive/4 Soar/4 Innovate Math Rm							3M22 3 Seek/3 Strive /3 Soar/3 Innovate Math Rm			2M36 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Respect			Ai Ti / Daniel / Boon Kit / Hai Ling / Jacqueline / Jannah / Joan / Joshua Yeung / Kang Wei / Kok Young / Lee Wan / Zamil / Mrs Wong (PLT) Board Rm										
	Day 5	FRC 2 Respect			2M36 2 Respect/2 Integrity/2 Resilience/2 Care 2 Respect		4M22 4 Seek/4 Strive/4 Soar/4 Innovate Math Rm						FTGP 2 Respect																				

Teacher Mrs Jaya

Yishun Secondary School, Singapore

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Odd Week	Day 1																														
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	Day 5																														
Even Week	Day 1																														
	Day 2																														
	Day 3																														
	Day 4																														
	Day 5																														

Teacher Jeremy Loy

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28				
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Odd Week	Day 1	FRC 3 Resilience	2D11 2 Soar				4D21 4 Strive/4 Soar/4 Innovate								2D11 2 Innovate				3D36 3 Respect /3 Integrity /3 Resilience/3 Care															
	Day 2	FRC 3 Resilience									Athifah / Chee Kiong / Fahmy / Jeremy / Joo Shian / Nelly / Nurhidatus / Pui Fang / Hui Qi / Selvaraj / Shehla / Tian Wen CTPLT		1D11 1 Seek						4D21 4 Strive/4 Soar/4 Innovate				3D36 3 Respect /3 Integrity /3 Resilience/3 Care											
	Day 3	FRC 3 Resilience	1D11 1 Soar		2D11 2 Strive						3D36 3 Respect /3 Integrity /3 Resilience/3 Care		4D21 4 Strive/4 Soar/4 Innovate																					
	Day 4	FRC 3 Resilience	CCE 3 Resilience										2D11 2 Seek																					
	Day 5	FRC 3 Resilience			1D11 1 Respect						1D11 1 Strive		FTGP 3 Resilience																					
Even Week	Day 1	FRC 3 Resilience							2D11 2 Soar				4D21 4 Strive/4 Soar/4 Innovate		1D11 1 Soar																			
	Day 2	FRC 3 Resilience	2D11 2 Innovate		4D21 4 Strive/4 Soar/4 Innovate								2D11 2 Strive								3D36 3 Respect /3 Integrity /3 Resilience/3 Care													
	Day 3	FRC 3 Resilience	2D11 2 Seek		3D36 3 Respect /3 Integrity /3 Resilience/3 Care										4D21 4 Strive/4 Soar/4 Innovate																			
	Day 4	FRC 3 Resilience	CCE 3 Resilience		1D11 1 Respect								1D11 1 Strive								3D36 3 Respect /3 Integrity /3 Resilience/3 Care													
	Day 5	FRC 3 Resilience									1D11 1 Seek		FTGP 3 Resilience																					

Teacher Joan Chin

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28				
		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00				
Odd Week	Day 1	FRC3 4 Resilience/ 5N1 4 Resilience											1M31 1 Seek/1 Strive/1 Soar/1 Innovate		1 Seek		2M37 2 Respect/2 Integrity/ 2 Resilience/2 Care		2 Integrity		4A36 4 Respect/4 Integrity/ 4 Resilience/4 Care		4 Resilience	3A36 3 Respect /3 Integrity / 3 Resilience/3 Care										
	Day 2	FRC3 4 Resilience/ 5N1 4 Resilience	1M31 1 Seek/1 Strive/1 Soar/1 Innovate					2M37 2 Respect/2 Integrity/ 2 Resilience/2 Care		2 Integrity		3A36 3 Respect /3 Integrity /3 Resilience/3 Care		3 Integrity										4A36 4 Respect/4 Integrity/4 Resilience/4 Care										
	Day 3	FRC3 4 Resilience/ 5N1 4 Resilience					PLT Hai Ling / Daniel / Lee Hoon / Joan / Kang Wei / Wanni					1M31 1 Seek/1 Strive/1 Soar/1 Innovate		1 Seek			4A36 4 Respect/4 Integrity/ 4 Resilience/4 Care		4 Resilience					3A36 3 Respect /3 Integrity /3 Resilience/3 Care										
	Day 4	FRC3 4 Resilience/ 5N1 4 Resilience	CCE3 4 Resilience/5N1					2M37 2 Respect/2 Integrity/ 2 Resilience/2 Care		2 Integrity														1M31 1 Seek/1 Strive/1 Soar/1 Innovate										
	Day 5	FRC3 4 Resilience/ 5N1 4 Resilience			2M37 2 Respect/2 Integrity/2 Resilience/2 Care									4A36 4 Respect/4 Integrity/4 Resilience/4 Care	FTGP3 4 Resilience/5N1																			
Even Week	Day 1	FRC3 4 Resilience/ 5N1 4 Resilience				1M31 1 Seek/1 Strive/1 Soar/1 Innovate						4A36 4 Respect/4 Integrity/ 4 Resilience/4 Care	2M37 2 Respect/2 Integrity/ 2 Resilience/2 Care		2 Integrity		3A36 3 Respect /3 Integrity /3 Resilience/3 Care		3 Integrity															
	Day 2	FRC3 4 Resilience/ 5N1 4 Resilience	1M31 1 Seek/1 Strive/1 Soar/1 Innovate			3A36 3 Respect /3 Integrity /3 Resilience/3 Care		3 Integrity		PLT Ai Ti / Joan / Kang Wei / Raju / Daniel / Jannah / Hai Ling				4A36 4 Respect/4 Integrity/ 4 Resilience/4 Care		4 Resilience		2M37 2 Respect/2 Integrity/ 2 Resilience/2 Care		2 Integrity														
	Day 3	FRC3 4 Resilience/ 5N1 4 Resilience				1M31 1 Seek/1 Strive/1 Soar/1 Innovate		1 Seek						4A36 4 Respect/4 Integrity/4 Resilience/4 Care		4 Resilience	3A36 3 Respect /3 Integrity / 3 Resilience/3 Care		3 Integrity		2M37 2 Respect/2 Integrity/ 2 Resilience/2 Care		2 Integrity											
	Day 4	FRC3 4 Resilience/ 5N1 4 Resilience	CCE3 4 Resilience/5N1															1M31 1 Seek/1 Strive/1 Soar/1 Innovate		1 Seek		3A36 3 Respect /3 Integrity / 3 Resilience/3 Care		3 Integrity				Ai Ti / Daniel / Boon Kit / Hai Ling / Jacqueline / Jannah / Joan / Joshua Yeung / Kang Wei / Kok Young / Lee Yim Tze / Vera Wang / Zamil / Mrs Wong (PLT)					Board Rm	
	Day 5	FRC3 4 Resilience/ 5N1 4 Resilience				2M37 2 Respect/2 Integrity/2 Resilience/2 Care									FTGP3 4 Resilience/5N1																			

Teacher Jonathan Ong

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 3 Strive						2H32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive						4O38 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1							4O22 4 Seek/4 Strive/4 Soar/4 Innovate											
	Day 2	FRC 3 Strive				3H36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience								2H32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive				3H31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate		2H37 2 Respect/2 Integrity/2 Resilience/2 Care 2 Integrity												
	Day 3	FRC 3 Strive						2H37 2 Respect/2 Integrity/2 Resilience/2 Care 2 Integrity													4O22 4 Seek/4 Strive/4 Soar/4 Innovate LT@3											
	Day 4	FRC 3 Strive	CCE 3 Strive			3H31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate					3H36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience			4H36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 HIVE				4O38 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 HIVE														
	Day 5	FRC 3 Strive	4O22 4 Seek/4 Strive/4 Soar/4 Innovate HIVE		4H36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 LT@3									FTGP 3 Strive																		
Even Week	Day 1	FRC 3 Strive	4O22 4 Seek/4 Strive/4 Soar/4 Innovate HIVE																		3H31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate											
	Day 2	FRC 3 Strive														2H37 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Integrity					4O38 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 HIVE						Aljunied / Imran / Jonathan / Juanita / Lathika / Rekha / Rui Jia / Zakir / Charissa / Val Fam / Crystal / Swann / Romaine Timetabled Time (PLT) Board Rm, TL Rm					
	Day 3	FRC 3 Strive	4O38 4 Respect/4 Integrity/4 Resilience/4 Care/5N1 HIVE		4H36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 HIVE									3H36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience																		
	Day 4	FRC 3 Strive	CCE 3 Strive				3H31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate			4H36 4 Respect/4 Integrity/4 Resilience/4 Care/5N1 HIVE		2H32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive					3H36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience															
	Day 5	FRC 3 Strive					4O22 4 Seek/4 Strive/4 Soar/4 Innovate LT@3									FTGP 3 Strive																

Teacher Phua Joo Shian

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 1 Innovate											1D11	1 Integrity			3D16 3 Respect /3 Integrity 3 Resilience/3 Care		3D21 3 Seek/3 Strive /3 Soar/3 Innovate													
	Day 2	FRC 1 Innovate	3D21 3 Seek/3 Strive /3 Soar/3 Innovate					1D11 1 Resilience		Athifah / Chee Kiong / Fahmy Jeremy / Joo Shian / Nelly Nurfarida / Pai Fang / Hui Qi Selvaraj / Shejla / Tian Wen CTPLT																						
	Day 3	FRC 1 Innovate							2D11 2 Respect							3D16 3 Respect /3 Integrity 3 Resilience/3 Care		3D21 3 Seek/3 Strive /3 Soar/3 Innovate														
	Day 4	FRC 1 Innovate	CCE 1 Innovate		3D16 3 Respect /3 Integrity 3 Resilience/3 Care					2D11 2 Resilience						1D11 1 Innovate		2D11 2 Care														
	Day 5	FRC 1 Innovate	1D11 1 Care						2D11 2 Integrity						FTGP 1 Innovate																	
Even Week	Day 1	FRC 1 Innovate	2D11 2 Respect				3D16 3 Respect /3 Integrity 3 Resilience/3 Care													1D11 1 Care		3D21 3 Seek/3 Strive /3 Soar/3 Innovate										
	Day 2	FRC 1 Innovate			3D16 3 Respect /3 Integrity 3 Resilience/3 Care				2D11 2 Resilience								3D21 3 Seek/3 Strive /3 Soar/3 Innovate															
	Day 3	FRC 1 Innovate										2D11 2 Integrity		3D16 3 Respect /3 Integrity 3 Resilience/3 Care		1D11 1 Resilience																
	Day 4	FRC 1 Innovate	CCE 1 Innovate						2D11 2 Care							1D11 1 Integrity																
	Day 5	FRC 1 Innovate			1D11 1 Innovate				3D21 3 Seek/3 Strive /3 Soar/3 Innovate						FTGP 1 Innovate																	

Teacher Ang Swee Siang

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 2 Innovate				3B26 3 Respect/3 Integrity 3 Resilience/3 Care												5B26 5N1		2S31 2 Seek/2 Strive/2 Soar/2 Innovate		4B31 4 Seek/4 Strive/4 Soar 4 Innovate											
	Day 2	FRC 2 Innovate	3PB1 3 Seek/3 Strive /3 Soar/3 Innovate				2S31 2 Seek/2 Strive/2 Soar/2 Innovate										3B26 3 Respect/3 Integrity 3 Resilience/3 Care		5B26 5N1														
	Day 3	FRC 2 Innovate				4B31 4 Seek/4 Strive/4 Soar 4 Innovate				2S31 2 Seek/2 Strive/2 Soar 2 Innovate										3B26 3 Respect /3 Integrity 3 Resilience/3 Care		3PB1 3 Seek/3 Strive /3 Soar/3 Innovate											
	Day 4	FRC 2 Innovate	CCE 2 Innovate		4B31 4 Seek/4 Strive/4 Soar/4 Innovate																		3PB1 3 Seek/3 Strive /3 Soar/3 Innovate										
	Day 5	FRC 2 Innovate	2S31 2 Seek/2 Strive/2 Soar/2 Innovate												FTGP 2 Innovate																		
Even Week	Day 1	FRC 2 Innovate				5B26 5N1											2S31 2 Seek/2 Strive/2 Soar/2 Innovate		3B26 3 Respect /3 Integrity 3 Resilience/3 Care														
	Day 2	FRC 2 Innovate						2S31 2 Seek/2 Strive/2 Soar/2 Innovate								3PB1 3 Seek/3 Strive /3 Soar/3 Innovate		3B26 3 Respect /3 Integrity 3 Resilience/3 Care															
	Day 3	FRC 2 Innovate															5B26 5N1		3PB1 3 Seek/3 Strive /3 Soar/3 Innovate		Adeline / Alvin / Gary / Hafiz / Josh Joshua Khong / Kiaudis / LeongSY Madeline / Puiy Hoon / Raj / Rizal Ummeed / Yee Heong / Sharon Yong Cheng / Yee Heong / Sharon Gaya												
	Day 4	FRC 2 Innovate	CCE 2 Innovate						2S31 2 Seek/2 Strive/2 Soar 2 Innovate				5B26 5N1								4B31 4 Seek/4 Strive/4 Soar/4 Innovate												
	Day 5	FRC 2 Innovate				3PB1 3 Seek/3 Strive /3 Soar/3 Innovate		4B31 4 Seek/4 Strive/4 Soar 4 Innovate		2S31 2 Seek/2 Strive/2 Soar/2 Innovate		FTGP 2 Innovate																					

Teacher Yeung Chun Nam

Yishun Secondary School, Singapore

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		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00	
Odd Week	Day 1	FRC 1 Resilience				3U16 3 Respect/3 Integrity 3 Resilience/3 Care Comp 1					1M16 1 Respect/1 Integrity 1 Resilience/1 Care							3U11 3 Seek/3 Strive /3 Soar/3 Innovate Comp 1							4U11 4 Seek/4 Strive/4 Soar 4 Innovate Comp 1						
	Day 2	FRC 1 Resilience	4U16 4 Respect/4 Integrity/4 Resilience/4 Care Comp 1				3U16 3 Respect/3 Integrity 3 Resilience/3 Care Comp 1					1M16 1 Respect/1 Integrity 1 Resilience/1 Care					3U11 3 Seek/3 Strive /3 Soar/3 Innovate Comp 1						4U11 4 Seek/4 Strive/4 Soar 4 Innovate Comp 1								
	Day 3	FRC 1 Resilience				4U16 4 Respect/4 Integrity/4 Resilience/4 Care Comp 1					3U16 3 Respect/3 Integrity / 3 Resilience/3 Care Comp 1				4U11 4 Seek/4 Strive/4 Soar 4 Innovate Comp 1				1M16 1 Respect/1 Integrity 1 Resilience/1 Care Comp 1												
	Day 4	FRC 1 Resilience	CCE 1 Resilience				3U11 3 Seek/3 Strive /3 Soar/3 Innovate Comp 1					4U16 4 Respect/4 Integrity/4 Resilience/4 Care Comp 1				1M16 1 Respect/1 Integrity 1 Resilience/1 Care Comp 1															
	Day 5	FRC 1 Resilience	4U11 4 Seek/4 Strive/4 Soar/4 Innovate Comp 1				3U16 3 Respect/3 Integrity 3 Resilience/3 Care Comp 1					4U16 4 Respect/4 Integrity/4 Resilience/4 Care Comp 1				FTGP 1 Resilience															
Even Week	Day 1	FRC 1 Resilience				3U11 3 Seek/3 Strive /3 Soar/3 Innovate Comp 1					4U16 4 Respect/4 Integrity/ 4 Resilience/4 Care Comp 1				4U11 4 Seek/4 Strive/4 Soar/4 Innovate Comp 1				1M16 1 Respect/1 Integrity/ 1 Resilience/1 Care Comp 1												
	Day 2	FRC 1 Resilience				4U11 4 Seek/4 Strive/4 Soar/4 Innovate Comp 1									3U11 3 Seek/3 Strive /3 Soar/3 Innovate Comp 1				1M16 1 Respect/1 Integrity 1 Resilience/1 Care Comp 1												
	Day 3	FRC 1 Resilience	4U16 4 Respect/4 Integrity 4 Resilience/4 Care Comp 1				3U16 3 Respect/3 Integrity 3 Resilience/3 Care Comp 1					4U11 4 Seek/4 Strive/4 Soar/4 Innovate Comp 1																			
	Day 4	FRC 1 Resilience	CCE 1 Resilience				3U11 3 Seek/3 Strive /3 Soar/3 Innovate Comp 1					1M16 1 Respect/1 Integrity/ 1 Resilience/1 Care Comp 1				4U16 4 Respect/4 Integrity/4 Resilience/4 Care Comp 1				3U16 3 Respect/3 Integrity 3 Resilience/3 Care Comp 1							Ai Ti / Daniel / Boon Kit / Hai Ling / Jacqueline / Jannah / Joan / Joshua Yeung / Kang Wei / Kok Young / Lee Yan / Mrs Wong (PL1) Board Rm				
	Day 5	FRC 1 Resilience	3U16 3 Respect/3 Integrity / 3 Resilience/3 Care Comp 1						1M16 1 Respect/1 Integrity/ 1 Resilience/1 Care Comp 1					FTGP 1 Resilience																	

Teacher Juanita

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 3 Respect						2L26 2 Respect/2 Integrity/2 Resilience/2 Care									1G21 1 Seek/1 Strive/1 Soar/1 Innovate															
	Day 2	FRC 3 Respect				3G26 3 Respect /3 Integrity /3 Resilience/3 Care								2L26 2 Respect/2 Integrity/2 Resilience/2 Care				3G21 3 Seek/3 Strive /3 Soar/3 Innovate														
	Day 3	FRC 3 Respect	1L26 1 Respect/1 Integrity/1 Resilience/1 Care										1L21 1 Seek/1 Strive/1 Soar/1 Innovate																			
	Day 4	FRC 3 Respect	CCE 3 Respect			3G21 3 Seek/3 Strive /3 Soar/3 Innovate						3G26 3 Respect /3 Integrity /3 Resilience/3 Care						2L21 2 Seek/2 Strive/2 Soar/2 Innovate			1G26 1 Respect/1 Integrity/1 Resilience/1 Care											
	Day 5	FRC 3 Respect						2L21 2 Seek/2 Strive/2 Soar/2 Innovate							FTGP 3 Respect																	
Even Week	Day 1	FRC 3 Respect	2L21 2 Seek/2 Strive/2 Soar/2 Innovate									1L26 1 Respect/1 Integrity/1 Resilience/1 Care										3G21 3 Seek/3 Strive /3 Soar/3 Innovate										
	Day 2	FRC 3 Respect	2L26 2 Respect/2 Integrity/2 Resilience/2 Care			1G26 1 Respect/1 Integrity/1 Resilience/1 Care		1L21 1 Seek/1 Strive/1 Soar/1 Innovate																								
	Day 3	FRC 3 Respect										1L21 1 Seek/1 Strive/1 Soar/1 Innovate			3G26 3 Respect /3 Integrity /3 Resilience/3 Care							1G21 1 Seek/1 Strive/1 Soar/1 Innovate										
	Day 4	FRC 3 Respect	CCE 3 Respect					3G21 3 Seek/3 Strive /3 Soar/3 Innovate							1G26 1 Respect/1 Integrity/1 Resilience/1 Care				3G26 3 Respect /3 Integrity /3 Resilience/3 Care													
	Day 5	FRC 3 Respect	1G21 1 Seek/1 Strive/1 Soar/1 Innovate	1L26 1 Respect/1 Integrity/1 Resilience/1 Care											FTGP 3 Respect																	

Teacher Justin Lee

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 3 Innovate								3E11 3 Seek/3 Strive /3 Soar/3 Innovate		2E11 2 Seek/2 Strive/2 Soar/2 Innovate					4E21 4 Seek/4 Strive/4 Soar/4 Innovate															
	Day 2	FRC 3 Innovate			4E21 4 Seek/4 Strive/4 Soar/4 Innovate						2E11 2 Seek/2 Strive/2 Soar/2 Innovate	2O11 2 Seek/2 Strive/2 Soar/2 Innovate																				
	Day 3	FRC 3 Innovate										EL (Elective)11 2 Seek/2 Strive/2 Soar/2 Innovate			3E11 3 Seek/3 Strive /3 Soar/3 Innovate		2E11 2 Seek/2 Strive/2 Soar/2 Innovate															
	Day 4	FRC 3 Innovate	CCE 3 Innovate								3E11 3 Seek/3 Strive /3 Soar/3 Innovate	4E21 4 Seek/4 Strive/4 Soar/4 Innovate			2O11 2 Seek/2 Strive/2 Soar/2 Innovate	2E11 2 Seek/2 Strive/2 Soar/2 Innovate																
	Day 5	FRC 3 Innovate		4E21 4 Seek/4 Strive/4 Soar/4 Innovate		2O11 2 Seek/2 Strive/2 Soar/2 Innovate				3E11 3 Seek/3 Strive /3 Soar/3 Innovate	FTGP 3 Innovate																					
Even Week	Day 1	FRC 3 Innovate	2O11 2 Seek/2 Strive/2 Soar/2 Innovate			4E21 4 Seek/4 Strive/4 Soar/4 Innovate				2E11 2 Seek/2 Strive/2 Soar/2 Innovate		3E11 3 Seek/3 Strive /3 Soar/3 Innovate																				
	Day 2	FRC 3 Innovate							3E11 3 Seek/3 Strive /3 Soar/3 Innovate		4E21 4 Seek/4 Strive/4 Soar/4 Innovate					2E11 2 Seek/2 Strive/2 Soar/2 Innovate																
	Day 3	FRC 3 Innovate	4E21 4 Seek/4 Strive/4 Soar/4 Innovate			2E11 2 Seek/2 Strive/2 Soar/2 Innovate	2O11 2 Seek/2 Strive/2 Soar/2 Innovate					3E11 3 Seek/3 Strive /3 Soar/3 Innovate																				
	Day 4	FRC 3 Innovate	CCE 3 Innovate								3E11 3 Seek/3 Strive /3 Soar/3 Innovate			4E21 4 Seek/4 Strive/4 Soar/4 Innovate																		
	Day 5	FRC 3 Innovate	3E11 3 Seek/3 Strive /3 Soar/3 Innovate						2E11 2 Seek/2 Strive/2 Soar/2 Innovate			FTGP 3 Innovate																				

Teacher Kalpana

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28					
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Odd Week	Day 1	FRC 2 Resilience	3TL1 3 Strive /3 Soar/3 Respect /3 Care 3TL2 3 Strive /3 Innovate/3 Respect /3 Integrity /3 Care	3 Care								4TL2 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4TL3 4 Seek/4 Strive/4 Soar/4 Integrity/4 Resilience/4 Care		4 Integrity		Bhupathy / Birundha / Chee Jian / ChengSY / Chye Sheng / Herda / Ida / Kalpana / Li Bin / Malaveelo / Sarin / Sathya / Sathya / Zhang Yulin / Yun Chuan / Zairin / Zhi Qin (PLT)				1TL3 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience															
	Day 2	FRC 2 Resilience	2TL9 2 Seek/2 Respect/2 Resilience									4TL2 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4TL3 4 Seek/4 Strive/4 Soar/4 Integrity/4 Resilience/4 Care		4 Integrity		3TL1 3 Strive /3 Soar/3 Respect /3 Care		3 Care		1TL3 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience															
	Day 3	FRC 2 Resilience	2TL9 2 Seek/2 Respect/2 Resilience					3TL1 3 Strive /3 Soar/3 Respect /3 Care 3 Care												1TL3 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience															
	Day 4	FRC 2 Resilience	CCE 2 Resilience											4TL2 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4TL3 4 Seek/4 Strive/4 Soar/4 Integrity/4 Resilience/4 Care		4 Integrity		1TL3 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience																	
	Day 5	FRC 2 Resilience	3TL1 3 Strive /3 Soar/3 Respect /3 Care 3TL2 3 Strive /3 Innovate/3 Respect /3 Integrity /3 Care	3 Care														FTGP 2 Resilience		3TL1 3 Strive /3 Soar/3 Respect /3 Care															
Even Week	Day 1	FRC 2 Resilience											1TL3 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience								4TL2 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4TL3 4 Seek/4 Strive/4 Soar/4 Integrity/4 Resilience/4 Care		4 Integrity												
	Day 2	FRC 2 Resilience	3TL1 3 Strive /3 Soar/3 Respect /3 Care 3TL2 3 Strive /3 Innovate/3 Respect /3 Integrity /3 Care	3 Care								4TL2 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4TL3 4 Seek/4 Strive/4 Soar/4 Integrity/4 Resilience/4 Care		4 Integrity		1TL3 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience																			
	Day 3	FRC 2 Resilience	1TL3 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience											4TL2 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4TL3 4 Seek/4 Strive/4 Soar/4 Integrity/4 Resilience/4 Care		4 Integrity		2TL9 2 Seek/2 Respect/2 Resilience																	
	Day 4	FRC 2 Resilience	CCE 2 Resilience					4TL2 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4TL3 4 Seek/4 Strive/4 Soar/4 Integrity/4 Resilience/4 Care		4 Integrity		3TL1 3 Strive /3 Soar/3 Respect /3 Care		3 Care				2TL9 2 Seek/2 Respect/2 Resilience																	
	Day 5	FRC 2 Resilience											3TL1 3 Strive /3 Soar/3 Respect /3 Care 3TL2 3 Strive /3 Innovate/3 Respect /3 Integrity /3 Care		3 Care		FTGP 2 Resilience																		

Teacher Chew Kang Wei

Yishun Secondary School, Singapore

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Odd Week	Day 1							4A32 4 Seek/4 Strive/4 Soar/4 Innovate					1M32 1 Seek/1 Strive/1 Soar/1 Innovate							4A26 4 Respect/4 Integrity/4 Resilience/4 Care												
	Day 2		1M32 1 Seek/1 Strive/1 Soar/1 Innovate														4A26 4 Respect/4 Integrity/4 Resilience/4 Care				4A32 4 Seek/4 Strive/4 Soar/4 Innovate											
	Day 3						PLT Hai Ling / Daniel / Lee Hoon / Joan / Kang Wei / Wannii						1M32 1 Seek/1 Strive/1 Soar/1 Innovate										4A32 4 Seek/4 Strive/4 Soar/4 Innovate									
	Day 4																				1M32 1 Seek/1 Strive/1 Soar/1 Innovate			4A26 4 Respect/4 Integrity/4 Resilience/4 Care								
	Day 5																															
Even Week	Day 1					1M32 1 Seek/1 Strive/1 Soar/1 Innovate							4A32 4 Seek/4 Strive/4 Soar/4 Innovate								4A26 4 Respect/4 Integrity/4 Resilience/4 Care											
	Day 2		1M32 1 Seek/1 Strive/1 Soar/1 Innovate			4A32 4 Seek/4 Strive/4 Soar/4 Innovate			PLT Ai Ti / Joan Raju / Daniel Jannah / Hai Ling								4A26 4 Respect/4 Integrity/4 Resilience/4 Care															
	Day 3					1M32 1 Seek/1 Strive/1 Soar/1 Innovate															4A26 4 Respect/4 Integrity/4 Resilience/4 Care			4A32 4 Seek/4 Strive/4 Soar/4 Innovate								
	Day 4																	1M32 1 Seek/1 Strive/1 Soar/1 Innovate														Ai Ti / Daniel / Boon Kit / Hai Ling / Jacqueline / Jannah / Joan / Joshua Yeung / Kang Wei / Kok Young / Lee / Yee / Vera Wan / Zamil / Mrs Wong (PLT) Board Rm
	Day 5																															

Teacher Khong You Wei

Yishun Secondary School, Singapore

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Odd Week	Day 1																														
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Even Week	Day 1																														
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	Day 5																														

Teacher Klaudia Ng

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28		
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Odd Week	Day 1	FRC 4 Seek									1S22 1 Seek/1 Strive/1 Soar/1 Innovate RO Room	2S16 2 Respect/2 Integrity/ 2 Resilience/2 Care TS9						4B37 4 Respect/4 Integrity/4 Resilience/4 Care 4 Integrity						4B21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive								
	Day 2	FRC 4 Seek	4B37 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Integrity								1S22 1 Seek/1 Strive/1 Soar/1 Innovate RO Room																					
	Day 3	FRC 4 Seek				4B21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive	4B37 4 Respect/4 Integrity/4 Resilience/4 Care 4 Integrity											2S16 2 Respect/2 Integrity/ 2 Resilience/2 Care TS9														
	Day 4	FRC 4 Seek	CCE 4 Seek			4B21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive					1S22 1 Seek/1 Strive/1 Soar/1 Innovate RO Room	2S16 2 Respect/2 Integrity/2 Resilience/2 Care TS9					3B31 3 Seek/3 Strive /3 Soar/3 Innovate TS8															
	Day 5	FRC 4 Seek	1S22 1 Seek/1 Strive/1 Soar/1 Innovate RO Room			3B31 3 Seek/3 Strive /3 Soar/3 Innovate TS8									FTGP 4 Seek																	
Even Week	Day 1	FRC 4 Seek				4B37 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Integrity				1S22 1 Seek/1 Strive/1 Soar/1 Innovate RO Room	3B31 3 Seek/3 Strive /3 Soar/3 Innovate TS8																					
	Day 2	FRC 4 Seek				3B31 3 Seek/3 Strive /3 Soar/3 Innovate TS8				1S22 1 Seek/1 Strive/1 Soar/1 Innovate RO Room	2S16 2 Respect/2 Integrity/ 2 Resilience/2 Care TS9																					
	Day 3	FRC 4 Seek	2S16 2 Respect/2 Integrity/ 2 Resilience/2 Care TS9							3B31 3 Seek/3 Strive /3 Soar/3 Innovate TS8					1S22 1 Seek/1 Strive/1 Soar/1 Innovate Music Room							Adeline / Alvin / Gary / Hafiz / Josh Joshua Khong / Klaudia / LeongSY Madeline / Puiy Hoon / Raj / Rizal Umme Habiba / Yvonne / Yvonne Yong Cheng / Yi-Hong / Sharon Gaya (PLT) Board Rm										
	Day 4	FRC 4 Seek	CCE 4 Seek							1S22 1 Seek/1 Strive/1 Soar/1 Innovate RO Room					4B37 4 Respect/4 Integrity/4 Resilience/4 Care 4 Integrity					4B21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive												
	Day 5	FRC 4 Seek								4B21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive					FTGP 4 Seek																	

Teacher Tan Kok Young

Yishun Secondary School, Singapore

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Odd Week	Day 1																2M16 2 Respect/2 Integrity 2 Resilience/2 Care 2 Care			3T26 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect			4T26 4 Respect/4 Integrity 4 Resilience/4 Care 4 Respect										
	Day 2							2M16 2 Respect/2 Integrity 2 Resilience/2 Care 2 Care																3T26 3 Respect /3 Integrity 3 Resilience/3 Care 3 Respect									
	Day 3																4T26 4 Respect/4 Integrity 4 Resilience/4 Care 4 Respect							3T26 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect									
	Day 4		Crystal / Alvin / Kok Young CCE					2M16 2 Respect/2 Integrity 2 Resilience/2 Care 2 Care														4T26 4 Respect/4 Integrity/4 Resilience/4 Care 4 Respect											
	Day 5				2M16 2 Respect/2 Integrity/2 Resilience/2 Care 2 Care									4T26 4 Respect/4 Integrity/4 Resilience/4 Care 4 Respect																			
Even Week	Day 1									4T26 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Respect			2M16 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Care				3T26 3 Respect /3 Integrity 3 Resilience/3 Care 3 Respect																
	Day 2					3T26 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect																2M16 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Care											
	Day 3							3T26 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect						4T26 4 Respect/4 Integrity/4 Resilience/4 Care 4 Respect								2M16 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Care											
	Day 4		Crystal / Alvin / Kok Young CCE																			4T26 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Respect				Ai Ti / Daniel / Boon Kit / Hai Ling / Jacqueline / Jannah / Joan / Joshua Yeung / Kang Wei / Kok Young / Lee Yan / Vera Wang / Zamil / Mrs Wong (PL1) Board Rm							
	Day 5				2M16 2 Respect/2 Integrity/2 Resilience/2 Care 2 Care																												

Teacher Lathika

Yishun Secondary School, Singapore

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Odd Week	Day 1																1O11 1 Seek/1 Strive/1 Soar/1 Innovate 1 Innovate		2G26 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Resilience														
	Day 2				3G36 3 Respect /3 Integrity /3 Resilience/3 Care HIVE																												
	Day 3										1O11 1 Seek/1 Strive/1 Soar/1 Innovate 1 Innovate	2G21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar	3O38 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience																				
	Day 4				3O38 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience						3G36 3 Respect /3 Integrity /3 Resilience/3 Care HIVE	4G36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Integrity																					
	Day 5				4G36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Integrity					1O11 1 Seek/1 Strive/1 Soar/1 Innovate 1 Innovate																							
Even Week	Day 1		1O11 1 Seek/1 Strive/1 Soar/1 Innovate 1 Innovate	2G21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar													2G26 2 Respect/2 Integrity/2 Resilience/2 Care 2 Resilience																
	Day 2										3O38 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience														Ajunied / Imran / Jonathan / Juanita / Lathika / Rekha / Rui Jia / Zakir / Charissa / Val Fam / Crystal / Sowen / Raymond Timetabled Time (PLT) Board Rm, TL Rm								
	Day 3				4G36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Integrity						2G21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar	3G36 3 Respect /3 Integrity /3 Resilience/3 Care HIVE							3O38 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience														
	Day 4										4G36 4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4 Integrity							3G36 3 Respect /3 Integrity /3 Resilience/3 Care HIVE															
	Day 5		1O11 1 Seek/1 Strive/1 Soar/1 Innovate 1 Innovate								2G26 2 Respect/2 Integrity/2 Resilience/2 Care 2 Resilience																						

Teacher Phua Lee Hoon

Yishun Secondary School, Singapore

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Odd Week	Day 1	4M38 4 Respect/4 Integrity 4 Resilience/4 Care 5N1 LT@3																		3A32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive			3A37 3 Respect /3 Integrity 3 Resilience/3 Care 3 Resilience									
	Day 2					4M38 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 LT@3				3A37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience												3A32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive										
	Day 3					PLT Hai Ling / Daniel / Lee Hoon / Joan / Kang Wei / Wanni		4M38 4 Respect/4 Integrity 4 Resilience/4 Care 5N1 LT@3												3A32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive			3A37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience									
	Day 4					4M38 4 Respect/4 Integrity 4 Resilience/4 Care 5N1 LT@3																										
	Day 5																															
Even Week	Day 1					PLRajes / Mrs Wong / Jacqueline / Hai Ling / Daniel / Lee Hoon												3A37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience			3A32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive											
	Day 2					3A37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience				4M38 4 Respect/4 Integrity 4 Resilience/4 Care 5N1 LT@3									3A32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive													
	Day 3												3A32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive			3A37 3 Respect /3 Integrity / 3 Resilience/3 Care 3 Resilience																
	Day 4																				3A37 3 Respect /3 Integrity 3 Resilience/3 Care 3 Resilience		4M38 4 Respect/4 Integrity/4 Resilience/4 Care/5N1 LT@3		AI Ti / Daniel / Boon Kiat / Hai Ling Jacqueline / Jannah / Joan / Joshua Yeung / Kang Wei / Kok Young Lee / Timotio / Vera Wang / Zamil / Mrs Wong Timetable Time (PLT) Board Rm							
	Day 5	4M38 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 LT@3																														

Teacher Leong Sin Yee

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 4 Soar				3B36 3 Respect /3 Integrity / 3 Resilience/3 Care 3 Resilience												4B36 4 Respect/4 Integrity/4 Resilience/4 Care 4 Care																
	Day 2	FRC 4 Soar	4B36 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Care															3B36 3 Respect /3 Integrity / 3 Resilience/3 Care 3 Resilience					4PB1 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek											
	Day 3	FRC 4 Soar						4B36 4 Respect/4 Integrity/4 Resilience/4 Care 4 Care								4PB1 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek			3B36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience															
	Day 4	FRC 4 Soar	CCE 4 Soar															3B21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek																
	Day 5	FRC 4 Soar				3B21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek				4PB1 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek				FTGP 4 Soar																				
Even Week	Day 1	FRC 4 Soar				4B36 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Care							3B21 3 Seek/3 Strive /3 Soar/3 Innovate TS9							3B36 3 Respect /3 Integrity / 3 Resilience/3 Care 3 Resilience			4PB1 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek											
	Day 2	FRC 4 Soar				3B21 3 Seek/3 Strive /3 Soar/3 Innovate TS9														3B36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience			4PB1 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek											
	Day 3	FRC 4 Soar								3B21 3 Seek/3 Strive /3 Soar/3 Innovate TS9					4PB1 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek									Adeline / Alvin / Gary / Hafiz / Josh / Joshua Khong / Klaudia / LeongSY / Madeline / Puiy Hoon / Raj / Rizal / Timothy / Ym / Yvonne / Zhenyuan / Yong Cheng / Jun / Meering / Sharon / (PLT) / Gaya Board Rm										
	Day 4	FRC 4 Soar	CCE 4 Soar														4B36 4 Respect/4 Integrity/4 Resilience/4 Care 4 Care																	
	Day 5	FRC 4 Soar													FTGP 4 Soar																			

Teacher Li Bin

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 1 Respect	3CL10 3 Seek/3 Strive /3 Innovate/3 Resilience/3 Care TS2								4CL7 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Soar				Bhupathy / Birundha / Chee Jian / ChengSY / Chye Sheng / Herda / Ida / Kalpana / Li Bin / Malavelee / Sarin / Sathya / Sathya / Yulin / Yun / Zairina / Zhang Hui / Zhi Qin Timetabled Time (PLT)				1CL3 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care 1 Soar																
	Day 2	FRC 1 Respect	2CL5 2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Innovate								4CL7 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Soar							1CL3 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care 1 Soar																	
	Day 3	FRC 1 Respect	2CL5 2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Innovate															1CL3 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care 1 Soar																	
	Day 4	FRC 1 Respect	CCE 1 Respect								4CL7 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Soar			1CL3 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care 1 Soar																					
	Day 5	FRC 1 Respect	3CL10 3 Seek/3 Strive /3 Innovate/3 Resilience/3 Care TS2								2CL5 2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Innovate			FTGP 1 Respect																					
Even Week	Day 1	FRC 1 Respect											1CL3 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care 1 Soar			4CL7 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Soar																			
	Day 2	FRC 1 Respect	3CL10 3 Seek/3 Strive /3 Innovate/3 Resilience/3 Care TS2			2CL5 2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Innovate			4CL7 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Soar			1CL3 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care 1 Soar																							
	Day 3	FRC 1 Respect	1CL3 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Resilience/1 Care 1 Soar									4CL7 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Soar			2CL5 2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Innovate																				
	Day 4	FRC 1 Respect	CCE 1 Respect					4CL7 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Soar			3CL10 3 Seek/3 Strive /3 Innovate/3 Resilience/3 Care TS2					2CL5 2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Innovate																			
	Day 5	FRC 1 Respect	2CL5 2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Innovate												FTGP 1 Respect																				

Teacher Yap Li Ren

Yishun Secondary School, Singapore

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Odd Week	Day 1		Mu 2 Innovate Music Room, Music Lab			Mu 1 Seek Music Room, Music Lab			Mu 2 Seek Music Room, Music Lab		Mu 1 Respect Music Room, Music Lab			Mu 2 Strive Music Room, Music Lab																			
	Day 2									Mu 1 Care Music Room, Music Lab						4K16 4 Respect/4 Integrity/4 Resilience/4 Care Music Lab, Rec																	
	Day 3		Mu 1 Strive Music Room, Music Lab		Mu 1 Integrity Music Room, Music Lab			Mu 2 Integrity Music Room, Music Lab								4K16 4 Respect/4 Integrity/4 Resilience/4 Care Music Lab, Rec		Mu 1 Soar Music Room, Music Lab															
	Day 4						Mu 2 Soar Music Room, Music Lab		Mu 2 Respect Music Room, Music Lab						Mu 2 Care Music Room, Music Lab		4K16 4 Respect/4 Integrity/4 Resilience/4 Care Music Lab, Rec																
	Day 5		Mu 1 Resilience Music Room, Music Lab					Mu 2 Resilience Music Room, Music Lab		Mu 1 Innovate Music Room, Music Lab																							
Even Week	Day 1		Mu 2 Resilience Music Room, Music Lab		4K16 4 Respect/4 Integrity/4 Resilience/4 Care Music Lab, Rec			Mu 2 Strive Music Room, Music Lab							Mu 1 Innovate Music Room, Music Lab		Mu 1 Respect Music Room, Music Lab																
	Day 2		Mu 2 Seek Music Room, Music Lab					Mu 2 Care Music Room, Music Lab		Mu 2 Soar Music Room, Music Lab		Mu 1 Resilience Music Room, Music Lab		Mu 1 Seek Music Room, Music Lab				4K16 4 Respect/4 Integrity/4 Resilience/4 Care Music Lab, Rec															
	Day 3					4K16 4 Respect/4 Integrity/4 Resilience/4 Care Music Lab, Rec			Mu 2 Integrity Music Room, Music Lab		Mu 2 Innovate Music Room, Music Lab																						
	Day 4					Mu 1 Integrity Music Room, Music Lab			Mu 2 Respect Music Room, Music Lab			Mu 1 Soar Music Room, Music Lab		Mu 1 Care Music Room, Music Lab																			
	Day 5										Mu 1 Strive Music Room, Music Lab																						

Teacher Madeline Wong

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28			
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Odd Week	Day 1	FRC 2 Strive	1S26 1 Respect/1 Integrity 1 Resilience/1 Care 1 Resilience									2S38 2 Respect/2 Integrity 2 Resilience/2 Care 2 Care				5P26 5N1 ESS Room		2S21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar															
	Day 2	FRC 2 Strive				2S21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar		2S38 2 Respect/2 Integrity 2 Resilience/2 Care 2 Care										5P26 5N1 TS2															
	Day 3	FRC 2 Strive							2S21 2 Seek/2 Strive/2 Soar 2 Innovate 2 Soar		1S26 1 Respect/1 Integrity 1 Resilience/1 Care 1 Resilience		2S38 2 Respect/2 Integrity/2 Resilience/2 Care 2 Care																				
	Day 4	FRC 2 Strive	CCE 2 Strive				1S26 1 Respect/1 Integrity 1 Resilience/1 Care 1 Resilience					2S38 2 Respect/2 Integrity/2 Resilience/2 Care 2 Care																					
	Day 5	FRC 2 Strive	2S21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar						1S26 1 Respect/1 Integrity/1 Resilience/1 Care 1 Resilience				FTGP 2 Strive																				
Even Week	Day 1	FRC 2 Strive	1S26 1 Respect/1 Integrity 1 Resilience/1 Care 1 Resilience				5P26 5N1 ESS Room		2S38 2 Respect/2 Integrity 2 Resilience/2 Care 2 Care						2S21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar																		
	Day 2	FRC 2 Strive	1S26 1 Respect/1 Integrity 1 Resilience/1 Care 1 Resilience					2S21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar		2S38 2 Respect/2 Integrity 2 Resilience/2 Care 2 Care																							
	Day 3	FRC 2 Strive	2S38 2 Respect/2 Integrity 2 Resilience/2 Care 2 Care									1S26 1 Respect/1 Integrity/1 Resilience/1 Care 1 Resilience		5P26 5N1 ESS Room		Adeline / Alvin / Gary / Hafiz / Josh Joshua Khong / Kiaudis / LeongSY Madeline / Puiy Hoon / Raj / Rizal Ummeed / Yee Hong / Yayah Yong Cheng / Yee Hong / Sharon Gaya Board Rm (PLT)																	
	Day 4	FRC 2 Strive	CCE 2 Strive				2S38 2 Respect/2 Integrity/2 Resilience/2 Care 2 Care		2S21 2 Seek/2 Strive/2 Soar 2 Innovate 2 Soar		5P26 5N1 TS1																						
	Day 5	FRC 2 Strive				1S26 1 Respect/1 Integrity 1 Resilience/1 Care 1 Resilience				2S21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar		FTGP 2 Strive																					

Teacher Malarvelee

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 1 Resilience	3TL9 3 Innovate/3 Respect 3 Resilience/3 Care								4TL1 4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience				Bhupathy / Birundha / Chee Jian ChengSY / Chye Sheng / Herda Ida / Kalpana / Li Bin / Malarvelee Srinetala / Srinidhi / Srinidhi Yulin / Yun Chen / Zairina / Zhang Hui / Zhi Qin (PLT)					1TL7 1 Soar/1 Respect/1 Integrity/1 Resilience				2TL1 2 Seek/2 Soar/2 Integrity							
	Day 2	FRC 1 Resilience	2TL1 2 Seek/2 Soar/2 Integrity TL Rm								4TL1 4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience									1TL7 1 Soar/1 Respect/1 Integrity/1 Resilience											
	Day 3	FRC 1 Resilience	2TL1 2 Seek/2 Soar/2 Integrity TL Rm																		1TL7 1 Soar/1 Respect/1 Integrity/1 Resilience										
	Day 4	FRC 1 Resilience	CCE 1 Resilience								4TL1 4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience			1TL7 1 Soar/1 Respect/1 Integrity/1 Resilience																	
	Day 5	FRC 1 Resilience	3TL9 3 Innovate/3 Respect 3 Resilience/3 Care								2TL1 2 Seek/2 Soar/2 Integrity TL Rm			FTGP 1 Resilience							4TL1 4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience										
Even Week	Day 1	FRC 1 Resilience											1TL7 1 Soar/1 Respect/1 Integrity/1 Resilience							4TL1 4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience				2TL1 2 Seek/2 Soar/2 Integrity							
	Day 2	FRC 1 Resilience	3TL9 3 Innovate/3 Respect 3 Resilience/3 Care					2TL1 2 Seek/2 Soar/2 Integrity TL Rm		4TL1 4 Seek/4 Strive/4 Soar/4 Innovate/4 Resilience			1TL7 1 Soar/1 Respect/1 Integrity/1 Resilience																		
	Day 3	FRC 1 Resilience	1TL7 1 Soar/1 Respect/1 Integrity/1 Resilience										4TL1 4 Seek/4 Strive/4 Soar 4 Innovate/4 Resilience							2TL1 2 Seek/2 Soar/2 Integrity TL Rm				2TL2 2 Seek/2 Strive/2 Soar/2 Innovate/2 Resilience TL Rm							
	Day 4	FRC 1 Resilience	CCE 1 Resilience						4TL1 4 Seek/4 Strive/4 Soar 4 Innovate/4 Resilience		3TL9 3 Innovate/3 Respect 3 Resilience/3 Care										2TL1 2 Seek/2 Soar/2 Integrity TL Rm				2TL2 2 Seek/2 Strive/2 Soar/2 Innovate/2 Resilience TL Rm						
	Day 5	FRC 1 Resilience	2TL1 2 Seek/2 Soar/2 Integrity TL Rm																		FTGP 1 Resilience										

Teacher Murugapa

Yishun Secondary School, Singapore

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		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00
Odd Week	Day 1	FRC 3 Integrity	PE 2 Seek		PE 1 Strive																									
	Day 2	FRC 3 Integrity	PE 3 Integrity		PE 3 Strive																	3X36 3 Respect /3 Integrity 3 Resilience/3 Care								
	Day 3	FRC 3 Integrity				PE 2 Seek			PE 3 Strive		3X36 3 Respect /3 Integrity 3 Resilience/3 Care																			
	Day 4	FRC 3 Integrity	CCE 3 Integrity		PE 2 Strive										PE 1 Strive				3X36 3 Respect /3 Integrity 3 Resilience/3 Care											
	Day 5	FRC 3 Integrity									PE 3 Integrity		FTGP 3 Integrity																	
Even Week	Day 1	FRC 3 Integrity	PE 3 Strive							PE 3 Integrity									PE 1 Strive											
	Day 2	FRC 3 Integrity										PE 3 Strive										3X36 3 Respect /3 Integrity 3 Resilience/3 Care								
	Day 3	FRC 3 Integrity	PE 2 Strive		3X36 3 Respect /3 Integrity 3 Resilience/3 Care						PE 2 Seek																			
	Day 4	FRC 3 Integrity	CCE 3 Integrity		PE 2 Seek								PE 3 Integrity									3X36 3 Respect /3 Integrity 3 Resilience/3 Care								
	Day 5	FRC 3 Integrity			PE 1 Strive						Aidil / Baiqi / Hoon Lay / Muru Suhaini / Wen Yi / Yong Cheng Timetabled Time (PLT)				FTGP 3 Integrity															

Teacher Nor Mohamad

Yishun Secondary School, Singapore

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Odd Week	Day 1	4M26 4 Respect/4 Integrity 4 Resilience/4 Care 4 Resilience								1M26 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Resilience																				
	Day 2					4M26 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Resilience								1M26 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Resilience		2M11 2 Seek/2 Strive/2 Soar/2 Innovate 2 Innovate														
	Day 3									4M26 4 Respect/4 Integrity 4 Resilience/4 Care 4 Resilience								2M11 2 Seek/2 Strive/2 Soar/2 Innovate 2 Innovate		1M26 1 Respect/1 Integrity 1 Resilience/1 Care 1 Resilience										
	Day 4					4M26 4 Respect/4 Integrity 4 Resilience/4 Care 4 Resilience				2M11 2 Seek/2 Strive/2 Soar/2 Innovate 2 Innovate								1M26 1 Respect/1 Integrity 1 Resilience/1 Care 1 Resilience												
	Day 5					2M11 2 Seek/2 Strive/2 Soar 2 Innovate 2 Innovate																								
Even Week	Day 1													4M26 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Resilience		1M26 1 Respect/1 Integrity 1 Resilience/1 Care 1 Resilience		2M11 2 Seek/2 Strive/2 Soar/2 Innovate 2 Innovate												
	Day 2													4M26 4 Respect/4 Integrity 4 Resilience/4 Care 4 Resilience		2M11 2 Seek/2 Strive/2 Soar/2 Innovate 2 Innovate		1M26 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Resilience												
	Day 3																			2M11 2 Seek/2 Strive/2 Soar/2 Innovate 2 Innovate										
	Day 4													1M26 1 Respect/1 Integrity 1 Resilience/1 Care 1 Resilience						4M26 4 Respect/4 Integrity 4 Resilience/4 Care 4 Care				Ai Ti / Daniel / Boon Kiat / Hal Ling Jacqueline / Jannah / Joan / Joshua Yeung / Kang Wei / Kok Young Lee / Hui / Yee / Vera Wang / Zamil / Mrs Wong (PLT) Board Rm						
	Day 5	4M26 4 Respect/4 Integrity 4 Resilience/4 Care 4 Resilience				2M11 2 Seek/2 Strive/2 Soar 2 Innovate 2 Innovate								1M26 1 Respect/1 Integrity 1 Resilience/1 Care 1 Resilience																

Teacher Nurfirdaus

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC4 4 Care 5N1 4 Care	2D12 2 Soar D&T Workshop 2										1D12 1 Integrity D&T Workshop 2			2D12 2 Innovate D&T Workshop 2		3D21 3 Seek/3 Strive /3 Soar/3 Innovate D&T Workshop 3,D&T Workshop 2															
	Day 2	FRC4 4 Care 5N1 4 Care	3D21 3 Seek/3 Strive /3 Soar/3 Innovate D&T Workshop 3,D&T Workshop 1						Athifah / Chee Kiong / Fahmy Jeremy / Joo Shian / Nelly Nurfirdaus / Pai Fang / Hui Qi Selvaraj / Syheja / Tian Wen CTPLT D&T Tech Rm						4D36 4 Respect/4 Integrity 4 Resilience/4 Care 5N1 D&T Workshop 3,D&T Workshop 1																		
	Day 3	FRC4 4 Care 5N1 4 Care							2D12 2 Respect D&T Workshop 2								3D21 3 Seek/3 Strive /3 Soar/3 Innovate D&T Workshop 3,D&T Workshop 2		4D36 4 Respect/4 Integrity/4 Resilience/4 Care/5N1 D&T Workshop 3,D&T Workshop 1														
	Day 4	FRC4 4 Care 5N1 4 Care	CCE4 4 Care/5N1 4 Care						2D12 2 Resilience D&T Workshop 2							1D12 1 Innovate D&T Workshop 2						4D36 4 Respect/4 Integrity 4 Resilience/4 Care 5N1 D&T Workshop 3,D&T Workshop 1											
	Day 5	FRC4 4 Care 5N1 4 Care				1D12 1 Respect D&T Workshop 2		2D12 2 Integrity D&T Workshop 2					FTGP4 4 Care/5N1 4 Care																				
Even Week	Day 1	FRC4 4 Care 5N1 4 Care	2D12 2 Respect D&T Workshop 2						2D12 2 Soar D&T Workshop 2				4D36 4 Respect/4 Integrity 4 Resilience/4 Care 5N1 D&T Workshop 3,D&T Workshop 2								3D21 3 Seek/3 Strive /3 Soar/3 Innovate D&T Workshop 3,D&T Workshop 2												
	Day 2	FRC4 4 Care 5N1 4 Care	2D12 2 Innovate D&T Workshop 2						2D12 2 Resilience D&T Workshop 2								3D21 3 Seek/3 Strive /3 Soar/3 Innovate D&T Workshop 3,D&T Workshop 2																
	Day 3	FRC4 4 Care 5N1 4 Care										2D12 2 Integrity D&T Workshop 2										4D36 4 Respect/4 Integrity/4 Resilience/4 Care/5N1 D&T Workshop 3,D&T Workshop 1											
	Day 4	FRC4 4 Care 5N1 4 Care	CCE4 4 Care/5N1 4 Care		1D12 1 Respect D&T Workshop 2											1D12 1 Integrity D&T Workshop 2		4D36 4 Respect/4 Integrity 4 Resilience/4 Care 5N1 D&T Workshop 3,D&T Workshop 1															
	Day 5	FRC4 4 Care 5N1 4 Care			1D12 1 Innovate D&T Workshop 2			3D21 3 Seek/3 Strive /3 Soar/3 Innovate D&T Workshop 3,D&T Workshop 2					FTGP4 4 Care/5N1 4 Care																				

Teacher Wan Pei Fang

Yishun Secondary School, Singapore

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Odd Week	Day 1												1F11																						
	Day 2							1F11				Athifah / Chee Kiong / Fahmy / Jeremy / Joo Shian / Nelly / Nurhidayah / Pei Fang / Hui Ci / Selvaraj / Sheela / Tian Wen	1F11																						
	Day 3		1F11																		1F11														
	Day 4																																		
	Day 5		1F11			1F11							1F11																						
Even Week	Day 1																1F11			1F11															
	Day 2																				1F11														
	Day 3																				1F11														
	Day 4					1F11												1F11																	
	Day 5				1F11								1F11																						

Teacher Ng Puay Hoon

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	
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Odd Week	Day 1	FRC 3 Innovate						3PC1 3 Seek/3 Strive /3 Soar/3 Innovate										4PC1 4 Seek/4 Strive/4 Soar/4 Innovate													
	Day 2	FRC 3 Innovate											4C21 4 Seek/4 Strive/4 Soar/4 Innovate									4C37 4 Respect/4 Integrity/4 Resilience/4 Care									
	Day 3	FRC 3 Innovate				4PC1 4 Seek/4 Strive/4 Soar/4 Innovate						4C21 4 Seek/4 Strive/4 Soar/4 Innovate					3PC1 3 Seek/3 Strive /3 Soar/3 Innovate			4C37 4 Respect/4 Integrity/4 Resilience/4 Care											
	Day 4	FRC 3 Innovate	CCE 3 Innovate			4PC1 4 Seek/4 Strive/4 Soar/4 Innovate											3PC1 3 Seek/3 Strive /3 Soar/3 Innovate														
	Day 5	FRC 3 Innovate	4PC1 4 Seek/4 Strive/4 Soar/4 Innovate			3PC1 3 Seek/3 Strive /3 Soar/3 Innovate							4C21 4 Seek/4 Strive/4 Soar/4 Innovate		FTGP 3 Innovate																
Even Week	Day 1	FRC 3 Innovate	4PC1 4 Seek/4 Strive/4 Soar/4 Innovate					3PC1 3 Seek/3 Strive /3 Soar/3 Innovate																							
	Day 2	FRC 3 Innovate																				Gaya / Sharon / Widayah / Puay Hoon / Joshua Khong / Rizal									
	Day 3	FRC 3 Innovate						3PC1 3 Seek/3 Strive /3 Soar/3 Innovate											4C37 4 Respect/4 Integrity/4 Resilience/4 Care			4C21 4 Seek/4 Strive/4 Soar/4 Innovate				Adeline / Alvin / Gary / Hafiz / Josh / Joshua Khong / Klaudia / LeongSY / Madeline / Puay Hoon / Raj / Rizal / Timmy / Yvonne / Widayah / Yong Chong / Jun Heong / Sharon / Gaya					
	Day 4	FRC 3 Innovate	CCE 3 Innovate			4C21 4 Seek/4 Strive/4 Soar/4 Innovate									4C37 4 Respect/4 Integrity/4 Resilience/4 Care						3PC1 3 Seek/3 Strive /3 Soar/3 Innovate		4PC1 4 Seek/4 Strive/4 Soar/4 Innovate								
	Day 5	FRC 3 Innovate				4PC1 4 Seek/4 Strive/4 Soar/4 Innovate			4C37 4 Respect/4 Integrity/4 Resilience/4 Care						FTGP 3 Innovate																

Teacher Hui Qi

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28		
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Odd Week	Day 1	FRC4 4 Care/ 5N1 4 Care	2F12 2 Strive Kitchen 2														2F12 2 Soar Kitchen 2		3F36 3 Respect /3 Integrity /3 Resilience/3 Care Kitchen 2,D&T Tech Rm													
	Day 2	FRC4 4 Care/ 5N1 4 Care								Athifah / Chee Kiong / Fahmy / Jeremy / Joo Shian / Nelly / Nurhidayah / Pui Fang / Hui Qi / Selvaraj / Sheela / Tian Wen CIPLT D&T Tech Rm						4F36 4 Respect/4 Integrity/ 4 Resilience/4 Care D&T Tech Rm					3F36 3 Respect /3 Integrity /3 Resilience/3 Care Kitchen 2,D&T Tech Rm											
	Day 3	FRC4 4 Care/ 5N1 4 Care							2F12 2 Care Kitchen 2		3F36 3 Respect /3 Integrity /3 Resilience/3 Care Kitchen 2,D&T Tech Rm								4F36 4 Respect/4 Integrity/4 Resilience/4 Care D&T Tech Rm													
	Day 4	FRC4 4 Care/ 5N1 4 Care	CCE4 4 Care/5N1 4 Care				2F12 2 Seek Kitchen 2										2F11 2 Integrity Kitchen 1		2F11 2 Resilience Kitchen 1		4F36 4 Respect/4 Integrity/ 4 Resilience/4 Care D&T Tech Rm											
	Day 5	FRC4 4 Care/ 5N1 4 Care				1F12 1 Resilience Kitchen 1								FTGP4 4 Care/5N1 4 Care																		
Even Week	Day 1	FRC4 4 Care/ 5N1 4 Care			2F11 2 Integrity Kitchen 1									4F36 4 Respect/4 Integrity/ 4 Resilience/4 Care D&T Tech Rm						1F12 1 Resilience Kitchen 1												
	Day 2	FRC4 4 Care/ 5N1 4 Care	2F12 2 Strive Kitchen 2								2F12 2 Seek Kitchen 2											3F36 3 Respect /3 Integrity /3 Resilience/3 Care Kitchen 2,D&T Tech Rm										
	Day 3	FRC4 4 Care/ 5N1 4 Care	2F12 2 Soar Kitchen 2		3F36 3 Respect /3 Integrity /3 Resilience/3 Care Kitchen 2,D&T Tech Rm				2F12 2 Care Kitchen 2									4F36 4 Respect/4 Integrity/4 Resilience/4 Care D&T Tech Rm														
	Day 4	FRC4 4 Care/ 5N1 4 Care	CCE4 4 Care/5N1 4 Care						2F11 2 Resilience Kitchen 1									4F36 4 Respect/4 Integrity/ 4 Resilience/4 Care D&T Tech Rm		3F36 3 Respect /3 Integrity /3 Resilience/3 Care Kitchen 2,D&T Tech Rm												
	Day 5	FRC4 4 Care/ 5N1 4 Care											FTGP4 4 Care/5N1 4 Care																			

Teacher Jelena Sundraraj

Yishun Secondary School, Singapore

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Odd Week	Day 1	1S26 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Resilience			3S11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate			2S26 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Resilience			2S22 2 Seek/2 Strive/2 Soar/2 Innovate 2 Innovate																						
	Day 2				2S22 2 Seek/2 Strive/2 Soar/2 Innovate 2 Innovate			2S26 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Resilience																									
	Day 3	3S11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate						2S22 2 Seek/2 Strive/2 Soar/2 Innovate 2 Innovate			1S26 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Resilience			2S26 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Resilience																			
	Day 4				1S26 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Resilience						2S26 2 Respect/2 Integrity/2 Resilience/2 Care 2 Resilience			3S11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate																			
	Day 5	2S22 2 Seek/2 Strive/2 Soar/2 Innovate 2 Innovate			3S11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate			1S26 1 Respect/1 Integrity/1 Resilience/1 Care 1 Resilience																									
Even Week	Day 1	1S26 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Resilience						2S26 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Resilience			3S11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate			2S22 2 Seek/2 Strive/2 Soar/2 Innovate 2 Innovate																			
	Day 2	1S26 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Resilience			3S11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate			2S22 2 Seek/2 Strive/2 Soar/2 Innovate 2 Innovate			2S26 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Resilience																						
	Day 3	2S26 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Resilience			3S11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate			3S11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate			1S26 1 Respect/1 Integrity/1 Resilience/1 Care 1 Resilience						Adeline / Alvin / Gary / Hafiz / Josh / Joshua Khong / Klaudia / LeongSY / Madeline / Puiy Hoon / Raj / Rizal / Timothy / Yvonne / Waiyee / Yong Ching / Jun Heong / Sharon / Gaya (PLT) Board Rm																
	Day 4				2S26 2 Respect/2 Integrity/2 Resilience/2 Care 2 Resilience			2S22 2 Seek/2 Strive/2 Soar/2 Innovate 2 Innovate			3S11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate			1S26 1 Respect/1 Integrity/1 Resilience/1 Care 1 Resilience			3S11 3 Seek/3 Strive /3 Soar/3 Innovate 3 Innovate																
	Day 5				1S26 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Resilience						2S22 2 Seek/2 Strive/2 Soar/2 Innovate 2 Innovate																						

Teacher Mrs Kunna

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28			
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Odd Week	Day 1	4M31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek										3M31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek																					
	Day 2	4M31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek																			3M31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek												
	Day 3								4M31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek			3M31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek			4M39 Rajes TS1																		
	Day 4												3M31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek																				
	Day 5																																
Even Week	Day 1						PL Rajes / Mrs Wong / Jacqueline / Hai Ling / Daniel / Lee Hoon				3M31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek																						
	Day 2	4M31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek																	4M39 Rajes TS1														
	Day 3	3M31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek				4M31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek																											
	Day 4								4M31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek			3M31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek														Ai Ti / Daniel / Boon Kit / Hai Ling / Jacqueline / Jannah / Joan / Joshua Yeung / Kang Wei / Kok Young / Lee Wai / Mrs Wong / Vera Wang / Zamil / Mrs Wong (PL) Board Rm							
	Day 5								4M31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek																								

Teacher Siva Raju

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 2 Soar								1M37 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Integrity			1M21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar																				
	Day 2	FRC 2 Soar	1M21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar										1M37 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Integrity			2M21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar																	
	Day 3	FRC 2 Soar										1M21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar			2M21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar			1M37 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Integrity															
	Day 4	FRC 2 Soar	CCE 2 Soar								2M21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar					1M37 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Integrity			1M21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar														
	Day 5	FRC 2 Soar				2M21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar									FTGP 2 Soar																		
Even Week	Day 1	FRC 2 Soar				1M21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar											1M37 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Integrity			2M21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar													
	Day 2	FRC 2 Soar	1M21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar							PLT Ai Ti / Joan / Kang Wei / Raju / Daniel / Jannah / Hai Ling						2M21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar			1M37 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Integrity														
	Day 3	FRC 2 Soar				1M21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar														2M21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar													
	Day 4	FRC 2 Soar	CCE 2 Soar								1M37 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Integrity						1M21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar																
	Day 5	FRC 2 Soar				2M21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar						1M37 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Integrity				FTGP 2 Soar																	

Teacher Rekha

Yishun Secondary School, Singapore

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Odd Week	Day 1																3O32 3 Seek/3 Strive /3 Soar/3 Innovate																	
	Day 2	3PH1 3 Seek/3 Strive /3 Soar									3O32 3 Seek/3 Strive /3 Soar/3 Innovate					4H31 4 Seek/4 Strive/4 Soar/4 Innovate						4PH1 4 Seek/4 Strive/4 Soar/4 Innovate												
	Day 3																4PH1 4 Seek/4 Strive/4 Soar/4 Innovate						3PH1 3 Seek/3 Strive /3 Soar											
	Day 4																	4H31 4 Seek/4 Strive/4 Soar/4 Innovate						3PH1 3 Seek/3 Strive /3 Soar										
	Day 5									4PH1 4 Seek/4 Strive/4 Soar/4 Innovate																								
Even Week	Day 1						3O32 3 Seek/3 Strive /3 Soar/3 Innovate				4H31 4 Seek/4 Strive/4 Soar/4 Innovate											4PH1 4 Seek/4 Strive/4 Soar/4 Innovate												
	Day 2															3PH1 3 Seek/3 Strive /3 Soar						4PH1 4 Seek/4 Strive/4 Soar/4 Innovate				Aljunied / Imran / Jonathan / Juanita / Lathika / Rekha / Rui Jia / Zakir / Chairissa / Val Fam / Crystal / Saven / Romaine Timetabled Time (PLT)								
	Day 3																4PH1 4 Seek/4 Strive/4 Soar/4 Innovate					3PH1 3 Seek/3 Strive /3 Soar												
	Day 4																4H31 4 Seek/4 Strive/4 Soar/4 Innovate																	
	Day 5			3O32 3 Seek/3 Strive /3 Soar/3 Innovate			3PH1 3 Seek/3 Strive /3 Soar																											

Teacher Renuga

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 3 Strive				4E38 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 Comp 4				3E22 3 Seek/3 Strive /3 Soar/3 Innovate				3E26 3 Respect /3 Integrity /3 Resilience/3 Care									Tungley / Azzah / Badi / Crescencia / Darwina / Idham / Richard / Sabrina / Charissa / Lee Mei / Germaine / Renuga								
	Day 2	FRC 3 Strive												4E38 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 Comp 4									3E26 3 Respect /3 Integrity /3 Resilience/3 Care Comp 4								
	Day 3	FRC 3 Strive	4E38 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 Comp 4							3E26 3 Respect /3 Integrity /3 Resilience/3 Care The Place 1								3E22 3 Seek/3 Strive /3 Soar/3 Innovate TS4													
	Day 4	FRC 3 Strive	CCE 3 Strive							3E22 3 Seek/3 Strive /3 Soar/3 Innovate TS4				3E26 3 Respect /3 Integrity / 3 Resilience/3 Care Comp 4																	
	Day 5	FRC 3 Strive	4E38 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 Comp 4							3E26 3 Respect /3 Integrity / 3 Resilience/3 Care The Place 1	3E22 3 Seek/3 Strive /3 Soar/3 Innovate TS4	FTGP 3 Strive																			
Even Week	Day 1	FRC 3 Strive	4E38 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 Comp 4										3E26 3 Respect /3 Integrity /3 Resilience/3 Care Comp 3	3E22 3 Seek/3 Strive /3 Soar/3 Innovate TS4																	
	Day 2	FRC 3 Strive				4E38 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 Comp 4				3E22 3 Seek/3 Strive /3 Soar/3 Innovate TS4				3E26 3 Respect /3 Integrity /3 Resilience/3 Care Comp 4																	
	Day 3	FRC 3 Strive	3E26 3 Respect /3 Integrity /3 Resilience/3 Care Comp 4										4E38 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 Comp 4									3E22 3 Seek/3 Strive /3 Soar/3 Innovate TS4									
	Day 4	FRC 3 Strive	CCE 3 Strive						4E38 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 Comp 4				3E22 3 Seek/3 Strive /3 Soar/3 Innovate TS4																		
	Day 5	FRC 3 Strive	3E22 3 Seek/3 Strive /3 Soar/3 Innovate TS4	3E26 3 Respect /3 Integrity / 3 Resilience/3 Care Comp 4										4E38 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 Comp 4	FTGP 3 Strive																

Teacher Richard Armstrong

Yishun Secondary School, Singapore

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Odd Week	Day 1				4E36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Respect												4E33 4 Seek/4 Strive/4 Soar/4 Innovate				4E33 4 Seek/4 Strive / Back/ Crescencia / Darwina / Idham / Richard / Sabrina / Charissa / Lee Mei / Germaine / Renuga												
	Day 2	3PL1 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek			4E33 4 Seek/4 Strive/4 Soar/4 Innovate TS2								4E36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Respect										4PL1 4 Seek/4 Strive/4 Soar/4 Innovate 4 Innovate										
	Day 3	4E36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Respect															4PL1 4 Seek/4 Strive/4 Soar/4 Innovate 4 Innovate							3PL1 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek									
	Day 4													4E33 4 Seek/4 Strive/4 Soar/4 Innovate TS2										3PL1 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek									
	Day 5	4E36 4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4 Respect		4E33 4 Seek/4 Strive/4 Soar/4 Innovate ESS Room				4PL1 4 Seek/4 Strive/4 Soar/4 Innovate TS3																									
Even Week	Day 1	4E36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Respect				4E33 4 Seek/4 Strive/4 Soar/4 Innovate TS2																		4PL1 4 Seek/4 Strive/4 Soar/4 Innovate 4 Innovate									
	Day 2				4E36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Respect							4E33 4 Seek/4 Strive/4 Soar/4 Innovate TS2		3PL1 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek							4PL1 4 Seek/4 Strive/4 Soar/4 Innovate 4 Innovate												
	Day 3		4E33 4 Seek/4 Strive/4 Soar/4 Innovate TS2					4E36 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Respect								4PL1 4 Seek/4 Strive/4 Soar/4 Innovate 4 Innovate							3PL1 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek										
	Day 4				4E36 4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4 Respect																4E33 4 Seek/4 Strive/4 Soar/4 Innovate TS1												
	Day 5					3PL1 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek							4E36 4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4 Respect																				

Teacher Mohd Rizal

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 2 Care						3C32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive					2S37 2 Respect/2 Integrity/ 2 Resilience/2 Care			3C38 3 Respect /3 Integrity /3 Resilience/3 Care															
	Day 2	FRC 2 Care	5C26 5N1 ESS Room								2S37 2 Respect/2 Integrity/ 2 Resilience/2 Care		4C22 4 Seek/4 Strive/4 Soar/4 Innovate 2 Integrity									4C26 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Resilience									
	Day 3	FRC 2 Care	3C32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive					5C26 5N1 ESS Room				4C22 4 Seek/4 Strive/4 Soar/4 Innovate TS9				2S37 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Integrity						4C26 4 Respect/4 Integrity/4 Resilience/4 Care 4 Resilience									
	Day 4	FRC 2 Care	CCE 2 Care										2S37 2 Respect/2 Integrity/2 Resilience/2 Care 2 Integrity																		
	Day 5	FRC 2 Care				3C38 3 Respect /3 Integrity / 3 Resilience/3 Care Instr Area	3C32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive					4C22 4 Seek/4 Strive/4 Soar/4 Innovate TS9		FTGP 2 Care																	
Even Week	Day 1	FRC 2 Care						3C38 3 Respect /3 Integrity /3 Resilience/3 Care Instr Area			2S37 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Integrity											5C26 5N1 ESS Room									
	Day 2	FRC 2 Care										2S37 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Integrity			3C38 3 Respect /3 Integrity / 3 Resilience/3 Care Instr Area					Gaya / Sharon / Widayah / Puay Hoon / Joshua Khong / Rizal			PLT Board Rm								
	Day 3	FRC 2 Care	2S37 2 Respect/2 Integrity/ 2 Resilience/2 Care 2 Integrity					3C32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive							4C26 4 Respect/4 Integrity/4 Resilience/4 Care 4 Resilience			4C22 4 Seek/4 Strive/4 Soar/4 Innovate TS9							Adeline / Alvin / Gary / Hafiz / Josh / Joshua Khong / Klaudia / LeongSY / Madeline / Puay Hoon / Raj / Rizal / Timothy / Yvonne / Widayah / Yong Chong / Jun Meo / Sharon / Gaya (PLT) Board Rm						
	Day 4	FRC 2 Care	CCE 2 Care			4C22 4 Seek/4 Strive/4 Soar/4 Innovate TS9	2S37 2 Respect/2 Integrity/2 Resilience/2 Care 2 Integrity					4C26 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Resilience				5C26 5N1 ESS Room						3C32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive									
	Day 5	FRC 2 Care	3C38 3 Respect /3 Integrity / 3 Resilience/3 Care TS7					4C26 4 Respect/4 Integrity/4 Resilience/4 Care 4 Resilience	5C26 5N1 ESS Room					FTGP 2 Care																	

Teacher Kong Rui Jia

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 4 Seek	IM Pre-Lesson Charissa / Rui Jia																	2G37 2 Respect/2 Integrity/ 2 Resilience/2 Care												
	Day 2	FRC 4 Seek	3PG1 3 Seek/3 Strive /3 Soar/3 Innovate HIVE Rui Jia / Charissa		3G37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity												IM Post-Lesson Charissa / Rui Jia	3G31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek					4PG1 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar									
	Day 3	FRC 4 Seek								2G32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive						4PG1 4 Seek/4 Strive/4 Soar/4 Innovate HIVE						3PG1 3 Seek/3 Strive /3 Soar/3 Innovate HIVE										
	Day 4	FRC 4 Seek	CCE 4 Seek		3G31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek					3G37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity													3PG1 3 Seek/3 Strive /3 Soar/3 Innovate HIVE									
	Day 5	FRC 4 Seek							4PG1 4 Seek/4 Strive/4 Soar/4 Innovate HIVE				FTGP 4 Seek																			
Even Week	Day 1	FRC 4 Seek			2G32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive												2G37 2 Respect/2 Integrity/2 Resilience/2 Care 2 Integrity			3G31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek		4PG1 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar										
	Day 2	FRC 4 Seek														3PG1 3 Seek/3 Strive /3 Soar/3 Innovate HIVE			4PG1 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar		Aljunied / Imran / Jonathan / Juanita / Lathika / Rekha / Rui Jia / Zakir / Charissa / Val Fam / Crystal / Sowen / Agmaine Timetabled Time (PLT) Board Rm, TL Rm											
	Day 3	FRC 4 Seek							2G32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive			3G37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity		4PG1 4 Seek/4 Strive/4 Soar/4 Innovate 4 Soar			3PG1 3 Seek/3 Strive /3 Soar/3 Innovate HIVE															
	Day 4	FRC 4 Seek	CCE 4 Seek		3G31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek												3G37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity															
	Day 5	FRC 4 Seek				3PG1 3 Seek/3 Strive /3 Soar/3 Innovate HIVE		2G37 2 Respect/2 Integrity/2 Resilience/2 Care 2 Integrity				FTGP 4 Seek																				

Teacher Sabrina

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28				
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Odd Week	Day 1	FRC 2 Seek						2L37 2 Respect/2 Integrity/2 Resilience/2 Care 2 Integrity		2E26 2 Respect/2 Integrity/2 Resilience/2 Care 2 Resilience		2E21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar						4E11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek		Tingyi / Azzah / Sally / Crescencia / Darwina / Idham / Richard / Sabrina / Charissa / Lee Mei / Germaine / Renuga														
	Day 2	FRC 2 Seek				4E11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek				2E21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar		2L37 2 Respect/2 Integrity/2 Resilience/2 Care 2 Integrity				2E26 2 Respect/2 Integrity/2 Resilience/2 Care 2 Resilience																		
	Day 3	FRC 2 Seek											2E26 2 Respect/2 Integrity/2 Resilience/2 Care 2 Resilience							2E21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar														
	Day 4	FRC 2 Seek	CCE 2 Seek										4E11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek				2L32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive			2E21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar														
	Day 5	FRC 2 Seek	2E26 2 Respect/2 Integrity/2 Resilience/2 Care 2 Resilience	4E11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek		2L32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive								FTGP 2 Seek																				
Even Week	Day 1	FRC 2 Seek	2L32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive					4E11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek					2E21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar							2E26 2 Respect/2 Integrity/2 Resilience/2 Care 2 Resilience														
	Day 2	FRC 2 Seek	2L37 2 Respect/2 Integrity/2 Resilience/2 Care 2 Integrity										4E11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek								2E21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar													
	Day 3	FRC 2 Seek	4E11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek		2E26 2 Respect/2 Integrity/2 Resilience/2 Care 2 Resilience		2E21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar																											
	Day 4	FRC 2 Seek	CCE 2 Seek											2E26 2 Respect/2 Integrity/2 Resilience/2 Care 2 Resilience						4E11 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek														
	Day 5	FRC 2 Seek								2E21 2 Seek/2 Strive/2 Soar/2 Innovate 2 Soar		2E26 2 Respect/2 Integrity/2 Resilience/2 Care 2 Resilience		FTGP 2 Seek																				

Teacher Selvam

Yishun Secondary School, Singapore

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Odd Week	Day 1					Art 1 Innovate											Art 2 Seek															
	Day 2						Art 1 Respect				Athifah / Chee Kiong / Fahmy / Jeremy / Joo Shian / Nelly / Nurhidais / Pui Fang / Hui Ci / Selvam / Sheela / Tian Wen CTPL						4R16 4 Respect/4 Integrity/ 4 Resilience/4 Care															
	Day 3								Art 2 Resilience								4R16 4 Respect/4 Integrity/ 4 Resilience/4 Care															
	Day 4													Art 2 Strive		Art 1 Soar		4R16 4 Respect/4 Integrity/ 4 Resilience/4 Care														
	Day 5	Art 1 Integrity							Art 2 Care																							
Even Week	Day 1	Art 2 Care				4R16 4 Respect/4 Integrity/ 4 Resilience/4 Care			Art 2 Seek										Art 1 Integrity													
	Day 2																4R16 4 Respect/4 Integrity/ 4 Resilience/4 Care															
	Day 3					4R16 4 Respect/4 Integrity/ 4 Resilience/4 Care			Art 2 Resilience		Art 2 Strive								Art 1 Respect													
	Day 4												Art 1 Innovate																			
	Day 5											Art 1 Soar																				

Teacher Fong Seng Huat

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	
		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00	
Odd Week	Day 1	3CL3 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>3 Soar</small>									4CL5 4 Soar/4 Respect/4 Integrity/4 Resilience/ 4 Care <small>TS2</small>			Bhupathy / Birundha / Chee Jian / ChengSY / Chye Sheng / Herda / Ida / Kalpana / Li Bin / Malarvelee / Sathya / Sathya / Sathya / Yulin / Yun Chao / Zairina / Zhang Hui / Zhi Qin <small>(PLT)</small>			1CL7 1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care <small>Instr Area</small>			2CL1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Care <small>TS5</small>											
	Day 2	2CL1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Care <small>TS5</small>									4CL5 4 Soar/4 Respect/4 Integrity/4 Resilience/ 4 Care <small>TS2</small>			3CL3 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>3 Soar</small>			1CL7 1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care <small>Instr Area</small>														
	Day 3	2CL1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Care <small>TS5</small>						3CL3 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>3 Soar</small>									1CL7 1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care <small>Instr Area</small>														
	Day 4										4CL5 4 Soar/4 Respect/4 Integrity/4 Resilience/ 4 Care <small>TS2</small>			1CL7 1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care <small>Instr Area</small>																	
	Day 5	3CL3 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>3 Soar</small>												2CL1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Care <small>TS5</small>																	
Even Week	Day 1													1CL7 1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care <small>Instr Area</small>			4CL5 4 Soar/4 Respect/4 Integrity/4 Resilience/ 4 Care <small>TS2</small>						2CL1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Care <small>TS5</small>								
	Day 2	3CL3 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>3 Soar</small>						2CL1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Care <small>TS5</small>			4CL5 4 Soar/4 Respect/4 Integrity/4 Resilience/ 4 Care <small>TS2</small>			1CL7 1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care <small>Instr Area</small>																	
	Day 3	1CL7 1 Seek/1 Soar/1 Respect/1 Integrity/1 Resilience/1 Care <small>Instr Area</small>												4CL5 4 Soar/4 Respect/4 Integrity/4 Resilience/ 4 Care <small>TS2</small>			2CL1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Care <small>TS5</small>														
	Day 4							4CL5 4 Soar/4 Respect/4 Integrity/4 Resilience/ 4 Care <small>TS2</small>			3CL3 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>3 Soar</small>						2CL1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Care <small>TS5</small>														
	Day 5	2CL1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Care <small>TS5</small>												3CL3 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>3 Soar</small>																	

Teacher Shahidah

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28					
		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00					
Odd Week	Day 1	FRC 2 Soar	3ML7 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>ML Rm</small>								4ML1 4 Soar/4 Respect/4 Integrity <small>4 Respect</small>			Bhupathy / Birundha / Chee Jian / ChengSY / Chye Sheng / Herda / Ida / Kalpana / Li Bin / Malavelee / Sathya / Sathya / Sathya / Yulin / Yun / Zaira / Zhi Qin <small>(PLT)</small>					1ML2 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience <small>1 Integrity</small>																
	Day 2	FRC 2 Soar	2ML7 2 Seek/2 Strive/2 Soar/2 Innovate/2 Integrity/2 Resilience/ 2 Care <small>2 Resilience</small>								4ML1 4 Soar/4 Respect/4 Integrity <small>4 Respect</small>			3ML7 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>ML Rm</small>					1ML2 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience <small>1 Integrity</small>																
	Day 3	FRC 2 Soar	2ML7 2 Seek/2 Strive/2 Soar/2 Innovate/2 Integrity/2 Resilience 2 Care <small>2 Resilience</small>				3ML7 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>ML Rm</small>											1ML2 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience <small>1 Integrity</small>																	
	Day 4	FRC 2 Soar	CCE 2 Soar								4ML1 4 Seek/4 Soar/4 Respect/4 Integrity/4 Care <small>4 Respect</small>			1ML2 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience <small>1 Integrity</small>																					
	Day 5	FRC 2 Soar	3ML7 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>ML Rm</small>								2ML7 2 Seek/2 Strive/2 Soar/2 Innovate/2 Integrity/2 Resilience/ 2 Care <small>2 Resilience</small>		FTGP 2 Soar						4ML1 4 Soar/4 Respect/4 Integrity <small>4 Respect</small>																
Even Week	Day 1	FRC 2 Soar											1ML2 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience <small>1 Integrity</small>					4ML1 4 Soar/4 Respect/4 Integrity <small>4 Respect</small>																	
	Day 2	FRC 2 Soar	3ML7 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>ML Rm</small>			2ML7 2 Seek/2 Strive/2 Soar 2 Innovate/2 Integrity/2 Resilience/2 Care <small>2 Resilience</small>			4ML1 4 Soar/4 Respect/4 Integrity <small>4 Respect</small>			1ML2 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience <small>1 Integrity</small>																							
	Day 3	FRC 2 Soar	1ML2 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience <small>1 Integrity</small>									4ML1 4 Seek/4 Soar/4 Respect/4 Integrity/4 Care <small>4 Respect</small>					2ML7 2 Seek/2 Strive/2 Soar/2 Innovate/2 Integrity/2 Resilience 2 Care <small>2 Resilience</small>																		
	Day 4	FRC 2 Soar	CCE 2 Soar				4ML1 4 Seek/4 Soar/4 Respect/4 Integrity/4 Care <small>4 Respect</small>			3ML7 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>ML Rm</small>					2ML7 2 Seek/2 Strive/2 Soar/2 Innovate/2 Integrity/2 Resilience/ 2 Care <small>2 Resilience</small>																				
	Day 5	FRC 2 Soar	2ML7 2 Seek/2 Strive/2 Soar/2 Innovate/2 Integrity/2 Resilience/ 2 Care <small>2 Resilience</small>									3ML7 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>ML Rm</small>			FTGP 2 Soar																				

Teacher Sharidah

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28					
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Odd Week	Day 1														Bhupathy / Birundha / Chee Jian / ChengSY / Chye Sheng / Herda / Ida / Kalpana / Li Bin / Malarvelee / Sarin / Sarin / Sharidah / Yulin / Yun Chao / Zairina / Zhang Hui / Zhi Qin						Sharidah														
	Day 2		2ML3 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Integrity																		Sharidah														
	Day 3		2ML3 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Integrity																		Sharidah														
	Day 4													1ML8 Sharidah																					
	Day 5											2ML3 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Integrity																							
Even Week	Day 1													Sharidah																					
	Day 2						2ML3 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Integrity							Sharidah																					
	Day 3																				Sharidah														
	Day 4																																		
	Day 5		2ML3 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Integrity																																

Teacher Lee Siew Kim

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28			
		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00			
Odd Week	Day 1									3E33 3 Seek/3 Strive /3 Soar/3 Innovate			3E38 3 Respect /3 Integrity /3 Resilience/3 Care																				
	Day 2																				3E38 3 Respect /3 Integrity /3 Resilience/3 Care												
	Day 3									3E38 3 Respect /3 Integrity /3 Resilience/3 Care							3E33 3 Seek/3 Strive /3 Soar/3 Innovate																
	Day 4									3E33 3 Seek/3 Strive /3 Soar/3 Innovate			3E38 3 Respect /3 Integrity /3 Resilience/3 Care																				
	Day 5								3E38 3 Respect /3 Integrity /3 Resilience/3 Care		3E33 3 Seek/3 Strive /3 Soar/3 Innovate																						
Even Week	Day 1												3E38 3 Respect /3 Integrity /3 Resilience/3 Care			3E33 3 Seek/3 Strive /3 Soar/3 Innovate																	
	Day 2									3E33 3 Seek/3 Strive /3 Soar/3 Innovate			3E38 3 Respect /3 Integrity /3 Resilience/3 Care																				
	Day 3		3E38 3 Respect /3 Integrity /3 Resilience/3 Care																3E33 3 Seek/3 Strive /3 Soar/3 Innovate														
	Day 4												3E33 3 Seek/3 Strive /3 Soar/3 Innovate																				
	Day 5		3E33 3 Seek/3 Strive /3 Soar/3 Innovate		3E38 3 Respect /3 Integrity /3 Resilience/3 Care																												

Teacher Simmi

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	
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Odd Week	Day 1																														
	Day 2																														
	Day 3																														
	Day 4																														
	Day 5																														
Even Week	Day 1																														
	Day 2																														
	Day 3																														
	Day 4																														
	Day 5																														

Teacher Suhairi

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	
		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00	
Odd Week	Day 1	FRC 1 Care	PE 2 Care		Hall					PE 2 Strive		Hall																			
	Day 2	FRC 1 Care				PE 1 Care		Parade Square									4X36 4 Respect/4 Integrity/ 4 Resilience/4 Care		Comp 4												
	Day 3	FRC 1 Care	PE 1 Seek		Hall		PE 1 Care		Field 2				PE3 4 Resilience/5N1		Hall						4X36 4 Respect/4 Integrity/ 4 Resilience/4 Care		Comp 4								
	Day 4	FRC 1 Care	CCE 1 Care							PE 2 Care		ISH				PE 1 Seek		ISH	4X36 4 Respect/4 Integrity/ 4 Resilience/4 Care		Comp 4										
	Day 5	FRC 1 Care						PE3 4 Resilience/5N1		Parade Square					FTGP 1 Care																
Even Week	Day 1	FRC 1 Care				PE 2 Care		BBC						4X36 4 Respect/4 Integrity/ 4 Resilience/4 Care		Comp 4															
	Day 2	FRC 1 Care	PE3 4 Resilience/5N1		Field 1											PE 1 Care		BBC													
	Day 3	FRC 1 Care				PE 1 Care		BBC					PE 2 Care		Parade Square						4X36 4 Respect/4 Integrity/ 4 Resilience/4 Care		Comp 4								
	Day 4	FRC 1 Care	CCE 1 Care			PE 2 Strive		ISH						PE 1 Seek		Field 2				4X36 4 Respect/4 Integrity/ 4 Resilience/4 Care		Comp 4									
	Day 5	FRC 1 Care				PE 1 Seek		Hall			Aidil / Baq / Hoon Lay / Muru / Suhaini / Wen Yi / Yong Cheng				FTGP 1 Care																
	Day 5					PE3 4 Resilience/5N1		ISH		Timetabled Time (PLT)																					

Teacher Lim Su Wen

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28				
		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00				
Odd Week	Day 1	FRC 2 Innovate				1H36 1 Respect/1 Integrity/1 Resilience/1 Care 1 Respect		2H31 2 Seek/2 Strive/2 Soar/2 Innovate 2 Seek										3O22 3 Seek/3 Strive /3 Soar/3 Innovate HIVE																
	Day 2	FRC 2 Innovate												3O22 3 Seek/3 Strive /3 Soar/3 Innovate HIVE		2H31 2 Seek/2 Strive/2 Soar/2 Innovate 2 Seek		4H21 4 Seek/4 Strive/4 Soar/4 Innovate TS9							2H36 2 Respect/2 Integrity/2 Resilience/2 Care 2 Respect									
	Day 3	FRC 2 Innovate												1H31 1 Seek/1 Strive/1 Soar/1 Innovate 1 Seek		2H36 2 Respect/2 Integrity/2 Resilience/2 Care 2 Respect		1H36 1 Respect/1 Integrity/1 Resilience/1 Care 1 Respect																
	Day 4	FRC 2 Innovate	CCE 2 Innovate																															
	Day 5	FRC 2 Innovate																																
Even Week	Day 1	FRC 2 Innovate	1H31 1 Seek/1 Strive/1 Soar/1 Innovate 1 Seek																															
	Day 2	FRC 2 Innovate																																
	Day 3	FRC 2 Innovate																																
	Day 4	FRC 2 Innovate	CCE 2 Innovate																															
	Day 5	FRC 2 Innovate																																

Teacher Syhella

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28			
		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00			
Odd Week	Day 1	FRC2 4 Integr ity/5N1 4 Integrity				Art 1 Innovate						Art 1 Resilience																					
	Day 2	FRC2 4 Integr ity/5N1 4 Integrity										Athifah / Chee Kiong / Fahmy / Jeremy / Joo Shian / Nelly / Nurhidais / Pui Fang / Hui Ci / Selvaraj / Syhella / Tian Wen CTPLT D&T Tech Rm			Art 1 Strive			4R16 4 Respect/4 Integrity/ 4 Resilience/4 Care															
	Day 3	FRC2 4 Integr ity/5N1 4 Integrity				Art 2 Soar									4R16 4 Respect/4 Integrity/ 4 Resilience/4 Care			Art 1 Seek															
	Day 4	FRC2 4 Integr ity/5N1 4 Integrity	CCE2 4 Integrity/5N1 4 Integrity									Art 2 Innovate			Art 2 Respect			4R16 4 Respect/4 Integrity/ 4 Resilience/4 Care															
	Day 5	FRC2 4 Integr ity/5N1 4 Integrity				Art 1 Care									FTGP2 4 Integrity/5N1 4 Integrity																		
Even Week	Day 1	FRC2 4 Integr ity/5N1 4 Integrity				4R16 4 Respect/4 Integrity/ 4 Resilience/4 Care									Art 1 Strive			Art 1 Seek															
	Day 2	FRC2 4 Integr ity/5N1 4 Integrity										Art 2 Innovate			4R16 4 Respect/4 Integrity/ 4 Resilience/4 Care																		
	Day 3	FRC2 4 Integr ity/5N1 4 Integrity				4R16 4 Respect/4 Integrity/ 4 Resilience/4 Care						Art 2 Respect			Art 2 Soar			Art 1 Care															
	Day 4	FRC2 4 Integr ity/5N1 4 Integrity	CCE2 4 Integrity/5N1 4 Integrity									Art 1 Innovate			Art 1 Resilience																		
	Day 5	FRC2 4 Integr ity/5N1 4 Integrity										Art 1 Soar			FTGP2 4 Integrity/5N1 4 Integrity																		

Teacher Ng Tian Wen

Yishun Secondary School, Singapore

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		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00			
Odd Week	Day 1	FRC 2 Care	2F11 2 Strive Kitchen 1									1F12 1 Care Kitchen 1				2F11 2 Soar Kitchen 1		3F21 3 Seek/3 Strive /3 Soar/3 Innovate Kitchen 1,D&T Tech Rm															
	Day 2	FRC 2 Care	3F21 3 Seek/3 Strive /3 Soar/3 Innovate Kitchen 1,D&T Tech Rm						Athifah / Chee Kiong / Fahmy / Jeremy / Joo Shian / Nelly / Nurhidais / Pui Fang / Hui Ci / Selvaraj / Sheela / Tian Wen CIPLT D&T Tech Rm						4F36 4 Respect/4 Integrity/ 4 Resilience/4 Care D&T Tech Rm																		
	Day 3	FRC 2 Care				2F11 2 Innovate Kitchen 1			2F11 2 Care Kitchen 1								3F21 3 Seek/3 Strive /3 Soar/3 Innovate Kitchen 1,D&T Tech Rm		4F36 4 Respect/4 Integrity/4 Resilience/4 Care D&T Tech Rm														
	Day 4	FRC 2 Care	CCE 2 Care				2F11 2 Seek Kitchen 1															4F36 4 Respect/4 Integrity/ 4 Resilience/4 Care D&T Tech Rm											
	Day 5	FRC 2 Care						2F11 2 Respect Kitchen 1						FTGP 2 Care																			
Even Week	Day 1	FRC 2 Care							2F11 2 Innovate Kitchen 1				4F36 4 Respect/4 Integrity/ 4 Resilience/4 Care D&T Tech Rm								3F21 3 Seek/3 Strive /3 Soar/3 Innovate Kitchen 1,D&T Tech Rm												
	Day 2	FRC 2 Care	2F11 2 Strive Kitchen 1					2F11 2 Respect Kitchen 1		2F11 2 Seek Kitchen 1				3F21 3 Seek/3 Strive /3 Soar/3 Innovate Kitchen 1,D&T Tech Rm																			
	Day 3	FRC 2 Care	2F11 2 Soar Kitchen 1					2F11 2 Care Kitchen 1									4F36 4 Respect/4 Integrity/4 Resilience/4 Care D&T Tech Rm																
	Day 4	FRC 2 Care	CCE 2 Care		1F12 1 Care Kitchen 1													4F36 4 Respect/4 Integrity/ 4 Resilience/4 Care D&T Tech Rm															
	Day 5	FRC 2 Care						3F21 3 Seek/3 Strive /3 Soar/3 Innovate Kitchen 1,D&T Tech Rm						FTGP 2 Care																			

Teacher Ummu Sumaiyah

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28		
		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00		
Odd Week	Day 1	FRC 3 Resilience	1S37 1 Respect/1 Integrity/ 1 Resilience/1 Care		3P26 3 Respect/3 Integrity/ 3 Resilience/3 Care						1S32 1 Seek/1 Strive/1 Soar/ 1 Innovate								4P26 4 Respect/4 Integrity/4 Resilience/4 Care													
	Day 2	FRC 3 Resilience	4P26 4 Respect/4 Integrity/ 4 Resilience/4 Care								1S32 1 Seek/1 Strive/1 Soar/1 Innovate										3P26 3 Respect/3 Integrity/ 3 Resilience/3 Care											
	Day 3	FRC 3 Resilience					4P26 4 Respect/4 Integrity/4 Resilience/4 Care						1S37 1 Respect/1 Integrity/ 1 Resilience/1 Care								3P26 3 Respect/3 Integrity/3 Resilience/3 Care											
	Day 4	FRC 3 Resilience	CCE 3 Resilience				1S37 1 Respect/1 Integrity/ 1 Resilience/1 Care				1S32 1 Seek/1 Strive/1 Soar/1 Innovate						3P31 3 Seek/3 Strive /3 Soar/3 Innovate															
	Day 5	FRC 3 Resilience	1S32 1 Seek/1 Strive/1 Soar/1 Innovate		3P31 3 Seek/3 Strive /3 Soar/3 Innovate						1S37 1 Respect/1 Integrity/1 Resilience/1 Care				FTGP 3 Resilience																	
Even Week	Day 1	FRC 3 Resilience	1S37 1 Respect/1 Integrity/ 1 Resilience/1 Care		4P26 4 Respect/4 Integrity/ 4 Resilience/4 Care		1S32 1 Seek/1 Strive/1 Soar/ 1 Innovate		3P31 3 Seek/3 Strive /3 Soar/3 Innovate								3P26 3 Respect/3 Integrity / 3 Resilience/3 Care															
	Day 2	FRC 3 Resilience	1S37 1 Respect/1 Integrity/ 1 Resilience/1 Care		3P31 3 Seek/3 Strive /3 Soar/3 Innovate		1S32 1 Seek/1 Strive/1 Soar/1 Innovate										3P26 3 Respect/3 Integrity /3 Resilience/3 Care															
	Day 3	FRC 3 Resilience					3P31 3 Seek/3 Strive /3 Soar/3 Innovate		1S37 1 Respect/1 Integrity/1 Resilience/1 Care		1S32 1 Seek/1 Strive/1 Soar/1 Innovate								Adeline / Alvin / Gary / Hafiz / Josh / Joshua Khong / Klaudia / LeongSY / Madeline / Puiy Hoon / Raj / Rizal / Ummu Sumaiyah / Ummu Sumaiyah / Yong Ching / Yin Heng / Yit Saron / Gaya (PLT) Board Rm													
	Day 4	FRC 3 Resilience	CCE 3 Resilience		1S32 1 Seek/1 Strive/1 Soar/1 Innovate										4P26 4 Respect/4 Integrity/4 Resilience/4 Care																	
	Day 5	FRC 3 Resilience			1S37 1 Respect/1 Integrity/ 1 Resilience/1 Care								FTGP 3 Resilience																			

Teacher Vemala Naguran

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28			
		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00			
Odd Week	Day 1	FRC 3 Care						4RO11 4 Seek/4 Strive/4 Soar/4 Innovate RO Room,Comp 3,B1-03												3T26 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect			4T26 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Respect										
	Day 2	FRC 3 Care														POA S5-26 5N1		4RO11 4 Seek/4 Strive/4 Soar/4 Innovate RO Room,Comp 3,B1-03			3T26 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect												
	Day 3	FRC 3 Care														4T26 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Respect		POA S5-26 5N1			3T26 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect												
	Day 4	FRC 3 Care	CCE 3 Care														4RO11 4 Seek/4 Strive/4 Soar/4 Innovate RO Room,Comp 3,B1-03			POA S5-26 5N1 4T26 4 Respect/4 Integrity/4 Resilience/4 Care 4 Respect													
	Day 5	FRC 3 Care										4T26 4 Respect/4 Integrity/4 Resilience/4 Care 4 Respect		FTGP 3 Care																			
Even Week	Day 1	FRC 3 Care	4RO11 4 Seek/4 Strive/4 Soar/4 Innovate RO Room,Comp 3,B1-03								4T26 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Respect		POA S5-26 5N1			3T26 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect			Bariyah / Boon Kiat / Zainal / Vemala Timetabled Time (PLT)														
	Day 2	FRC 3 Care				3T26 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect												4RO11 4 Seek/4 Strive/4 Soar/4 Innovate RO Room,Comp 3,B1-03															
	Day 3	FRC 3 Care						3T26 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect							4T26 4 Respect/4 Integrity/4 Resilience/4 Care 4 Respect		POA S5-26 5N1																
	Day 4	FRC 3 Care	CCE 3 Care													4RO11 4 Seek/4 Strive/4 Soar/4 Innovate RO Room,Comp 3,B1-03			4T26 4 Respect/4 Integrity/4 Resilience/4 Care POA S5-26 5N1														
	Day 5	FRC 3 Care													FTGP 3 Care																		

Teacher Vera Lee

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28				
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Odd Week	Day 1	FRC 3 Integrity								3M26 3 Respect /3 Integrity /3 Resilience/3 Care			3M21 3 Seek/3 Strive /3 Soar/3 Innovate																					
	Day 2	FRC 3 Integrity						2S11 2 Seek/2 Strive/2 Soar/2 Innovate		3M26 3 Respect /3 Integrity /3 Resilience/3 Care							2M22 2 Seek/2 Strive/2 Soar/2 Innovate		3M21 3 Seek/3 Strive /3 Soar/3 Innovate															
	Day 3	FRC 3 Integrity	3M26 3 Respect /3 Integrity /3 Resilience/3 Care										3M21 3 Seek/3 Strive /3 Soar/3 Innovate					2M22 2 Seek/2 Strive/2 Soar/2 Innovate																
	Day 4	FRC 3 Integrity	CCE 3 Integrity										2M22 2 Seek/2 Strive/2 Soar/2 Innovate		3M21 3 Seek/3 Strive /3 Soar/3 Innovate		3M26 3 Respect /3 Integrity /3 Resilience/3 Care																	
	Day 5	FRC 3 Integrity	2S11 2 Seek/2 Strive/2 Soar/2 Innovate		2M22 2 Seek/2 Strive/2 Soar/2 Innovate											FTGP 3 Integrity																		
Even Week	Day 1	FRC 3 Integrity	3M26 3 Respect /3 Integrity /3 Resilience/3 Care									3M21 3 Seek/3 Strive /3 Soar/3 Innovate							2S11 2 Seek/2 Strive/2 Soar/2 Innovate		2M22 2 Seek/2 Strive/2 Soar/2 Innovate													
	Day 2	FRC 3 Integrity																																
	Day 3	FRC 3 Integrity	3M21 3 Seek/3 Strive /3 Soar/3 Innovate									3M26 3 Respect /3 Integrity /3 Resilience/3 Care			3M21 3 Seek/3 Strive /3 Soar/3 Innovate										2M22 2 Seek/2 Strive/2 Soar/2 Innovate									
	Day 4	FRC 3 Integrity	CCE 3 Integrity			3M26 3 Respect /3 Integrity /3 Resilience/3 Care						2S11 2 Seek/2 Strive/2 Soar/2 Innovate															3M21 3 Seek/3 Strive /3 Soar/3 Innovate							
	Day 5	FRC 3 Integrity				2M22 2 Seek/2 Strive/2 Soar/2 Innovate				3M26 3 Respect /3 Integrity /3 Resilience/3 Care		2S11 2 Seek/2 Strive/2 Soar/2 Innovate		FTGP 3 Integrity																				

Timetable generated:5/1/2025

aSc Timetables

Teacher Pak Wannii

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28			
		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00			
Odd Week	Day 1	FRC 4 Strive	4M21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Innovate																		4A37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Integrity	3A26 3 Respect /3 Integrity / 3 Resilience/3 Care 3 Respect											
	Day 2	FRC 4 Strive	4M21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Innovate																					4A37 4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4 Integrity									
	Day 3	FRC 4 Strive				PLT Hai Ling / Daniel / Lee Hoon / Joan / Kang Wei / Wanni			4M21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Innovate			3A26 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect			4A37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Integrity																		
	Day 4	FRC 4 Strive	CCE 4 Strive																			3A26 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect											
	Day 5	FRC 4 Strive					4M21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Innovate				4A37 4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4 Integrity		FTGP 4 Strive																				
Even Week	Day 1	FRC 4 Strive									4A37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Integrity										4M21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Innovate		3A26 3 Respect /3 Integrity / 3 Resilience/3 Care 3 Respect										
	Day 2	FRC 4 Strive	4M21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Innovate													4A37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1 4 Integrity								3A26 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect									
	Day 3	FRC 4 Strive				4M21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Innovate								4A37 4 Respect/4 Integrity/4 Resilience/4 Care/5N1 4 Integrity		3A26 3 Respect /3 Integrity / 3 Resilience/3 Care 3 Respect																	
	Day 4	FRC 4 Strive	CCE 4 Strive							4M21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Innovate												3A26 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect			Ai Ti / Daniel / Boon Kit / Hai Ling / Jacqueline / Jannah / Joan / Joshua Yeung / Kang Wei / Kok Young / Lee Yan / Vera / Mrs Wong Timetables (PLT)			Board Rm					
	Day 5	FRC 4 Strive								4M21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Innovate			FTGP 4 Strive																				

Teacher Toh Wen Yi

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28											
		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00											
Odd Week	Day 1	FRC 2 Resilience	PE 2 Resilience			PE 1 Soar			PE 2 Innovate																																
	Day 2	FRC 2 Resilience				PE 3 Innovate			PE 1 Respect						4X36 4 Respect/4 Integrity/ 4 Resilience/4 Care																										
	Day 3	FRC 2 Resilience				PE 1 Respect			PE 3 Innovate			PE2 4 Integrity/5N1						4X36 4 Respect/4 Integrity/ 4 Resilience/4 Care																							
	Day 4	FRC 2 Resilience	CCE 2 Resilience			PE 2 Innovate						PE 2 Resilience						4X36 4 Respect/4 Integrity/ 4 Resilience/4 Care																							
	Day 5	FRC 2 Resilience				PE2 4 Integrity/5N1			PE 1 Soar			FTGP 2 Resilience																													
Even Week	Day 1	FRC 2 Resilience	PE 3 Innovate			PE 2 Resilience						4X36 4 Respect/4 Integrity/ 4 Resilience/4 Care						PE 1 Soar																							
	Day 2	FRC 2 Resilience	PE2 4 Integrity/5N1						PE 3 Innovate			PE 1 Respect						PE 1 Soar																							
	Day 3	FRC 2 Resilience	PE 2 Innovate			PE 1 Respect						PE 2 Resilience						4X36 4 Respect/4 Integrity/ 4 Resilience/4 Care																							
	Day 4	FRC 2 Resilience	CCE 2 Resilience			PE 2 Innovate												4X36 4 Respect/4 Integrity/ 4 Resilience/4 Care																							
	Day 5	FRC 2 Resilience				PE2 4 Integrity/5N1			Aisli / Baq / Hoon Lay / Muru / Suhaini / Wen Yi / Yong Cheng			Timetabled Time (PLT)			FTGP 2 Resilience																										

Teacher Widayah Othman

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	
		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00	
Odd Week	Day 1	FRC 3 Soar						3C31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek						4PC6 4 Respect/4 Integrity/4 Resilience/4 Care 4 Innovate		3C36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience															
	Day 2	FRC 3 Soar											4C31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek			4PC6 4 Respect/4 Integrity/4 Resilience/4 Care 4 Innovate					4C36 4 Respect/4 Integrity/4 Resilience/4 Care 4 Respect										
	Day 3	FRC 3 Soar	3C31 3 Seek/3 Strive /3 Soar/3 Innovate TS4					4PC6 4 Respect/4 Integrity/4 Resilience/4 Care LT@3					4C31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek								4C36 4 Respect/4 Integrity/4 Resilience/4 Care 4 Respect										
	Day 4	FRC 3 Soar	CCE 3 Soar															4PC6 4 Respect/4 Integrity/4 Resilience/4 Care LT@3													
	Day 5	FRC 3 Soar				3C36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience		3C31 3 Seek/3 Strive /3 Soar/3 Innovate TS4					4C31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek		FTGP 3 Soar																
Even Week	Day 1	FRC 3 Soar						3C36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience						4PC6 4 Respect/4 Integrity/4 Resilience/4 Care 4 Innovate																	
	Day 2	FRC 3 Soar															3C36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience				Gaya / Sharon / Widayah / Puay Hoon / Joshua Khong / Rizal PLT Board Rm										
	Day 3	FRC 3 Soar	4PC6 4 Respect/4 Integrity/4 Resilience/4 Care 4 Innovate					3C31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek									4C36 4 Respect/4 Integrity/4 Resilience/4 Care 4 Respect				4C31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek				Adeline / Alvin / Gary / Hafiz / Josh / Joshua Khong / Klaudia / LeongSY / Madeline / Puay Hoon / Raj / Rizal / Sharon / Sharon / Widayah / Yong Chong / Yim Heong / Yim Hui / Yim Jie (PLT) Board Rm						
	Day 4	FRC 3 Soar	CCE 3 Soar			4C31 4 Seek/4 Strive/4 Soar/4 Innovate 4 Seek								4C36 4 Respect/4 Integrity/4 Resilience/4 Care 4 Respect			4PC6 4 Respect/4 Integrity/4 Resilience/4 Care LT@3				3C31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek										
	Day 5	FRC 3 Soar	3C36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Resilience					4C36 4 Respect/4 Integrity/4 Resilience/4 Care 4 Care							FTGP 3 Soar																

Teacher Ng Yulin

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28				
		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00				
Odd Week	Day 1	FRC 2 Seek	3CL5 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TS3								4CL10 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care TS3			Bhupathy / Birundha / Chee Jian / ChengSY / Chye Sheng / Herda / Ida / Kalpana / Li Bin / Malavelee / Sathya / Sathya / Sathya / Yulin / Yun / Zairina / Zhang (PLT) Hui / Zhi Qin			1CL6 1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience TS6																	
	Day 2	FRC 2 Seek	2CL8 2 Seek/2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/ 2 Care TS2								4CL10 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care TS3			3CL5 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TS3			1CL6 1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience TS6																	
	Day 3	FRC 2 Seek	2CL8 2 Seek/2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/ 2 Care TS2			3CL5 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TS3									1CL6 1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience TS6																			
	Day 4	FRC 2 Seek	CCE 2 Seek											1CL6 1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience TS6																				
	Day 5	FRC 2 Seek	3CL5 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TS3									2CL8 2 Seek/2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/ 2 Care TS6			FTGP 2 Seek																			
Even Week	Day 1	FRC 2 Seek											1CL6 1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience TS6			4CL10 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care TS3																		
	Day 2	FRC 2 Seek	3CL5 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TS3			2CL8 2 Seek/2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care TS9			4CL10 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care TS3			1CL6 1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience TS6																						
	Day 3	FRC 2 Seek	1CL6 1 Seek/1 Strive/1 Soar/1 Respect/1 Integrity/1 Resilience TS6															2CL8 2 Seek/2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/ 2 Care TS2																
	Day 4	FRC 2 Seek	CCE 2 Seek									3CL5 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TS3					2CL8 2 Seek/2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/ 2 Care TS2																	
	Day 5	FRC 2 Seek	2CL8 2 Seek/2 Strive/2 Innovate/2 Respect/2 Integrity/2 Resilience/ 2 Care TS9									3CL5 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TS3			FTGP 2 Seek																			

Teacher Shu Yun Chao

Yishun Secondary School, Singapore

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		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00					
Odd Week	Day 1	FRC 2 Integrity	3CL6 3 Seek/3 Innovate/3 Respect/3 Integrity/3 Resilience/3 Care TS6								4CL9 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care TS1			Bhupathy / Birundha / Chee Jian / ChengSY / Chye Sheng / Herda / Ida / Kalpana / Li Bin / Malavelee / Sarin / Sridhar / Sridhar / Zhang Yulin / Yun Chao / Zairis / Zhai Hui / Zhi Qin Timetabled Teacher (PLT)					1CL1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Seek			1CL1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Seek													
	Day 2	FRC 2 Integrity	2CL4 2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2 Soar								4CL9 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care TS1			3CL6 3 Seek/3 Innovate/3 Respect/3 Integrity/3 Resilience/3 Care TS6					1CL1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Seek																
	Day 3	FRC 2 Integrity	2CL4 2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2 Soar					3CL6 3 Seek/3 Innovate/3 Respect/3 Integrity/3 Resilience/3 Care TS6											1CL1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Seek																
	Day 4	FRC 2 Integrity	CCE 2 Integrity												1CL1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Seek																				
	Day 5	FRC 2 Integrity	3CL6 3 Seek/3 Innovate/3 Respect/3 Integrity/3 Resilience/3 Care TS6									2CL4 2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2 Soar		FTGP 2 Integrity																					
Even Week	Day 1	FRC 2 Integrity											1CL1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Seek				4CL9 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care TS1					1CL1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Seek													
	Day 2	FRC 2 Integrity	3CL6 3 Seek/3 Innovate/3 Respect/3 Integrity/3 Resilience/3 Care TS6				2CL4 2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2 Soar				4CL9 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care TS1		1CL1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Seek																						
	Day 3	FRC 2 Integrity	1CL1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care 1 Seek															2CL4 2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2 Soar																	
	Day 4	FRC 2 Integrity	CCE 2 Integrity								3CL6 3 Seek/3 Innovate/3 Respect/3 Integrity/3 Resilience/3 Care TS6						2CL4 2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2 Soar																		
	Day 5	FRC 2 Integrity	2CL4 2 Seek/2 Strive/2 Soar/2 Respect/2 Integrity/2 Resilience/2 Care 2 Soar									3CL6 3 Seek/3 Innovate/3 Respect/3 Integrity/3 Resilience/3 Care TS6		FTGP 2 Integrity																					

Teacher Zainal

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC1 4 Respect/5N1 4 Respect	4M16 4 Respect/4 Integrity/ 4 Resilience/4 Care							3M16 3 Respect /3 Integrity /3 Resilience/3 Care			1M11 1 Seek/1 Strive/1 Soar/1 Innovate		4M16 4 Respect/4 Integrity/4 Resilience/4 Care																			
	Day 2	FRC1 4 Respect/5N1 4 Respect	1M11 1 Seek/1 Strive/1 Soar/1 Innovate		4M16 4 Respect/4 Integrity/ 4 Resilience/4 Care					3M16 3 Respect /3 Integrity /3 Resilience/3 Care					3M16 3 Respect /3 Integrity / 3 Resilience/3 Care																			
	Day 3	FRC1 4 Respect/5N1 4 Respect	3M16 3 Respect /3 Integrity /3 Resilience/3 Care							4M16 4 Respect/4 Integrity/ 4 Resilience/4 Care			1M11 1 Seek/1 Strive/1 Soar/1 Innovate																					
	Day 4	FRC1 4 Respect/5N1 4 Respect	CCE1 4 Respect/5N1					4M16 4 Respect/4 Integrity/ 4 Resilience/4 Care			3M16 3 Respect /3 Integrity / 3 Resilience/3 Care				3M16 3 Respect /3 Integrity /3 Resilience/3 Care			1M11 1 Seek/1 Strive/1 Soar/1 Innovate																
	Day 5	FRC1 4 Respect/5N1 4 Respect		4M16 4 Respect/4 Integrity/4 Resilience/4 Care											FTGP1 4 Respect/5N1																			
Even Week	Day 1	FRC1 4 Respect/5N1 4 Respect	3M16 3 Respect /3 Integrity /3 Resilience/3 Care			1M11 1 Seek/1 Strive/1 Soar/1 Innovate								4M16 4 Respect/4 Integrity/ 4 Resilience/4 Care							Bariyah / Boon Kiat / Zainal / Vemala Timetabled Time (PLT)													
	Day 2	FRC1 4 Respect/5N1 4 Respect	1M11 1 Seek/1 Strive/1 Soar/1 Innovate							3M16 3 Respect /3 Integrity / 3 Resilience/3 Care		4M16 4 Respect/4 Integrity/ 4 Resilience/4 Care																						
	Day 3	FRC1 4 Respect/5N1 4 Respect			1M11 1 Seek/1 Strive/1 Soar/1 Innovate						3M16 3 Respect /3 Integrity /3 Resilience/3 Care					4M16 4 Respect/4 Integrity/4 Resilience/4 Care																		
	Day 4	FRC1 4 Respect/5N1 4 Respect	CCE1 4 Respect/5N1			3M16 3 Respect /3 Integrity /3 Resilience/3 Care					4M16 4 Respect/4 Integrity/ 4 Resilience/4 Care					1M11 1 Seek/1 Strive/1 Soar/1 Innovate					Ai Ti / Daniel / Boon Kiat / Hai Ling / Jacqueline / Jannah / Joan / Joshua Yeung / Kang Wei / Kok Young / Lee Wan / Zainal / Mrs Wong Timetabled Time (PLT)													
	Day 5	FRC1 4 Respect/5N1 4 Respect	4M16 4 Respect/4 Integrity/ 4 Resilience/4 Care						3M16 3 Respect /3 Integrity /3 Resilience/3 Care						FTGP1 4 Respect/5N1																			

Teacher Zakir

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Odd Week	Day 1	FRC 3 Seek												4O26 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Integrity			3O21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar					4O21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive			3O31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek							
	Day 2	FRC 3 Seek										3O21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar		4O31 4 Seek/4 Strive/4 Soar/4 Innovate LT@3																		
	Day 3	FRC 3 Seek											4O31 4 Seek/4 Strive/4 Soar/4 Innovate LT@3			3O37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect					4O21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive											
	Day 4	FRC 3 Seek	CCE 3 Seek			3O37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect							3O31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek						4O26 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Integrity													
	Day 5	FRC 3 Seek	4O21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive												FTGP 3 Seek																	
Even Week	Day 1	FRC 3 Seek	4O21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive					3O21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar																								
	Day 2	FRC 3 Seek											3O37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect									4O26 4 Respect/4 Integrity/ 4 Resilience/4 Care 4 Integrity			Ajunied / Imran / Jonathan / Juanita / Lathika / Rekha / Rui Jia / Zakir / Charissa / Val Fam / Crystal / Saven / Romaine Timetabled Time (PLT) Board Rm, TL Rm							
	Day 3	FRC 3 Seek	4O26 4 Respect/4 Integrity/4 Resilience/4 Care 4 Integrity																			3O37 3 Respect /3 Integrity / 3 Resilience/3 Care 3 Respect										
	Day 4	FRC 3 Seek	CCE 3 Seek			4O31 4 Seek/4 Strive/4 Soar/4 Innovate LT@3								3O31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek																		
	Day 5	FRC 3 Seek	3O31 3 Seek/3 Strive /3 Soar/3 Innovate 3 Seek	3O21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar			4O21 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive		4O31 4 Seek/4 Strive/4 Soar/4 Innovate LT@3							FTGP 3 Seek																

Teacher Zarina Ismail

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Odd Week	Day 1	FRC 4 Strive	3ML3 3 Seek/3 Strive /3 Soar/3 Innovate/3 Resilience/3 Care 3 Resilience								4ML7 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Resilience			Bhupathy / Birundha / Chee Jian / ChengSY / Chye Sheng / Herda / Ida / Kalpana / Li Bin / Malavelee / Sathya / Saranya / Zarina / Zhang Yulin / Yun Qiao / Zhi Qin (PLT)			1ML9 1 Strive/1 Soar/1 Care TS1			2ML1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Integrity 2 Respect															
	Day 2	FRC 4 Strive	2ML1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Integrity 2 Respect								4ML7 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Resilience			3ML3 3 Seek/3 Strive /3 Soar/3 Innovate/3 Resilience/3 Care 3 Resilience			1ML9 1 Strive/1 Soar/1 Care TS1																		
	Day 3	FRC 4 Strive	2ML1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Integrity 2 Respect				3ML3 3 Seek/3 Strive /3 Soar/3 Innovate/3 Resilience/3 Care 3 Resilience																												
	Day 4	FRC 4 Strive	CCE 4 Strive								4ML7 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience 4 Resilience																								
	Day 5	FRC 4 Strive	3ML3 3 Seek/3 Strive /3 Soar/3 Innovate/3 Resilience/3 Care 3 Resilience								2ML1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Integrity 2 Respect			FTGP 4 Strive																					
Even Week	Day 1	FRC 4 Strive											1ML9 1 Strive/1 Soar/1 Care TS1			4ML7 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Resilience			2ML1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Integrity 2 Respect																
	Day 2	FRC 4 Strive	3ML3 3 Seek/3 Strive /3 Soar/3 Innovate/3 Resilience/3 Care 3 Resilience				2ML1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Integrity 2 Respect			4ML7 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Resilience																									
	Day 3	FRC 4 Strive	1ML9 1 Strive/1 Soar/1 Care TS1								4ML7 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience 4 Resilience			2ML1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Integrity 2 Respect																					
	Day 4	FRC 4 Strive	CCE 4 Strive				4ML7 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience 4 Resilience			3ML3 3 Seek/3 Strive /3 Soar/3 Innovate/3 Resilience/3 Care 3 Resilience					2ML1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Integrity 2 Respect																				
	Day 5	FRC 4 Strive	2ML1 2 Seek/2 Strive/2 Soar/2 Innovate/2 Integrity 2 Respect								3ML3 3 Seek/3 Strive /3 Soar/3 Innovate/3 Resilience/3 Care 3 Resilience			FTGP 4 Strive																					

Teacher Zhang Hui

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Odd Week	Day 1	FRC 1 Care	3CL9 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>Instr Area</small>								4CL6 5N1 <small>TS6</small>				Bhupathy / Birundha / Chee Jian / ChengSY / Chye Sheng / Herda / Ida / Kalpana / Li Bin / Malarvelee / Sathya / Sridhar / Zairina / Zhang Yulin / Yun Qiao / Zhi Qiu <small>(PLT)</small>					1CL5 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <small>TS5</small>																
	Day 2	FRC 1 Care	2CL3 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <small>2 Strive</small>								4CL6 5N1 <small>TS6</small>							1CL5 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <small>TS5</small>																		
	Day 3	FRC 1 Care	2CL3 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <small>2 Strive</small>															1CL5 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <small>TS5</small>																		
	Day 4	FRC 1 Care	CCE 1 Care									4CL6 5N1 <small>TS6</small>			1CL5 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <small>TS5</small>																					
	Day 5	FRC 1 Care	3CL9 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>Instr Area</small>									2CL3 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <small>2 Strive</small>		FTGP 1 Care																						
Even Week	Day 1	FRC 1 Care										1CL5 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <small>TS5</small>					4CL6 5N1 <small>TS6</small>																			
	Day 2	FRC 1 Care	3CL9 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>Instr Area</small>				2CL3 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <small>2 Strive</small>				4CL6 5N1 <small>TS6</small>			1CL5 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <small>TS5</small>																						
	Day 3	FRC 1 Care	1CL5 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care <small>TS5</small>										4CL6 5N1 <small>TS6</small>					2CL3 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <small>2 Strive</small>																		
	Day 4	FRC 1 Care	CCE 1 Care							4CL6 5N1 <small>TS6</small>			3CL9 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care <small>Instr Area</small>					2CL3 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <small>2 Strive</small>																		
	Day 5	FRC 1 Care	2CL3 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care <small>2 Strive</small>													FTGP 1 Care																				

Teacher Yeo Zhi Qin

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Odd Week	Day 1	FRC 2 Soar	3CL7 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TSS								4CL1 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Seek			Bhupathy / Birundha / Chee Jian / ChengSY / Chye Sheng / Herda / Ida / Kalpana / Li Bin / Malavelee / Sathya / Sathya / Sathya / Sathya / Yulin / Yun Chao / Zairina / Zhang (PLT) Hui / Zhi Qin			1CL9 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care The Place 1																					
	Day 2	FRC 2 Soar	2CL2 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Seek								4CL1 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Seek			3CL7 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TSS			1CL9 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care The Place 1																					
	Day 3	FRC 2 Soar	2CL2 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Seek			3CL7 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TSS																																
	Day 4	FRC 2 Soar	CCE 2 Soar								4CL1 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Seek																											
	Day 5	FRC 2 Soar	3CL7 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TSS								2CL2 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Seek			FTGP 2 Soar			4CL1 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Seek																					
Even Week	Day 1	FRC 2 Soar											1CL9 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care The Place 1			4CL1 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Seek																						
	Day 2	FRC 2 Soar	3CL7 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TSS			2CL2 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Seek			4CL1 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Seek																													
	Day 3	FRC 2 Soar	1CL9 1 Seek/1 Strive/1 Soar/1 Innovate/1 Respect/1 Integrity/1 Resilience/1 Care The Place 1								4CL1 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Seek			2CL2 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Seek																								
	Day 4	FRC 2 Soar	CCE 2 Soar			4CL1 4 Seek/4 Strive/4 Soar/4 Innovate/4 Respect/4 Integrity/4 Resilience/4 Care 4 Seek			3CL7 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TSS			2CL2 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Seek																										
	Day 5	FRC 2 Soar	2CL2 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience/2 Care 2 Seek								3CL7 3 Seek/3 Strive /3 Soar/3 Innovate/3 Respect /3 Integrity /3 Resilience/3 Care TSS			FTGP 2 Soar																								

Teacher Ida

Yishun Secondary School, Singapore

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		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00				
Odd Week	Day 1	3ML1 3 Seek 3 Respect												Bhupathy / Birundha / Chee Jian / ChengSY / Chye Sheng / Herda / Ida / Kalpana / Li Bin / Malarvelee / Sarin / Sridhar / Zhai / Zhang Yulin / Yun Cui / Zairui / Zhi Hui / Zhi Qin						1ML1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Care 1 Respect			1ML1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Care 1 Respect											
	Day 2	2ML2 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience Instr Area									3ML1 3 Seek 3 Respect						1ML1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Care 1 Respect																	
	Day 3	2ML2 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience Instr Area						3ML1 3 Seek 3 Respect									1ML1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Care 1 Respect																	
	Day 4													1ML1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Care 1 Respect																				
	Day 5	3ML1 3 Seek 3 Respect												2ML2 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience Instr Area						3ML1 3 Seek 3 Respect														
Even Week	Day 1													1ML1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Care 1 Respect												1ML1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Care 1 Respect								
	Day 2	3ML1 3 Seek 3 Respect						2ML2 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience Instr Area						1ML1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Care 1 Respect																				
	Day 3	1ML1 1 Seek/1 Strive/1 Soar/1 Innovate/1 Integrity/1 Care 1 Respect															2ML2 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience Instr Area																	
	Day 4										3ML1 3 Seek 3 Respect									2ML2 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience Instr Area														
	Day 5	2ML2 2 Seek/2 Strive/2 Soar/2 Innovate/2 Respect/2 Integrity/2 Resilience Instr Area												3ML1 3 Seek 3 Respect																				

Teacher Lee Mei

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 1 Seek	1E21 1 Seek/1 Strive/1 Soar/1 Innovate		1 Soar		2L36 2 Respect/2 Integrity/2 Resilience/2 Care 2 Respect		2E38 2 Respect/2 Integrity/2 Resilience/2 Care EL Rm			2E32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive																						
	Day 2	FRC 1 Seek					1E21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar		2E32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive			2L36 2 Respect/2 Integrity/2 Resilience/2 Care 2 Respect				2E38 2 Respect/2 Integrity/2 Resilience/2 Care EL Rm																		
	Day 3	FRC 1 Seek											2E38 2 Respect/2 Integrity/2 Resilience/2 Care EL Rm						2E32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive															
	Day 4	FRC 1 Seek	CCE 1 Seek		1E21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar												2L31 2 Seek/2 Strive/2 Soar/2 Innovate 2 Seek		2E32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive															
	Day 5	FRC 1 Seek	2E38 2 Respect/2 Integrity/2 Resilience/2 Care EL Rm		1E21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar		2L31 2 Seek/2 Strive/2 Soar/2 Innovate 2 Seek						FTGP 1 Seek																					
Even Week	Day 1	FRC 1 Seek	2L31 2 Seek/2 Strive/2 Soar/2 Innovate 2 Seek										2E32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive						2E38 2 Respect/2 Integrity/2 Resilience/2 Care EL Rm															
	Day 2	FRC 1 Seek	2L36 2 Respect/2 Integrity/2 Resilience/2 Care 2 Respect												1E21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar		2E32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive																	
	Day 3	FRC 1 Seek			2E38 2 Respect/2 Integrity/2 Resilience/2 Care EL Rm		2E32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive					1E21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar																						
	Day 4	FRC 1 Seek	CCE 1 Seek								1E21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar		2E38 2 Respect/2 Integrity/2 Resilience/2 Care EL Rm																					
	Day 5	FRC 1 Seek					1E21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar		2E32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive		2E38 2 Respect/2 Integrity/2 Resilience/2 Care EL Rm		FTGP 1 Seek																					

Teacher Charissa

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 3 Seek	IM Pre-Lesson Charissa / Rui Jia							3E32 3 Seek/3 Strive /3 Soar/3 Innovate		2E31 2 Seek/2 Strive/2 Soar/2 Innovate								Timetabled Time / Back / Crescencia / Darwina / Idham / Richard / Sabrina / Charissa / Lee Mei / Germaine / Renuga													
	Day 2	FRC 3 Seek	3PG1 3 Seek/3 Strive /3 Soar/3 Innovate HIVE Rui Jia / Charissa							2E31 2 Seek/2 Strive/2 Soar/2 Innovate						IM Post-Lesson Charissa / Rui Jia																	
	Day 3	FRC 3 Seek														3E32 3 Seek/3 Strive /3 Soar/3 Innovate		2E31 2 Seek/2 Strive/2 Soar/2 Innovate		3PG1 3 Seek/3 Strive /3 Soar/3 Innovate													
	Day 4	FRC 3 Seek	CCE 3 Seek								3E32 3 Seek/3 Strive /3 Soar/3 Innovate								2E31 2 Seek/2 Strive/2 Soar/2 Innovate		3PG1 3 Seek/3 Strive /3 Soar/3 Innovate												
	Day 5	FRC 3 Seek									3E32 3 Seek/3 Strive /3 Soar/3 Innovate		FTGP 3 Seek																				
Even Week	Day 1	FRC 3 Seek					IM Pre-Lesson Darwina / Charissa						2E31 2 Seek/2 Strive/2 Soar/2 Innovate		3E32 3 Seek/3 Strive /3 Soar/3 Innovate																		
	Day 2	FRC 3 Seek								3E32 3 Seek/3 Strive /3 Soar/3 Innovate					3PG1 3 Seek/3 Strive /3 Soar/3 Innovate		2E31 2 Seek/2 Strive/2 Soar/2 Innovate		Charissa / Darwina		Ajunied / Imran / Jonathan / Juanita / Lathika / Rekha / Rui Jia / Zakir / Charissa / Val Fam / Crystal / Sween / Germaine		Timetabled Time (PLT)		Board Rm, TL Rm								
	Day 3	FRC 3 Seek						2E31 2 Seek/2 Strive/2 Soar/2 Innovate								3E32 3 Seek/3 Strive /3 Soar/3 Innovate		3PG1 3 Seek/3 Strive /3 Soar/3 Innovate															
	Day 4	FRC 3 Seek	CCE 3 Seek										3E32 3 Seek/3 Strive /3 Soar/3 Innovate		IM Post-Lesson Darwina / Charissa																		
	Day 5	FRC 3 Seek	3E32 3 Seek/3 Strive /3 Soar/3 Innovate				3PG1 3 Seek/3 Strive /3 Soar/3 Innovate		2E31 2 Seek/2 Strive/2 Soar/2 Innovate					FTGP 3 Seek																			

Teacher Jih Heong Chee

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 1 Strive	1S36 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Respect								1S21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar					4PP6 4 Respect/4 Integrity/ 4 Resilience/4 Care TS8																		
	Day 2	FRC 1 Strive	4PP6 4 Respect/4 Integrity/ 4 Resilience/4 Care LT@3								1S21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar																							
	Day 3	FRC 1 Strive										1S36 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Respect																						
	Day 4	FRC 1 Strive	CCE 1 Strive					1S36 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Respect			1S21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar					3P21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar			4PP6 4 Respect/4 Integrity/4 Resilience/4 Care LT@3															
	Day 5	FRC 1 Strive	1S21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar			3P21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar					1S36 1 Respect/1 Integrity/1 Resilience/1 Care 1 Respect			FTGP 1 Strive																				
Even Week	Day 1	FRC 1 Strive	1S36 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Respect			4PP6 4 Respect/4 Integrity/ 4 Resilience/4 Care LT@3					1S21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar			3P21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar																				
	Day 2	FRC 1 Strive	1S36 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Respect			3P21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar					1S21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar										4PP6 4 Respect/4 Integrity/4 Resilience/4 Care LT@3													
	Day 3	FRC 1 Strive								3P21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar			1S36 1 Respect/1 Integrity/1 Resilience/1 Care 1 Respect			1S21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar			4PP6 4 Respect/4 Integrity/ 4 Resilience/4 Care LT@3			Adeline / Alvin / Gary / Hafiz / Josh / Joshua Khong / Klaudia / LeongSY / Madeline / Puiy Hoon / Raj / Rizal / Timothy / Yvonne / Hidayah / Yong Cheong / Jih Heong / Sharon / Gaya (PLT) Board Rm												
	Day 4	FRC 1 Strive	CCE 1 Strive					1S21 1 Seek/1 Strive/1 Soar/1 Innovate 1 Soar			4PP6 4 Respect/4 Integrity/4 Resilience/4 Care LT@3																							
	Day 5	FRC 1 Strive					1S36 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Respect						FTGP 1 Strive																					

Teacher Sharon

Yishun Secondary School, Singapore

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Odd Week	Day 1							3C21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar							3C37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity				2S32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive															
	Day 2							2S32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive					4C32 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive							4C38 4 Respect/4 Integrity/ 4 Resilience/4 Care TS9														
	Day 3	3C21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar									2S32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive		4C32 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive							4C38 4 Respect/4 Integrity/4 Resilience/4 Care TS9														
	Day 4																																	
	Day 5	2S32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive		3C37 3 Respect /3 Integrity / 3 Resilience/3 Care 3 Integrity		3C21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar							4C32 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive																					
Even Week	Day 1							3C37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity								2S32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive																		
	Day 2									2S32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive						3C37 3 Respect /3 Integrity / 3 Resilience/3 Care 3 Integrity		Gaya / Sharon / Widadyah / Puay Hoon / Joshua Khong / Rizal PLT Board Rm																
	Day 3							3C21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar								4C38 4 Respect/4 Integrity/4 Resilience/4 Care TS9		4C32 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive			Adeline / Alvin / Gary / Hafiz / Josh / Joshua Khong / Klaudia / LeongSY / Madeline / Puay Hoon / Raj / Rizal / Timothy / Widadyah / Yong Chong / Jun Heong / Sharon / (PLT) / Gaya Board Rm													
	Day 4				4C32 4 Seek/4 Strive/4 Soar/4 Innovate 4 Strive						2S32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive		4C38 4 Respect/4 Integrity/ 4 Resilience/4 Care TS9								3C21 3 Seek/3 Strive /3 Soar/3 Innovate 3 Soar													
	Day 5	3C37 3 Respect /3 Integrity / 3 Resilience/3 Care 3 Integrity						4C38 4 Respect/4 Integrity/4 Resilience/4 Care TS9				2S32 2 Seek/2 Strive/2 Soar/2 Innovate 2 Strive																						

Teacher Gaya

Yishun Secondary School, Singapore

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Odd Week	Day 1	FRC 1 Innovate	1S16 1 Respect/1 Integrity/ 1 Resilience/1 Care					3C22 3 Seek/3 Strive /3 Soar/3 Innovate			1S31 1 Seek/1 Strive/1 Soar/1 Innovate					3C26 3 Respect /3 Integrity /3 Resilience/3 Care							4S11 4 Seek/4 Strive/4 Soar/4 Innovate												
	Day 2	FRC 1 Innovate									1S31 1 Seek/1 Strive/1 Soar/1 Innovate			4S11 4 Seek/4 Strive/4 Soar/4 Innovate																					
	Day 3	FRC 1 Innovate	3C22 3 Seek/3 Strive /3 Soar/3 Innovate			4S11 4 Seek/4 Strive/4 Soar/4 Innovate							1S16 1 Respect/1 Integrity/ 1 Resilience/1 Care																						
	Day 4	FRC 1 Innovate	CCE 1 Innovate			4S11 4 Seek/4 Strive/4 Soar/4 Innovate					1S31 1 Seek/1 Strive/1 Soar/1 Innovate																								
	Day 5	FRC 1 Innovate	1S31 1 Seek/1 Strive/1 Soar/1 Innovate			3C26 3 Respect /3 Integrity / 3 Resilience/3 Care	3C22 3 Seek/3 Strive /3 Soar/3 Innovate						4S11 4 Seek/4 Strive/4 Soar/4 Innovate	FTGP 1 Innovate																					
Even Week	Day 1	FRC 1 Innovate	1S16 1 Respect/1 Integrity/ 1 Resilience/1 Care					3C26 3 Respect /3 Integrity /3 Resilience/3 Care			1S31 1 Seek/1 Strive/1 Soar/1 Innovate																								
	Day 2	FRC 1 Innovate	1S16 1 Respect/1 Integrity/ 1 Resilience/1 Care							1S31 1 Seek/1 Strive/1 Soar/1 Innovate						3C26 3 Respect /3 Integrity / 3 Resilience/3 Care				Gaya / Sharon / Widadyah / Puay Hoon / Joshua Khong / Rizal															
	Day 3	FRC 1 Innovate					3C22 3 Seek/3 Strive /3 Soar/3 Innovate						1S16 1 Respect/1 Integrity/1 Resilience/1 Care			1S31 1 Seek/1 Strive/1 Soar/1 Innovate	4S11 4 Seek/4 Strive/4 Soar/4 Innovate								Adeline / Alvin / Gary / Hafiz / Josh / Joshua Khong / Klaudia / LeongSY / Madeline / Puay Hoon / Raj / Rizal / Timothy / Widadyah / Yong Chong / Yin Heng / Sharon / Gaya (PLT)										
	Day 4	FRC 1 Innovate	CCE 1 Innovate			4S11 4 Seek/4 Strive/4 Soar/4 Innovate	1S31 1 Seek/1 Strive/1 Soar/1 Innovate																												
	Day 5	FRC 1 Innovate	3C26 3 Respect /3 Integrity / 3 Resilience/3 Care								4S11 4 Seek/4 Strive/4 Soar/4 Innovate					FTGP 1 Innovate																			

Teacher Crystal

Yishun Secondary School, Singapore

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Odd Week	Day 1					1H37 1 Respect/1 Integrity/1 Resilience/1 Care 1 Integrity											1G31 1 Seek/1 Strive/1 Soar/1 Innovate 1 Seek																
	Day 2					3G37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity											3G32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive																
	Day 3					1H32 1 Seek/1 Strive/1 Soar/1 Innovate 1 Strive					1H37 1 Respect/1 Integrity/1 Resilience/1 Care 1 Integrity																						
	Day 4		Crystal / Alvin / Kok Young CCE			3G32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive					3G37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity							1G36 1 Respect/1 Integrity/1 Resilience/1 Care 1 Respect															
	Day 5									1H32 1 Seek/1 Strive/1 Soar/1 Innovate 1 Strive																							
Even Week	Day 1		1H32 1 Seek/1 Strive/1 Soar/1 Innovate 1 Strive																	3G32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive													
	Day 2					1G36 1 Respect/1 Integrity/1 Resilience/1 Care 1 Respect																				Aljunied / Imran / Jonathan / Juanita / Laifika / Rekha / Rui Jia / Zakir / Charissa / Val Fam / Crystal / Saven / Romaine Timetabled Time (PLT) Board Rm, TL Rm							
	Day 3									1H37 1 Respect/1 Integrity/1 Resilience/1 Care 1 Integrity		3G37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity						1G31 1 Seek/1 Strive/1 Soar/1 Innovate 1 Seek															
	Day 4		Crystal / Alvin / Kok Young CCE			3G32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive								1G36 1 Respect/1 Integrity/1 Resilience/1 Care 1 Respect			3G37 3 Respect /3 Integrity /3 Resilience/3 Care 3 Integrity																
	Day 5		1G31 1 Seek/1 Strive/1 Soar/1 Innovate 1 Seek																														

Teacher Valentine Fam

Yishun Secondary School, Singapore

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Odd Week	Day 1													4O37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1							4O32 4 Seek/4 Strive/4 Soar/4 Innovate														
	Day 2																																		
	Day 3																					4O32 4 Seek/4 Strive/4 Soar/4 Innovate													
	Day 4																	4O37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1																	
	Day 5		4O32 4 Seek/4 Strive/4 Soar/4 Innovate																																
Even Week	Day 1		4O32 4 Seek/4 Strive/4 Soar/4 Innovate																																
	Day 2																					4O37 4 Respect/4 Integrity/ 4 Resilience/4 Care/ 5N1				Aljunied / Imran / Jonathan / Juanita / Lathika / Rekha / Rui Jia / Zakir / Charissa / Val Fam / Crystal / Suswen / Romaine Timetabled Time (PLT)									
	Day 3		4O37 4 Respect/4 Integrity/4 Resilience/4 Care/5N1																																
	Day 4																																		
	Day 5							4O32 4 Seek/4 Strive/4 Soar/4 Innovate																											

Teacher Gail

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28				
		7:25 7:50	7:50 8:10	8:10 8:30	8:30 8:50	8:50 9:10	9:10 9:30	9:30 9:50	9:50 10:10	10:10 10:30	10:30 10:50	10:50 11:10	11:10 11:30	11:30 11:50	11:50 12:10	12:10 12:30	12:30 12:50	12:50 13:10	13:10 13:30	13:30 13:50	13:50 14:10	14:10 14:30	14:30 14:50	14:50 15:10	15:10 15:30	15:30 15:50	15:50 16:10	16:10 16:30	16:30 17:10	17:10 18:00				
Odd Week	Day 1												2E22 2 Seek/2 Strive/2 Soar/2 Innovate EL Rm			1E26 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Resilience																		
	Day 2	1E26 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Resilience									2E22 2 Seek/2 Strive/2 Soar/2 Innovate EL Rm																							
	Day 3																			2E22 2 Seek/2 Strive/2 Soar/2 Innovate EL Rm														
	Day 4										1E26 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Resilience								2E22 2 Seek/2 Strive/2 Soar/2 Innovate EL Rm															
	Day 5											1E26 1 Respect/1 Integrity/1 Resilience/1 Care 1 Resilience																						
Even Week	Day 1						1E26 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Resilience					2E22 2 Seek/2 Strive/2 Soar/2 Innovate EL Rm																						
	Day 2								1E26 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Resilience										2E22 2 Seek/2 Strive/2 Soar/2 Innovate EL Rm															
	Day 3						2E22 2 Seek/2 Strive/2 Soar/2 Innovate EL Rm											1E26 1 Respect/1 Integrity/ 1 Resilience/1 Care 1 Resilience																
	Day 4																																	
	Day 5	1E26 1 Respect/1 Integrity/1 Resilience/1 Care 1 Resilience									2E22 2 Seek/2 Strive/2 Soar/2 Innovate EL Rm																							

Teacher Rachel Ong Ying Li

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Odd Week	Day 1		Mu 2 Innovate Music Room,Music Lab			Mu 1 Seek Music Room,Music Lab							Mu 1 Respect Music Room,Music Lab																				
	Day 2										Mu 1 Care Music Room,Music Lab																						
	Day 3		Mu 1 Strive Music Room,Music Lab																	Mu 1 Soar Music Room,Music Lab													
	Day 4															Mu 2 Care Music Room,Music Lab																	
	Day 5		Mu 1 Resilience Music Room,Music Lab																														
Even Week	Day 1																			Mu 1 Respect Music Room,Music Lab													
	Day 2								Mu 2 Care Music Room,Music Lab						Mu 1 Resilience Music Room,Music Lab				Mu 1 Seek Music Room,Music Lab														
	Day 3											Mu 2 Innovate Music Room,Music Lab																					
	Day 4												Mu 1 Soar Music Room,Music Lab			Mu 1 Care Music Room,Music Lab																	
	Day 5											Mu 1 Strive Music Room,Music Lab																					

Teacher Mrs Wong

Yishun Secondary School, Singapore

		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28				
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Odd Week	Day 1									3M36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect			3M32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive																					
	Day 2																				3M32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive													
	Day 3		3M36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect										3M32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive																					
	Day 4												3M32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive			3M36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect																		
	Day 5																																	
Even Week	Day 1		3M36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect					PLRajes / Mrs Wong / Jacqueline / Hai Ling / Daniel / Lee Hoon				3M32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive																						
	Day 2																																	
	Day 3		3M32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive										3M36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect																					
	Day 4				3M36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect											3M32 3 Seek/3 Strive /3 Soar/3 Innovate 3 Strive										Ai Ti / Daniel / Boon Kit / Hai Ling / Jacqueline / Jannah / Joan / Joshua Yeung / Kang Wei / Kok Young / Lee Wai / Vera Wang / Zamil / Mrs Wong (PL1) Board Rm								
	Day 5							3M36 3 Respect /3 Integrity /3 Resilience/3 Care 3 Respect																										